

# Lifelong at Learning

Academic Enrichment

Arts

Fitness

Family

Leisure

Personal Development



**Continuing  
Education**

A Division of Outreach and Engagement  
University of Southern Indiana

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# ARTS & LEISURE, ETC.

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## THINK LIKE A PLANT

**NO. ALP414**

Learn why your neighbor's garden grows wonderfully and yours does not, how plants are constructed, how they grow, and what they need to flourish. Take home a sample of an annual and perennial plant for your own garden.

**Instructor:** Karen O'Nan Martin, Owner, Hillcrest Baskets & Greenhouse

**Date & Time:** Tuesday, April 26, 6:30–8:30 p.m.

**Location:** USI Technology Center, Room 237

**Registration fee:** \$35

## SPRING TOTE

**NO. ALP415**

Create a beginner/intermediate-level basket, woven with pastel colors and two Shaker-type handles. The tote is approximately 6" x 10" and is great for carrying things or to store books or magazines. Student must furnish bucket, pencil, scissors, tape measure, clothespins, and hand towel.

**Instructor:** Karen O'Nan Martin, Owner, Hillcrest Baskets & Greenhouse

**Date & Time:** Tuesday, March 8, 6–10 p.m.

**Location:** USI Technology Center, Room 237

**Registration fee:** \$65

## BASIC JEWELRY DESIGN

**NO. ALP215A**

Using basic tools and techniques, this class will show you how to use beads to create almost any design. Discussion will include current jewelry trends that use leather, cording, and chain to enhance your wardrobe. Students should bring sharp scissors, round-nose pliers, and wire cutters.

**Date & Time:** Saturday, February 5, 10 a.m.–Noon

**Registration fee:** \$40 includes materials

## BRING IN THE BLING! INTERMEDIATE JEWELRY DESIGN

**NO. ALP215B**

Build your jewelry-making skills by going green and up-cycling jewelry you already own! Take necklace findings and make earrings, take earrings and make pendants—each piece will be utilized individually to make an effective new design. We will talk about esthetics and the principles of design and learn a few new techniques along the way. Students should bring jewelry from their personal collection, sharp scissors, round-nose pliers, and wire cutters.

**Date & Time:** Saturday, February 12, 10 a.m.–1 p.m.

**Registration fee:** \$50 includes materials

## FABULOUS FINDINGS! ADVANCED JEWELRY DESIGN

**NO. ALP215C**

Enhance your beading techniques and save money with basic silversmith skills. Learn how to make your own head pins, earring findings, and basic clasps to enhance your jewelry design. We will learn beginning torch techniques and use chemicals to enhance the color of the metal we use. Students should bring sharp scissors, round-nose pliers, and wire cutters.

**Date & Time:** Saturday, February 19, 10 a.m.–1 p.m.

**Registration fee:** \$50 includes materials

**Instructor:** Sara Rhoades

**Location:** New Harmony Gallery of Contemporary Art

**Registration Fee:** All 3 weeks—special fee \$125

[www.usi.edu/outreach](http://www.usi.edu/outreach) 

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## **WALKING WITH THE MASTERS @TP**

**NO. ALP408**

Who knew that art and art history could be so much fun? This is a not-so-serious exploration of artists, styles, and art movements from the 1400s to the present. Each week will feature an artist, his/her history and influences, followed with an activity based on that artist. Draw with daVinci, paint music with Kadinsky, identify shapes with Cezanne. NO skill level required and all supplies are included.

**Instructor Kelly Gilbert, Local Artist**

**Dates & Time: 4 Wednesdays, March 2–March 23, 6–8 p.m.**

**Location: Innovation Point, USI Classroom**

**Registration Fee: \$95**

## **ASTRONOMY 101**

**NO. ALP407**

On a clear night one can see what seems to be millions of stars. But at what are we really looking? Join others as you learn many interesting things about our sun, the planets, stars, and many other things in the Universe. Everyone will have at least two opportunities to look at celestial objects through powerful telescopes during observing nights. You will see the rings of Saturn and five of its moons, star clusters, nebulae, and galaxies millions of light years away. The two observing nights will take place at the Wahnsiedler Observatory, located just 40 minutes away near Lynnville, Indiana. President of the Evansville Astronomical Society, Scott Conner, will answer your questions and guide you through the sky.

**Instructor: Scott Conner, President, Evansville Astronomical Society**

**Dates & Time: 7 Thursdays, February 17–March 31, 6:30–7:45 p.m.**

**Location: USI Rice Library, Room 0034**

**Registration Fee: \$70**

## **GETTING STARTED ON ACOUSTIC GUITAR**

**NO. ALP419**

Meet at The Guitar Lab to learn basic acoustic guitar-playing techniques, including simple strumming and finger-picking, while developing a repertoire of folk, pop, country, and bluegrass songs. The class will discuss everything from how the guitar is constructed to historical changes in style and technique in order to achieve a better understanding of the instrument. Students will develop tuning, chording, and reading skills and learn how to take advantage of Internet resources. Enrollment limited to 10. Bring your guitar to the first class; instructional material is included.

**Instructor: Mike Boren, Owner, The Guitar Lab**

**Dates & Time: 8 Thursdays, February 3–March 24, 7–8 p.m.**

**Location: The Guitar Lab, 1010 S. Weinbach Avenue, Evansville**

**Registration Fee: \$85—includes text**

## **GETTING STARTED ON DRUM SET**

**NO. ALP420**

Professional drummer Gregg Martin will introduce students to all the instruments that make up a modern-day drum set. In his studio at The Guitar Lab, students will view demonstrations of proper technique and how to producing a good tone from drums and cymbals. Students will learn basic rhythms, hand/feet coordination, beats, and fills for the drum set. The class will culminate with students playing along with recorded music which will include rock and popular styles.

**Instructor: Gregg Martin**

**Dates and Time: 8 Thursdays, January 27–March 17, 7–8 p.m.**

**Location: The Guitar Lab, 1010 S. Weinbach Avenue, Evansville**

**Registration Fee: \$95 includes pair of drumsticks and materials**

## **JOURNAL TO THE SELF**

**NO. ALP437**

Did you know that there is more to journaling than just writing a daily log of your life? In this five-session workshop, in addition to covering why and how to keep a journal and the benefits of this practice, you will learn 10 different, fun, five-minute journaling techniques that will help add color, perspective, and dimension to your reflective writing. You also will learn about other types of journals including dream journals, monthly writes, art journals, and more. Bring your favorite notebook and pen. Journal to The Self® workbook \$8 from instructor.

**Instructor: Lynda Heines, Journal To The Self® Certified Instructor**

**Dates & Time: 5 Tuesdays, March 22–April 19, 6:30– 8 p.m.**

**Location: USI, Rice Library, Room 0034**

**Registration Fee: \$60**

## **ROPEWALK READING SERIES**

The spring RopeWalk reading series features fascinating individuals who bring words to life in print—and even more so when they read those words aloud. The readings are free and each is followed by a reception and book signing. Books are available at the reading, and in advance at the USI Bookstore and Barnes and Noble. All readings are on the USI campus. Call 812/464-1916 for more information.

**Todd Boss – poetry – Thursday, February 17, 5 p.m., Liberal Arts Center, Kleymeyer Hall**

**Heather Sellers – fiction/nonfiction – Thursday, March 3, 5 p.m., University Center, Carter Hall**

**Adrian Matejka – poetry – Thursday, April 7, 5 p.m., University Center, Carter Hall**

## **HERITAGE ARTISANS WEEK**

This is a unique and exciting opportunity for students and adults to learn about daily life in New Harmony, circa 1814-1860. Over 20 outstanding craft artisans will demonstrate during the event, including tinsmithing, soap making, hat making, beekeeping, wood carving and more. Groups and individuals interested in attending Heritage Artisans Week April 12-16 should contact Historic New Harmony, at 812/682-4400 or [harmony@usi.edu](mailto:harmony@usi.edu).

## **INTERFAITH RETREAT**

Historic New Harmony's first interfaith retreat will bring together a Christian theologian, a Jewish rabbi, and an Islamic teacher to discuss the topic of Abrahamic traditions. The retreat will be held at the Barn Abbey in New Harmony, Indiana, from March 15-20, 2011. For additional information, contact Historic New Harmony at 812/682-4488 or go to [www.newharmony.org](http://www.newharmony.org).

# PERSONAL FINANCE

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## LIVING DEBT FREE IN THE 21ST CENTURY

NO. ALP404

Learn a three-step system for successfully managing your debts and expenses. The workshop is designed for middle-class Americans who want to build real wealth and become financially independent by eliminating debt. Learn a linear math system that will eliminate all of your consumer debt in one to four years, and then your mortgage in another three to five years. Then you can live 100 percent on cash, never needing credit again. You can do this with your current income! No second job or living like a hermit. Learn specific powerful and proven strategies that work...every single time. Bring a list of your debts with balances and monthly payments (principal and interest only for mortgage) and during class develop your own debt-elimination plan that can be implemented immediately into your lifestyle. We also will look at some simple money management techniques that will help insure that you achieve your personal financial goals. Finally, we will uncover numerous strategies for spending your money more efficiently, thereby putting more money back in your pocket. Note: Bring a pocket calculator to class. Suggested textbook available from the instructor for \$39.

**Instructor:** Forest Wilson, CPCU, AIU, AIS, AIM

**Dates and Time:** Tuesday, April 5, 6:15 p.m.–9:30 p.m.

**Location:** USI, Rice Library, Room 0026

**Registration Fee:** \$42

## PASSPORT TO RETIREMENT®

Preparing for retirement is probably the single-most important concern most people have today. Retirement costs are rising, the future of Social Security is uncertain, and many people have not accumulated the savings they will need to enjoy the retirement lifestyle they deserve. Are you on track for enjoying the retirement of your dreams, or do you need to improve your knowledge and acquire the know-how to manage your money wisely and pursue your retirement goals? You'll learn how to get the most from guaranteed investments, tax-free income, and estate planning. For those already retired or who plan to retire in the next 10 years, the seminar takes a conservative approach to wise money management in addition to identifying lifestyle issues facing mature Americans. An in-depth workbook with valuable exercises and worksheets is included.

**Note special fees for couples and for early registration.**

**Dates, Times & Locations:**

NO. ALP501A: 3 Saturdays, January 29, February 5 & 12, 9–11:30 a.m., USI University Center

NO. ALP501B: 3 Thursdays, February 17, 24, & March 3, 6–8:30 p.m., USI University Center

NO. ALP501C: 3 Tuesdays, March 22, 29, & April 5, 6–8:30 p.m., USI University Center

**Registration Fee:** \$69 for an individual OR for two REGISTERING TOGETHER AND SHARING MATERIALS by January 24 for ALP501A, by February 11 for ALP501B, by March 14 for ALP501C \$89 for an individual OR for two registering together after these dates.

## SOCIAL SECURITY PLANNING FOR BOOMERS @TP NO. ALP502

After being told for years that Social Security is going broke, baby boomers are realizing that it will soon be their turn to collect. The decisions you make now will have a tremendous impact on the total amount of benefits you receive over your lifetime. This informative seminar covers the basics of Social Security and reveals strategies for maximizing your benefits, including: five factors to consider when deciding when to apply for benefits; when it makes sense to delay benefits and when it does not; why you should check your earnings record for accuracy; how to estimate your benefits; how to coordinate benefits with your spouse; how to minimize taxes on Social Security benefits; and how to coordinate Social Security with other sources of retirement income.

**Dates, Times & Locations:**

NO. ALP502A: Thursday, January 27, 6–7:30 p.m., Innovation Pointe, 318 Main Street, Evansville

NO. ALP502B: Thursday, February 3, 6–7:30 p.m., USI University Center

NO. ALP502C: Thursday, February 10, 6–7:30 p.m., USI University Center

NO. ALP502D: Wednesday, March 2, 9–10:30 a.m., USI University Center

**Registration Fee:** \$19 for an individual or for two registering together and sharing materials

**Registration Deadline:** One day before class session

# PROFESSIONAL DEVELOPMENT

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## 9TH ANNUAL SPRING SOCIAL WORK FESTIVAL

NO. SOC200

The Social Work Festival is presented by the USI Social Work Department to celebrate National Professional Social Work Month. Recognition awards will be presented by the NASW, Indiana Chapter (Region 8). Call 812/464-1989 for details.

**Date:** Friday, March 4

**Location:** University Center, Carter Hall

**Registration Fee:** \$60

## SIXTH ANNUAL EQUITY AND DIVERSITY CONFERENCE

The Sixth Annual Equity and Diversity Conference at the University of Southern Indiana will investigate the factors that enhance and inhibit the development of transformative curricula. Participants will be encouraged to consider how school and university curricula can empower educators from all disciplines and levels to focus on impacting student achievement and community needs through service learning. This conference will explore ways to use service learning to enhance students' civic and democratic engagement; capacity for difference/change-making; learning through disciplined reflection; comfort and skill in working with diverse groups; and sense of belonging in the community. Call for more information.

**Date:** Friday, April 15, 8:30 a.m.–5 p.m.

## FUNDAMENTALS OF ENGINEERING EXAM (FE) REVIEW COURSE

NO. ENG100

**This review for the FE examination will prepare engineers for both the morning exam, applicable to all registrants, and the general engineering afternoon exam. The text, *Fundamentals of Engineering Review*, 2nd Edition, by Michael Lindeburg and the 7th Edition of the *Fundamentals of Engineering Discipline Specific Handbook* are included in the registration fee. The FE exam will be given next on April 9, 2011. Call 812/228-5039 for a list of course topics and instructors.**

**Instructors:** Faculty from the USI Engineering Department

**Dates & Times:** 9 Thursdays, January 27–March 31, 6–8:45 p.m. (no class March 11)

**Location:** USI, TBA

**Registration Fee:** \$300—includes both texts described above.

# **COMPUTER COURSES FOR BEGINNERS**

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## **MY FIRST COMPUTER CLASS (for ages 20+) NO. CIS501**

Do you think you're the only person in the world who's never used a computer? You are NOT alone. After an introduction to basic vocabulary and computer components, you'll learn about parts of the computer, practice using the keyboard, and begin to tame the wild mouse. After completing this class, students may consider moving on to the Beginning Windows 7 class or the Microsoft MY PC series of courses for beginners—see below.

**Date & Time: Wednesday, February 9, 2–4 p.m.**

**Registration Fee: Free!**

## **BEGINNING WINDOWS 7 NO. CIS502**

This workshop takes a unique, fun approach to getting hands-on with the new Windows 7 operating system. At a comfortable pace, you'll learn how to get around in Windows 7, work with files and file folders, find and use desktop tools and gadgets, and get a sneak peek at the fun things you can do with Windows 7—like photo editing, making slide shows, and keeping in touch with friends and family! It is helpful to take this course before taking the Microsoft My PC series of courses for beginners.

**Date & Time: Wednesday, February 16, 6–9 p.m.**

**Registration Fee: \$40**

# **MICROSOFT MY PC SERIES OF COMPUTER COURSES FOR HOME USE**

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USI has partnered with Microsoft to offer a series of computer courses for beginners. This series of courses is designed for those with NO experience with personal computers; however, knowledge of Windows 7 is helpful (see Beginning Windows 7 description p.6). From digital photo editing to slide shows and email, these courses showcase the just-for-fun things you can do on your home PC. After completing this series you should be ready for other computer courses, further learning on your own, or deciding it's not for you!

**Instructor:**

**Julie Ann Walker, Independent Consultant**

## **MY PC: DIGITAL PHOTO EDITING NO. CIS503**

Have fun while learning all the essentials, including how to adjust color and light, fix red-eye, crop, straighten, create a panoramic photo, and even airbrush.

**Dates & Times: Wednesday, February 23, 6–9 p.m.**

**Registration Fee: \$40**

## **MY PC: CREATIVE SLIDESHOWS NO. CIS504**

Turn your digital photos and videos into a fun movie slideshow. Learn easy ways to create movies with your photos by adding transitions, motion effects, titles, credits, and music. Burn a DVD to play on your TV or computer, or share with family.

**Dates & Times: Wednesday, March 2, 6–9 p.m.**

**Registration Fee: \$40**

## **MY PC: CONNECTING WITH FRIENDS AND FAMILY NO. CIS505**

Learn three new ways to stay in touch – see loved ones on your PC via webcam, try out social networking to stay connected with your family and friends, and learn how to share photos in different ways.

**Dates & Times: Wednesday, March 16, 6–9 p.m.**

**Registration Fee: \$40**

**Special fee for all three courses: \$99**

# COMPUTERS

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## COMPUTER TESTING

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The Certificate in Computer Proficiency Exemption Test and the Proficiency Post Test will be held in the Continuing Education Computer Lab, Wright Administration Center, FA 046. All participants must register no later than one week prior to the testing date. If you are unable to attend the dates listed call Extended Services at 812/464-1989 or 800/467-8600 to see if alternative arrangements can be made.

**NO. CIS500A—Thursday, February 3, 5:30–9:30 p.m.**

**NO. CIS500B—Thursday, May 5, 5:30–9:30 p.m.**

## GETTING STARTED WITH WINDOWS

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**NO. CIS510**

Learn the basics of the **Microsoft Windows®** operating system for personal computers. Emphasis is on identifying icons and shortcuts, learning to click and drag to size and position, and exploring the control panel, files, folders, and accessories. We recommend allowing two weeks between **Getting Started With Windows** and **Using Windows**. Windows XP, 95, 98, 2000, ME, and NT users can benefit from these courses.

**Date & Times: Tuesday, February 1, 6–9 p.m. (Hulse)**

**Registration Fee: \$49**

## USING WINDOWS

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**NO. CIS511**

Take advantage of the power of Windows by learning to use its special capabilities. Topics include searching, formatting, copying, and viewing, as well as creating in Write and linking files from program to program. We recommend allowing two weeks between **Getting Started With Windows** and **Using Windows**. Windows XP, 95, 98, 2000, ME, and NT users can benefit from these courses.

**Date & Times: Tuesday, February 15, 6–9 p.m. (Hulse)**

**Registration Fee: \$49**

## WELCOME TO WINDOWS 7 @IP

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**NO. CIS514**

Discover what's new in Windows 7: easier access to your documents, photos, and music, regardless of where you store them; faster access to your most-used programs and files; desktop programs wherever you need them; new, more powerful and easier-to-use home networking; media on your big-screen TV and home theater system; and much more. Windows expert Mark Edward Soper, author of *Easy Microsoft Windows 7* and many other books, shows you what's new and better about Microsoft's latest operating system.

**Date & Times: Thursday, February 10, 6–9 p.m. (Soper)**

**Location: Innovation Pointe, 318 Main Street, Downtown Evansville**

**Registration Fee: \$49**

## USING WINDOWS 7 @IP

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**NO. CIS515**

Spend three evenings delving into the new Windows 7 operating system. Topics include navigating, working with documents and files, printing documents and photos, as well as more advanced topics such as networking, Internet access, and managing and safeguarding. Users will learn how to set up a network connection as well as a firewall. Security issues such as anti-phishing also will be covered. The text *Easy Microsoft Windows 7* is included.

**Dates & Times: 3 Thursdays, February 24–March 10, 6–9 p.m. (Soper)**

**Location: Innovation Pointe, 318 Main Street, Downtown Evansville**

**Registration Fee: \$119**

## GETTING STARTED WITH WORD 2007

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**NO. CIS520**

This class is for those who have never used word processing or who know just enough to type and print a simple document and covers using directories, naming and saving files, moving files, following print instructions, default document formatting, and adding document enhancements.

**Date & Time: Monday, January 31, 6–9 p.m. (Ulrich)**

**Registration Fee: \$49**

## USING WORD 2007

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**NO. CIS521**

Explore one of the most popular word processing programs, Microsoft Word. Topics include changing document defaults; creating columns and tables; creating and editing headers and footers; inserting bullets, graphics, and watermarks; and text searches. Participants must be familiar with basic word processing and Windows concepts.

**Dates & Times: 5 Mondays, February 14–March 14, 6–9 p.m. (Ulrich)**

**Registration Fee: \$199**

## GETTING STARTED WITH EXCEL 2007

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**NO. CIS530**

An overview of the popular Excel package—spreadsheet, database, and graphics. Topics include copying and moving data, making calculations, file management, and printing.

**Date & Time: Wednesday, March 9, 6–9 p.m. (Ulrich)**

**Registration Fee: \$49**

## USING EXCEL 2007

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**NO. CIS531**

A hands-on course emphasizing financial planning and analysis using the Excel electronic spreadsheet. Topics include copying and moving data, file management, graphics, and formulas using built-in functions. Intended for those with limited Excel experience, the course should be particularly useful to those who need to store, query, and analyze large quantities of data.

**Dates & Times: 4 Wednesdays, March 23–April 13, 6–9 p.m. (Ulrich)**

**Registration Fee: \$179**

## GETTING STARTED WITH ACCESS 2007

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**NO. CIS540**

A quick start on the Microsoft Access database system—covers tables, queries, forms and reports. Emphasis will be on table design as well as Access capabilities and functions. Participants must be familiar with Windows.

**Date & Times: Thursday, February 10, 6–9 p.m. (Welp)**

**Registration Fee: \$49**

## USING ACCESS 2007

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**NO. CIS541**

A hands-on course emphasizing building and using your own databases using Microsoft Access. Topics include copying and moving data; importing data from other database programs such as dBase III, dBase IV and Foxpro; file management; graphics; and formulas using built-in functions. Intended for those with limited Access experience, the course should be particularly useful to those who need to store and query large quantities of data.

**Dates & Times: 4 Thursdays, February 24–March 17, 6–9 p.m. (Welp)**

**Registration Fee: \$179**

## **GETTING STARTED WITH POWERPOINT 2007** **NO. CIS550**

Start-up basics for the popular presentation graphics package: how to design and develop text presentations from content outlines, adding clip art and scanned graphics, and editing the presentation master.

**Date and Time:** Monday, March 28, 6–9 p.m. (Walker)

**Registration Fee:** \$49

## **PREPARING A POWERPOINT 2007 PRESENTATION** **NO. CIS551**

Tips on using advanced PowerPoint functions to create an effective presentation: how to add animation and slide transitions, choose appropriate fonts and layouts, and create web pages and transparencies using PowerPoint slides.

**Dates & Times:** 2 Mondays, April 4 & 11, 6–8 p.m. (Walker)

**Registration Fee:** \$69

## **PROJECT MANAGEMENT WITH MICROSOFT PROJECT @IP** **NO. CIS570**

Microsoft Office Project 2007 gives you robust project-management tools with the right blend of usability, power, and flexibility so you can manage projects more efficiently and effectively. Learn to better organize work and people to help ensure projects are delivered on time and within budget; easily present information in various formats; and set realistic expectations with project teams, management, and customers using Office Project 2007 to build schedules, allocate resources, and manage budgets.

**Instructor:** Julie Ann Walker, Independent Consultant

**Dates & Times:** 5 Tuesdays, February 15–March 15 6–8:30 p.m.

**Location:** Innovation Pointe, 318 Main Street, Downtown Evansville

**Registration Fee:** \$199

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## **LANGUAGES**

### **BEGINNING CONVERSATIONAL JAPANESE** **NO. LGN404**

Learn basic conversational Japanese and feel more at ease when you travel or encounter Japanese speakers in business and social situations. Emphasis will be on basic conversational skills and phrases especially useful for travelers, as well as prevalent Japanese customs, traditions, and protocols a foreigner is expected to know and respect in social situations. Cost of text and CD included in registration fee. Materials need to be ordered in advance; enroll early.

**Instructor:** Sayli Khadilkar, Japanese Language Interpreter

**Dates & Time:** 6 Thursdays, February 24–April 7 (no class March 10), 6:15–8:15 p.m.

**Location:** University of Southern Indiana Orr Center, Room 2024

**Registration Fee:** \$115—includes text and CD

### **BEGINNING CONVERSATIONAL GERMAN @IP** **NO. LGN406**

Add another language to your repertoire in this study of basic German vocabulary and expressions. Emphasis will be on basic conversational skills and phrases especially useful for travelers; the geography and culture of Germany also will be featured. Cost of text, CDs, and mp3s included in registration fee. Materials need to be ordered in advance; enroll early.

**Instructor:** Sylvia Blice, Retired German Instructor

**Dates & Time:** 6 Thursdays, February 24–March 31, 6:15–8:15 p.m.

**Location:** Innovation Pointe

**Registration Fee:** \$124—includes materials

### **BEGINNING CONVERSATIONAL RUSSIAN** **NO. LGN428**

Learn basic conversational Russian to feel more at ease when you travel, or just to increase your appreciation of another culture. Emphasis is on building vocabulary, but Russian culture and customs also will be covered. Cost of text and CD included in registration fee. Materials need to be ordered in advance; enroll early.

**Instructor:** Inessa Shiryaeva, Native of Russia

**Dates & Time:** 6 Tuesdays, February 22–April 5 (no class March 8), 6–8 p.m.

**Location:** National Guard Armory, 3300 E. Division Street, Evansville

**Registration Fee:** \$110—includes text

# KIDS, PARENTS, & TEACHERS

## SATURDAY ART WORKSHOP (ages 6–14)

NO. YTH400

Kids ages 6 through 14 can join USI art students and faculty to create two- and three-dimensional artwork including collages, paintings, printmaking, sculptures, and more. Students will be grouped by age with a maximum of 20 per group and will display their works at the end of each session. Cost of lunch and all supplies included.

**Coordinator:** Joseph Uduehi, EdD, Associate Professor of Art Education, USI

**Dates & Time:** TBA

**Location:** USI Technology Center, Rooms 229, 237, 242, & 243

**Registration Fee:** \$30—includes supplies and lunch

NO. YTH400A – ages 6–7    NO. YTH400B – ages 8–9

NO. YTH400C – ages 10–11    NO. YTH400D – ages 12–14

## USI'S SUMMER ENRICHMENT CAMP

Need all-day care for your school-age child this summer? USI's Summer Enrichment Camp for children 7–11 is located in space rented at Messiah Lutheran Church, 7700 Middle Mt. Vernon Rd., across the highway from campus. The program day runs from 6:45 a.m. to 5:30 p.m., Monday–Friday. Call 812/464–1989 or email [extserv@usi.edu](mailto:extserv@usi.edu) for more information or visit our web site, [www.usi.edu/extserv/personal/kids.asp](http://www.usi.edu/extserv/personal/kids.asp).

## SUPER SUMMER ENRICHMENT WEEKS

Super Summer consists of two one-week sessions, held June 13–17 at USI and July 11–15 on Evansville's east side, location to be determined. Children from preschool to 9th grade can enroll in either morning classes from 9–11:30 a.m., afternoon classes from 12:30–3 p.m., or stay all day. Past classes have focused on such topics as art, science, forensics, robotics, world cultures, cooking, and technology. For more information, or to be included in the mailing list, call 812/464–1989 or email [extserv@usi.edu](mailto:extserv@usi.edu). Visit our web site, [www.usi.edu/extserv/personal/kids.asp](http://www.usi.edu/extserv/personal/kids.asp), after mid-March for more details regarding this summer's class offerings.

## GO STEM!

The Girls Only (GO) STEM! Program focuses on helping girls entering their sophomore or junior year of high school overcome barriers and stereotypes faced while preparing for, and pursuing, STEM-related careers through a five-day summer camp experience, June 5–10, 2011 at USI. The 48 participants selected will live in University housing and work with female college students and faculty in the STEM disciplines, focusing on the application of the STEM disciplines at Holiday World 'n Splashin' Safari in Santa Claus, Indiana, by using the amusement park as a laboratory for experiments and activities in chemistry and nutrition, mathematics, biology, and engineering/applied physics. The GO STEM! summer camp, totally funded through a grant from Alcoa, will blend science learning, career education, and social networking. Registration information will be available on the SWSTEM web site after January 1, 2011: [www.usi.edu/stem](http://www.usi.edu/stem).

# COLLEGE READINESS

## GETTING READY FOR THE SAT—grades 9–12

Cut the SAT Reasoning Test down to size by developing strategies for test taking, identifying study priorities, and working practice questions. Hands-on experience with an interactive computer program in the afternoon will give students practice with topics covered in morning lectures. Take-home practice materials are included in the course fee. Register for ACA400 and ACA401 together for a special fee of \$100.

## VERBAL SKILLS FOR THE SAT

Emphasis will be on vocabulary development, written English, and critical reading.

**Instructors:** Patricia Flake, SI Specialist & Reading Instructor, USI **Dates & Time:**

NO. ACA400A—Saturday, February 26, 9 a.m.–3 p.m.

NO. ACA400B—Saturday, April 23, 9 a.m.–3 p.m.

**Location:** Education Center, Room 1103

**Registration Fee:** \$55—includes lunch

## MATH SKILLS FOR THE SAT

Emphasis will be on skill development in problem solving, working mathematical equations, and the rules pertaining to calculators. Students should bring a calculator.

**Instructor:** Nancy Myers, Mathematics Specialist, USI

**Dates & Time:**

NO. ACA401A—Saturday, March 5, 9 a.m.–3 p.m.

NO. ACA401B—Saturday, April 30, 9 a.m.–3 p.m.

**Location:** Education Center, Room 2110

**Registration Fee:** \$55—includes lunch

## COLLEGE ACHIEVEMENT PROGRAM

The University of Southern Indiana's College Achievement Program (CAP) offers concurrent credit to outstanding junior and senior students from more than 20 area high schools. Through CAP, students meet high school graduation requirements and earn college credits, all while in their high school classroom during the regular school day. CAP courses are taught by high school instructors who meet the same criteria as USI adjunct faculty, and more than 40 courses in English, history, biology, chemistry, economics, foreign language, health professions, journalism, and math are available. Many of the CAP courses are included in the Indiana Core Transfer Library and fulfill the standards for the Academic Honors Diploma. Visit the CAP web site to learn more about the college courses offered in your area high school, [www.usi.edu/extserv/academic/cap.asp](http://www.usi.edu/extserv/academic/cap.asp), or email [cap@usi.edu](mailto:cap@usi.edu) for further information. The College Achievement Program is one of only four concurrent enrollment programs in Indiana accredited by the National Alliance of Concurrent Enrollment Partnerships (NACEP) and one of 57 accredited programs in the nation.

# FITNESS

## PRESCHOOL SWIMMING (Ages 3–5)

Water safety and water adjustment are emphasized in this program, along with development of gross motor skills. Parents are invited to get in the water with their children after discussion with the chief instructor.

### Dates, Times & Fees:

**NO. FIT300** – 8 Wednesdays, January 19–March 16, (no class 3/9), 4:30–5 p.m.

**NO. FIT301** – 8 Wednesdays, January 19–March 16, (no class 3/9), 6:05–6:35 p.m.

Registration Fee: \$40

## SWIMMING FOR BOYS AND GIRLS (Ages 6–14)

Children ages 6–14 will have an opportunity to develop a wide variety of aquatic skills as well as fundamental strokes and to receive American Red Cross water safety certification in one of the following areas: Water Exploration, Primary Skills, Stroke Readiness, Stroke Development, Stroke Refinement, and Skill Proficiency.

### Dates, Times, & Fees:

**NO. FIT340** – 8 Wednesdays, January 19–March 16, (no class 3/9), 5:10–5:55 p.m.

**NO. FIT341** – 8 Wednesdays, January 19–March 16, (no class 3/9), 6:45–7:30 p.m.

Registration Fee: \$48

## DIVING CLINIC FOR HIGH SCHOOL STUDENTS **NO. FIT381**

This clinic provides diving instruction and training for the competitive diving. Instruction includes flexibility training, approach and take-off procedures, and diving performance.

**Instructor: Dave Enzler, Memorial High School Diving Coach**

**Dates & Times: 4 Mondays & 4 Wednesdays, April 4–27, 4:30–5:30 p.m.**

Registration Fee: \$60

## WATER AEROBICS

Research says a half-hour of water walking equals two hours of land walking without the stress on the body. High-intensity but low-impact water exercises will be used to raise your heart rate and improve your cardiovascular condition. Swimming skills are not required.

**Instructor: Patty Marcum, Instructor in Physical Education, USI**

### Dates & Times:

**NO. FIT334A**–8 Thursdays, March 17–May 5, 5–6 p.m.

**NO. FIT334B**–8 Thursdays, March 17–May 5, 6:15–7:15 p.m.

Registration Fee: \$48

## OFFICE YOGA

Yoga is great for stress relief and is wonderful for relieving pain, reducing fatigue, and improving mental clarity. You will learn how you can incorporate simple postures and techniques into your daily activities at work and at home. This class will focus on breath awareness, alignment principles, and postures you can do at your desk to enhance your health and well-being. No experience with yoga is necessary and all fitness levels are welcome.

**Instructor: Zoë Sipes**

### Dates & Times:

**FIT150A**–6 Thursdays, January 27–March 3; 5:30–6:30 p.m.

**FIT150B**–6 Thursdays, January 27–March 3; 6:45–7:45 p.m.

**Location: USI, TBA**

Registration Fee: \$42

## WALK ABOUT USI

Looking for something to do as a family that's fun, educational, and gets you moving in the fresh air? Come explore the nature trails at USI and learn about some of the trees, plants, birds, insects, and wildlife of Southwest Indiana. Each nature walk will begin with an introduction to the trail using maps, web sites, and photos.

**Instructor: Amelia Wildeman, Naturalist**

**Location: USI University Center**

Registration Fee: \$15 for one; \$5 for each additional family member for each session

## WINTER: BLUEBIRD TRAIL AND BENT TWIG AREA **NO. FIT105**

Explore the beauty of nature during winter, and learn what local birds and animals do during cold weather.

**Date & Time: Sunday, February 13, 2–3:30 p.m.**

## EARLY SPRING: WOODS BEHIND EICHER BARN **NO. FIT106**

As the days lengthen and temperatures warm, nature begins to awaken. This is an excellent time to see the earliest signs of spring.

**Date & Time: Sunday, April 3, 2–3:30 p.m.**

## GEOCACHING **NO. FIT160**

Geocaching is a high-tech treasure hunting game played throughout the world using GPS devices. The basic idea is to locate hidden containers, called geocaches, outdoors. Learn how to get started and what equipment you will need.

**Instructor: Amelia Wildeman, Naturalist**

**Date and Time: Sunday, May 22, 2–4 p.m.**

**Location: USI, TBA**

Registration Fee: \$20 for one; \$10 for each additional family member

## BICYCLE BASICS, SAFETY, AND TOURING **NO. FIT230**

Looking for a way to get outdoors and enjoy the open roads? Riding a bike can be a fun way to get around, but before you start there are a few things you should know. This class will cover the fundamentals of choosing a bike; basic maintenance; basic bike safety; and planning a bike trip. The course concludes with a group ride.

**Instructor: Members of the Evansville Bike Club**

**Date & Time: 2 Mondays, April 4 & 11, 6–8 p.m. & 1 Saturday, April 16, 9–11 a.m.**

**Location: USI Recreation, Fitness, and Wellness Center**

Registration Fee: \$25 for the first registration; \$15 for additional registrations from the same household

## BEGINNING GOLF

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Get into the swing with professional instruction on golf equipment, terminology, rules, and etiquette. Lab sessions cover clubs, grip, stance, swing, timing and rhythm, pitching, pitch and run, sand shots, chip shots, and putting. Bring a five- or seven-iron to the first class session. Clubs not provided. Enrollment limited to eight per section.

**Instructor:** John Bertges, Tee Time Golf Complex Pro

**Dates & Times:**

**NO. FIT360**—6 Mondays, March 28–May 2, 6–7 p.m.

**NO. FIT361**—6 Mondays, March 28–May 2, 7:15–8:15 p.m.

**Location:** Tee Time Golf Complex, 7900 East Morgan Avenue

**Registration Fee:** \$100

## WINTER GOLF CONDITIONING

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Playing golf is not like walking, it does not come naturally. The body resists the correct movements required to execute a good golf swing. The best way to improve your golf game is by conditioning and strengthening the muscles used. This class will give you simple exercises to maximize your golf game. Bring a weighted golf club to the first class.

**Instructor:** John Bertges, Tee Time Golf Complex Pro

**Dates & Times:**

**NO. FIT365**—5 Mondays, January 31–February 28, 6–7 p.m.

**NO. FIT366**—5 Mondays, January 31–February 28, 7:15–8:15 p.m.

**Location:** USI, Physical Activities Center, Room 109

**Registration Fee:** \$75

## ON-COURSE LESSONS

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This class is specially designed to fine tune your golf swing and tremendously improve your game. Learn in greater depth golfing etiquette, course management skills, strategy, and the rules as you play on the course with others. You will be playing golf with a certified PGA professional. Each section is limited to six students. Clubs not provided.

**Instructor:** John Bertges, Tee Time Golf Complex Pro

**Dates & Times:**

**NO. FIT368**—4 Wednesdays, May 4–25, 6–7 p.m.

**NO. FIT369**—4 Wednesdays, May 4–25, 7:15–8:15 p.m.

**Location:** Tee Time Golf Complex, 7900 East Morgan Avenue

**Registration Fee:** \$75

## SAILING SCHOOL

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Spend an exciting weekend in intensive instruction, both on shore and in sailboats, at Kentucky Lake. For beginners or experienced sailors. Meals and lodging not included in registration fee. Enrollment limited. May be taken for one hour credit as EDUC 163, Beginning Sailing. Call 812/464-1989 for a detailed brochure.

**Instructor:** Thomas Rivers, Professor of English, USI

**Dates & Times:**

**NO. FIT348**—Saturday–Sunday, May 21–22, 8 a.m.–8 p.m.

**NO. FIT349**—Saturday–Sunday, June 4–5, 8 a.m.–8 p.m.

**For other dates for noncredit students only, contact Tom Rivers at 812/464-1753.**

**Location:** Lighthouse Landing, Grand Rivers, Kentucky

**Registration Fee:** \$225 noncredit

## INTRODUCTION TO ROCK CLIMBING

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**NO. FIT376**

Learn the exciting and exhilarating sport of rock climbing. Participants will learn basic climbing skills, proper anchor-building techniques, gear placement, and rope systems. May be taken for one hour credit as PED199, Introduction to Rock Climbing.

**Instructor:** Nathan Holmes

**Dates & Times:**

**NO. FIT376A**—8 Tuesdays, January 11–March 1, 6–8:30 p.m.

**NO. FIT376B**—8 Tuesdays, March 15–April 26, 6–8:30 p.m.

**Location:** Vertical eXcape Climbing Center & Outdoor Store, 1315 N Royal Ave.

**Registration Fee:** \$200

## LEARN TO SCUBA DIVE

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**NO. FIT377**

Students will gain entry-level scuba diving knowledge and skills. Topics include scuba diving equipment, physics of diving, medical problems related to diving, use of dive tables and/or dive computers, dive environment, dive planning, communications, diver assistance, recommended diving practices, procedures for diving from boats, and use of the diving log book. Scuba skills development occurs in pool. Students must have basic swimming skills. Students also will be required to purchase specialized equipment. This course may be taken for one hour credit as PED145.

**Instructor:** Michael Hagedorn

**Dates & Times:** 7 Saturdays, March 19–April 30, 8 a.m.–Noon

**Location:** Physical Activity Center, Room 121

**Registration Fee:** \$200

## UMPIRING BASEBALL/SOFTBALL

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**NO. FIT392**

An in-depth look at the mechanics, rules, and umpiring techniques of baseball with emphasis on the high school interscholastic level. It also will cover rule differences between baseball and softball. Experience in umpiring will be arranged for interested participants. There is a \$45 testing fee for those who want to take the IHSAA licensing exam; all others will pay a \$13 book fee to IHSAA. Bring a check, payable to IHSAA for the exam/book fee, to the first class session. May be taken for one-hour credit as PED 232. Those currently licensed by IHSAA in any sport should call 812/464-1989 before registering for this course—reduced fees may apply.

**Instructor:** James Dunlap, Certified IHSAA Official

**Dates & Times:** 6 Wednesdays, January 12–February 16, 6–8:50 p.m.

**Location:** Physical Activity Center, Room 209

**Registration Fee:** \$85—not including text/IHSAA examination

## OFFICIATING VOLLEYBALL

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**NO. FIT395**

An in-depth look at the mechanics, rules, and officiating techniques of volleyball with an emphasis on the high school interscholastic level. Half the class will be spent in the classroom with the other half in the gym, playing and officiating volleyball. Experience in officiating will be arranged for interested participants. There is a \$45 testing fee for those who want to take the IHSAA licensing exam; all others will pay a \$13 book fee to IHSAA. Bring a check, payable to IHSAA for the exam/book fee, to the first class session. Class also may be taken for one hour credit as PED234.

**Instructor:** Joseph Gratz, Certified IHSAA Official

**Dates & Times:** 7 Tuesdays, January 11–February 15, 6–8:50 p.m.

**Location:** Physical Activity Center, Room 211

**Registration Fee:** \$85—not including text/IHSAA

## **OUTDOOR ADVENTURE TRIPS**

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Join Nathan Holmes of Vertical eXcape Climbing Center & Outdoor Store for one or more of these area adventures. There is a mandatory informational meeting prior to each adventure. Call 812/464-1989 or visit [www.usi.edu/extserv](http://www.usi.edu/extserv) for details.

### **DISCOVERING THE VERTICAL WORLD: ROCK CLIMBING NO. FIT451**

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**Dates & Times:** Thursday, January 27, 6–8 p.m.; Saturday–Sunday, April 2–3, 8 a.m.–8 p.m.  
**Registration Fee:** \$175

### **FOOT POWER EXPLORATION: BACKPACKING NO. FIT450**

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**Dates & Times:** Thursday, January 20, 6–6:30 p.m.; Saturday–Sunday, March 19–20; 8 a.m.–8 p.m.  
**Registration Fee:** \$175

### **ADVENTURES ON WATER: CANOEING NO. FIT452**

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**Dates & Times:** Thursday, January 20, 6:45–7:15 p.m.; Saturday–Sunday, April 16–17, 8 a.m.–8 p.m.  
**Registration Fee:** \$200

## **Start Something @ Innovation Pointe!**

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Evansville's new high-tech business innovation center is located at 318 Main Street, between Third and Fourth Streets in downtown Evansville. *As education partner with Innovation Pointe, USI offers services including:*

- Undergraduate and graduate courses
- Noncredit courses and seminars (see **@IP** descriptions)
- Specialized information technology seminars and hands-on programs
- Student interns, faculty applied research and consulting support to the technology businesses located in Innovation Pointe provided by USI's Center for Applied Research—call 812/461-5442 for more information
- Access to services of USI's Center for Human Resource Development, including assessment, human resource development planning, and customized training
- Support for entrepreneurs of all kinds
- Hands-on computer application courses

Call the USI Division for Outreach and Engagement at 812/464-1989 for more information.

# Registration Form



## LIFELONG LEARNING AT USI

Mail or bring this form, together with the registration fee, to the OFFICE OF CONTINUING EDUCATION, UNIVERSITY OF SOUTHERN INDIANA, 8600 UNIVERSITY BOULEVARD, EVANSVILLE, INDIANA 47712. Checks should be made payable to USI. For registration by telephone using VISA, DISCOVER, MASTERCARD, or AMERICAN EXPRESS, call 812/464-1989 or 800/467-8600.

FAX registrations to 812/465-7061. Email: outreach@usi.edu.

NAME (first) \_\_\_\_\_ (mi) \_\_\_\_\_ (last) \_\_\_\_\_

ADDRESS \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_ CELL PHONE \_\_\_\_\_

COURSE TITLE \_\_\_\_\_ COURSE NUMBER \_\_\_\_\_ FEE \_\_\_\_\_

COURSE TITLE \_\_\_\_\_ COURSE NUMBER \_\_\_\_\_ FEE \_\_\_\_\_

CHECK OR MONEY ORDER ENCLOSED

VISA     MASTERCARD     DISCOVER     AMERICAN EXPRESS

TOTAL FEE \_\_\_\_\_

CHARGE CARD NUMBER \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_ CARD VERIFICATION DIGITS \_\_\_\_\_

DO YOU HAVE ANY SPECIAL REQUIREMENTS OF WHICH WE SHOULD BE AWARE?  
\_\_\_\_\_

I would like to receive the     Business Catalog  
   Health Professions Catalog  
   Super Summer Kids Brochure

REFUND POLICY: Registration fees are refundable in full, less a 15 percent service charge, until the second class session. No refunds can be made after the second session.

### USI ALUMNI DISCOUNT

When USI Alumni enroll in a noncredit course at USI they receive a 10 percent discount on the price of the course. To receive the discount, at the time of registration alumni must identify their Social Security number and the year they received their USI degrees. The discount does not apply to travel/study programs or to conferences held off the USI campus. Call Continuing Education at 812/464-1989 or 800/467-8600 for more information.

*The University of Southern Indiana is an equal employment opportunity/affirmative action employer. It is the policy of the University of Southern Indiana to be in full compliance with all federal and state non-discrimination and equal opportunity laws, orders and regulations relating to race, sex, religion, disability, age, national origin, sexual orientation or status as a disabled veteran or veteran of the Vietnam era. Questions or concerns should be directed to the Affirmative Action Officer, USI Human Resources Department, 8600 University Boulevard, Evansville, IN 47712.*

## CHANGES ARE IN THE AIR!

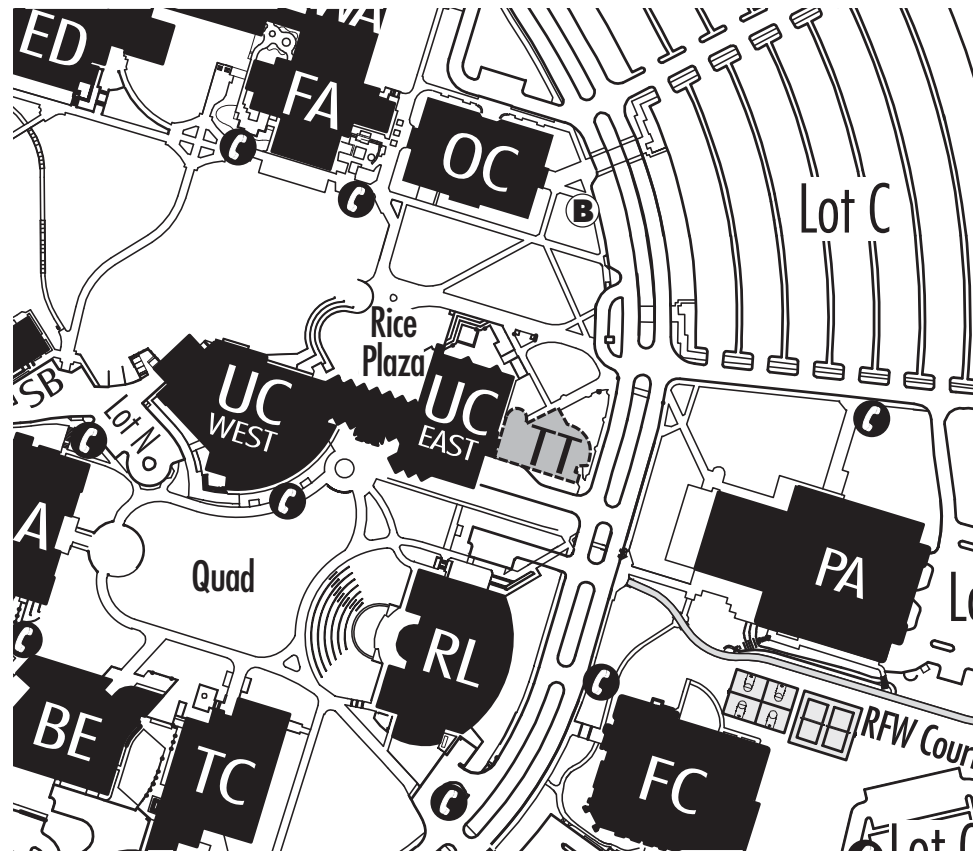
Exciting changes are taking place at USI. The Division of Extended Services will officially become the Division of Outreach and Engagement on January 1, 2011.

Our mission has been and will continue to be outreach. We complement the University's traditional role by providing and facilitating quality educational, research, and technical services for people, groups, and organizations in Indiana and the Tri-State. These activities support and promote individual well-being, social and cultural enrichment, economic opportunity, and regional development.

Continuing education noncredit courses continue to be a big part of USI's outreach mission. As you look through our course listings, please jot down any ideas you have for additional programs and send them to us at outreach@usi.edu.

Soon, our offices will be relocating from the Orr Center to newly renovated space in the former Rice Library, now known as University Center East. We will be on the second floor, and will have an open house later this spring to help our friends become familiar with the new location. Because the exact date of our move is unknown as this goes to press, we advise calling 812/464-1989 before coming to visit.

Have questions about any of these changes? Call Kim Armstrong, administrative associate in the Division of Outreach and Engagement, at 812/464-1863.



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Continuing Education  
University of Southern Indiana  
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Evansville, Indiana 47712