



Nutrition and Food Service

These are **selected sources**. Your reference librarians can assist you in finding other related materials.

For an ADA version of this guide email libinstr@usi.edu.

Reference Books on Nutrition

REF = REFERENCE COLLECTION, 1st Floor

Encyclopedia of obesity (2 vols.)
REF RC628 .E53 2008

Dictionary of nutraceuticals and functional foods
REF QP144.F85 E85 2006

Encyclopedia of junk food and fast food
REF TX370 .S63 2006

The encyclopedia of obesity and eating disorders
REF RC552.E18 C37 2006

DRI, dietary reference intakes: the essential guide to nutrient requirements REF QP141 .D75 2006

Diet and nutrition sourcebook REF RA784 .D542 2006

CRC desk reference for nutrition REF QP141 .B523 2005

Encyclopedia of human nutrition (4 vols.)
REF QP141 .E526 2005

Bowes & Church's food values of portions commonly used
REF TX551 .P385 2005

The Oxford encyclopedia of food and drink in America
REF TX349 .E45 2004

Encyclopedia of diet fads REF RM222.2 .B535 2003

Encyclopedia of nutrition and good health
REF RA784 .R646 2003

Nutritive values of food REF TX551.G42 2002

Dictionary of food ingredients REF TX551 .I26 2001

Encyclopedia of vitamins, minerals, and supplements
REF QP771 .E53 1996

PDR for nutritional supplements REF RM258.5 .P39

Physicians' desk reference for nonprescription drugs and dietary supplements REF RM 671 .A1 P48

Oxford companion to American food and drink
REF TX349.O94 2007

Business of food: Encyclopedia of food and drink industries
REF HD900035.B875 2007

Threats to food safety REF TX531.P26 2006

Obesity in childhood and adolescence
REF RJ 399.C6 O3352 2008

Encyclopedia of junk food and fast food
REF TX370.S63 2006

Encyclopedia of obesity and eating disorders
REF RC552.E18 C37 2006

Dictionary of food science and technology
REF TP368.2.D35 2005

Library of Congress Subject Headings: Suggested search terms to use in the library's catalog

Nutrition	Food analysis
Food allergy	Food biotechnology
Food composition	Food labeling
Diet	Dietary supplements
Food habits	Vitamins
Malnutrition	Nutritionally induced diseases
Proteins in human nutrition	Food supply
Food additives	Nutrition disorders
Nutrition policy	Diet therapy
Food service	Dietetics
Long-term care facilities – food service	Food preferences
Food service management	Food industry and trade
Health facilities—food service	Hospitals—food service

Books You Can Check Out

Selected titles

Nutrition counseling skills for the nutrition care process
RM218.7.S66 2009

William's basic nutrition and diet therapy RM 261 .W6865 2009

Nutrition in institutions TX946 .C76 2009

Measured meals: nutrition in America TX360 .U6 M83 2009

Herb, nutrient, and drug interactions: Clinical implications and therapeutic strategies RM302.4.S73 2008

Manual of nutritional therapeutics RM217.2.A47 2008

Fitness nutrition for special dietary needs TX361.A8 V65 2007

Controlling foodservice costs TX911.3.C65 C66 2007

Non-commercial food service manager's handbook
TX943.B76 2007

Nutrition for foodservice and culinary professionals
TX353 D78 2007

Human resources in the foodservice industry
TX911.3.P4 H84 2006

**Selected list of nutrition journals
available full-text in library databases**

See **Journal Finder** at
<http://at4rn6hm3f.search.serialssolutions.com/>
for most up-to-date listings.

Cut and paste a title below to see which of the
60+ library databases this journal title is in full-text
and for what years.

Annals of nutrition and metabolism
Critical reviews in food science and nutrition
Environmental nutrition
European journal of clinical nutrition
Food management
Foodservice equipment and supplies
International journal of food sciences and nutrition
International journal of sport nutrition and exercise metabolism
Journal of foodservice
Journal of human nutrition and dietetics
Journal of nutrition
Journal of nutrition education and behavior
Journal of nutrition, health, and aging
Long term care management
Nursing homes
Nutrition & dietetics
Nutrition and cancer
Nutrition and food science
Nutrition bulletin
Nutrition health review
Nutrition reviews
Public health nutrition

Recommended Web Sites

[Web Sites recommended by USI faculty and librarians](#)

Selected Web Sites

NIH Office of Dietary Supplements
<http://dietary-supplements.info.nih.gov/>

International Bibliographic Information on Dietary Supplements
(IBIDS) http://dietary-supplements.info.nih.gov/Health_Information/IBIDS.aspx

Food and Nutrition Information Center
<http://www.nal.usda.gov/fnic/>

USDA National Nutrient Database for Standard Reference
<http://ars.usda.gov/services/docs.htm?docid=8964>

Center for Nutrition Policy and Promotion <http://www.usda.gov/cnpp/>

MyPyramid.gov www.mypyramid.gov

American Dietetic Association <http://www.eatright.org/Public/>

Resources for Foodservice Professionals
<http://www.fns.usda.gov/TN/foodservice.html>

NIH Office of Dietary Supplements <http://ods.od.nih.gov>

NLM's Dietary Supplements Label Database
<http://dietarysupplements.nlm.nih.gov/dietary/>

Centers for Disease Control Resource for Nutrition Professionals
http://www.cdc.gov/nccdphp/dnpa/nutrition/health_professionals/index.htm

DVD's, 1st Floor

Selected titles

Portion size me: a study of health fast food choices
(2006) 613.2 .P67

*Obesity in a bottle understanding liquid calories &
nutrition* (2006) 641.2 .O24

Diet and disease in modern society On order. Check catalog.

Portion size me a study of healthy fast-food choices (2006)
613.2 .P67

Critical condition America's obesity crisis (2005)
616.398 .C75

Vitamin basics (2005) 613.286 .V58

Super size me (2004) 791.45 .S97

Recommended Databases

- CINAHL
- Health Source: Nursing/Academic Edition
- ProQuest Health and Medical Complete
- SPORTDiscus (exercise/fitness nutrition)
- ABI/INFORM (food service management)
- Academic Search Premier
- ProQuest Research Library

How to access USI Rice Library's
databases (primarily for finding articles)
and other online resources from off-campus

Go to the library's homepage at:
<http://www.usi.edu/library/index.asp>

- **Select Databases**
- Select database subject category from left main menu
- Click on name of database you want to search
- The **Database Login** page will appear
- Enter your **MyUSI username** and **password**
- Click **Login**

Have research questions ? Contact us:

- By phone: 812-464-1907; Toll-Free: 1-800-246-6173
- By e-mail: libref@usi.edu
- Visit the Rice Library reference desk to consult with a reference librarian.

This and related subject guides are available online at:
<http://www.usi.edu/library/qsNURSING07.asp>