

- B1 - Individual Development
 - Ethics – HA 356, PHIL 200, 201 312, 363
- B2 - The Arts
 - ART 201, 353, 354, ENG 105, 255, 265,
285, 286, 382, 383, 302, 330, MUS 202,
CMST 203, THTR 101
- B3 - Health/Fitness
 - PED 186 or 281, BIOL 176, NUTR 376, OT 310 and
One PED Activity (100 level) or PED 295
- C1 - History
 - HIST 101, 102, 111, 112, 130, 140
- C2 - Individual Development/Social Behavior
 - ANTH 101, 261, ECON 175, 208, 209,
EDUC 302, ENG 330, POLS 101, 102, GNDR 111,
PSY 201, SOC 121, 225, 231, 235, 251, 261
- C3 - Science (at least one lab)
 - ASTR 201, BIOL 105L, 112x(L), 114L,
121 AND 122L, 133L, 141L,
151L, 152L, 208L, 251,176, 282, 285,
CHEM 103 OR 107L, 141L, 175L, 261L, 262L
GEOG 112,215, GEOL 101, 115, 131 132,
151L OR 161L, 162L, MET 321, PHYS 101, 175L,
176L, 205L, 206L, 207, 208
- C4 - Western Culture
 - 1 class from: HUM 211, 221, 231, 241
1 class from: HUM 212, 222, 232, 242
OR German, French or Spanish 203 and 204
- C5 - Global Communities
 - ANTH 251,255, 262, ART 253, BIOL 251,
ECON 241, ENG 231, 386, Foreign Language 102,
GEOG 330, HP 236, 492, INST 213, 389, POLS 271,
SOCW 391
- D - Synthesis
 - BIOL 481, CHEM seminar/research sequence, CS 483,
DTHY 401, EDUC 433, 438, 448, 458, GENS 498, GEOL 481, HP 498,
LIBA 497, MATH 492, MNGT 452, NURS 467, NUTR 498, OT 480,
PED 492, SOCW 402, TECH 471 or ENGR 491