



## *Education*

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| 2011 | Doctor of Nursing Practice<br>University of Southern Indiana<br>Evansville, IN                                   |
| 1987 | Master of Science in Nursing<br>Focus Areas:<br>Nursing Administration, Adult Health<br>University of Evansville |
| 1981 | Bachelor of Science in Nursing,<br>magna cum laude<br>University of Evansville                                   |

Office: HP 2106

Phone: 812-461-5241

E-mail: rdugger@usi.edu

## *Research and Scholarly Areas of Interest*

- Gerontology—specifically urinary incontinence in older adults; health-related quality of life r/t urinary incontinence; healthy aging; quality processes and culture change in nursing homes
- Pedagogy—specifically student engagement and use of creative teaching methods
- Leadership & Management/Administration

## *Courses Taught*

- NURS 361 Care of Elders and Families
- NURS 451 Transition to Advanced Nursing
- NURS 455 Community Health Nursing
- NURS 488 Nursing Management in the Care of Adults

## *Professional Memberships and Affiliations*

- Sigma Theta Tau International (Omicron Psi Chapter)
- Sigma Phi Omega National Gerontology Academic Honor Professional Society
- National Gerontological Nursing Association
- Society of Urologic Nurses and Associates
- Academic Nurses Credentialing Center (ANCC)

**Received AACN Award for Excellence in Gerontological Nursing Education in Baccalaureate-Level Curricular Innovation in 2008**

### ***Professional Experience***

2002-Present	Assistant Professor, College of Nursing & Health Professions University of Southern Indiana, Evansville, Indiana
1999-2002	Assistant Professor, School of Nursing Middle Tennessee State University, Murfreesboro, TN
1990-1998	Assistant Vice President, Patient Care Services & Director, Baptist Women's Pavilion, East Middle Tennessee Medical Center, Murfreesboro, TN
1988-1990	Clinical Teaching Associate, Gerontology Joint Appointment—Middle TN Medical Center & Middle TN State University
1987-1988	Nurse Manager, Orthopedic Unit Middle TN Medical Center, Murfreesboro, TN
1985-1987	Graduate Assistant University of Evansville, Evansville, Indiana
1981-1987	Staff Nurse Deaconess Hospital, Evansville, IN

### ***Professional Certifications***

1991 to Present	American Nurses Credentialing Center: Board Certified Clinical Nurse Specialist in Gerontology
1996	Team Leader for Process Management, Qualtec Institute for Competitive Advantage
1991	Team Leader Instructor, Qualtec Institute for Competitive Advantage
1991	Facilitator Instructor, Qualtec Institute for Competitive Advantage

### ***Selected Publications***

- Dugger, R (2010) Concept Analysis of health-related quality of life in nursing home residents with urinary incontinence. *Urologic Nursing*, 30(2), 112-119.
- Ehlman, M.C., Coudret, N., Dugger, R., Eggleston, B, Mathis, S. & Wilson, A. (2010). Assessing the benefits of bladder ultrasound scanners in nursing homes: the impact on quality of life [abstract] *Journal of the American Geriatrics Society*, 58(4, S1-S280), S70.
- Ehlman, K., Wilson, A., Dugger, R., Eggleston, B., Coudret, N. & Mathis, S. (in press). The urge to educate: a look at urinary incontinence in nursing homes. *Urologic Nursing*.
- Dugger, R., Eggleston, B., Ehlman, M., Wilson, A., Coudret, N. & Mathis, S. (in review). Measuring stress associated with urinary incontinence with ISQ-P: comparison and analysis.

### ***Selected Presentations***

- 2011      Assessing the Process and Benefits of Bladder Ultrasound Scanners in Nursing Homes, 15th Annual Research and Evidence-Based Practice in Health Care Issues Conference, University of Southern Indiana, Evansville, Indiana
- 2011      Integrating Gerontology Nursing Content into an undergraduate Nursing Curriculum, 1st Annual Conference on "Building Partnerships for Geriatric Care"  
  
University of Texas Health Science Center, San Antonio, Texas
- 2010      Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes, 25th Annual National Gerontological Nursing Conference, Palm Springs, California



## *Personal Information*

- I am practically obsessed with cycling. It is at least a healthy obsession.
- My other obsession is with my family. My husband David is still the love of my life after sharing a quarter century together. My two sons, Adam and Aaron and my daughter-in-law Kelly are a joy and I'd like them even if they weren't my kids.