USI Retirees’ Workshop on Health Issues

Want to learn how to keep your brain healthy? Worried about whether your latest prescription may interact badly with medicines or supplements you already take? Need to know what community agencies can help you understand and locate services and benefits available to you? If so, USI Retirees can help you!

Plan to attend the USI Retirees’ Workshop on Health Issues scheduled for 8:30 – 11:30 a.m. on Tuesday, March 12, in Carter Hall A. During this workshop, USI and community experts will provide 30-minute discussions about these issues, each followed by a question-and-answer session. Workshop and refreshments are free.

Schedule:

- At 8:30, discussion focuses on potential interactions of drugs commonly prescribed for seniors and the impact on prescriptions of vitamins, supplements, and diets.
- The 9:30 session offers an overview of services available to seniors and their families through SWIRCA + More and other community organizations and professional groups. Topics include assisted living, long-term care and insurance, Medicare and Medicaid, and more.
- The 10:30 session focuses on memory, approached from the perspective of brain health and brain fitness. Learn about exercises to improve brain function and memory; hear discussions about forgetfulness, recognizing and dealing with memory loss, dementia, and Alzheimer’s.

Registration: Although the workshop is free, we ask that you register so we can plan refreshments and photocopies. Register through USI Outreach and Engagement by calling 812/464-1989 or emailing outreach@usi.edu.

Questions? If you have questions, call Ed Jones at 812/422-4952.
Our Founding Members

We are proud to list the founding members of our organization, those who joined as active members in our first year:

Larry Arp
Joyce Babillis
Dean & Jeanne Barnett
David Barton
Carolyn Bennett
Mary Alice Bertram
Barbara Blevins
Jim & Anita Brown
Shirley Bryan ‘95
Nadine Coudret
Jan Couts
Sherry Darrell
Jane Davis-Brezette
John & Pam ‘83 Deem
Thomas Dieter
Howard & Barbara Dunn
Rolla Dyer
Phil Fisher
Judith Fleck
Yvonne Floyd
Augustine J. Fredrich
Janet Freeman
Larry & Rena Goss
Richard & Janet Greer
Cheril Griswold
Barry Hart
Sandy Hatfield
Jennie Head
William Henderson
Carol Hermes
Dal Herring
Wanda Hibbitts
Jann Hickey
Ray Hoops
Christina Jines ’96
Nancy Johnson ’83 M’95
Edward Jones
Joan & Lloyd Jost
Dave & Glenna Kinsey
Courtney Klingelhoefer
Marjorie Labhart
Barbara Marr
Elna Mattingly
Mary McGrew
Jenny Medcraft ’98
Eula Megli
Marjorie Melvin
Sharon Morrow
Richard & Mary Lee ’78 Mussard
Oscar Ozete
Joe & Marie ’85 Palladino
Don & Connie Pitzer
Bob Reid
David & Betty Rice
Ronald Roat
Mary Lue Russler
Jim Sanders
Helen Sands
Dan & Carolyn Scavone
Richard Schmidt
Mary Schroeder
Roberta Schweizer
Marlene Shaw
Margaret Skoglund
Sherrianne Standley
Lois & David Stevens
Sally Townsend
Michael ’07 & Phyllis ’81 Truitt
Harlan Van Over
Ruth Waller
Jim Werner
Mike ’75 M’99 & Zadie ’78 Whipple
Jo-Ann Wilson
Susie Wolfe
Byron Wright

Recent Events

Pizza Celebration
What fun we had! If you missed our pizza celebration on January 9, at Turoni’s, we probably talked about you. Pictured are: (from left to right) Nancy Johnson, Carol Hermes, John Deem, and Mary Alice Bertram

Lecture on 1937 Flood
On November 13, Robert Reid presented a wonderful lecture focusing on the 1937 Flood in Evansville, including information about earlier floods and other sites. He treated us to dozens of excellent, moving photos, maps, video footage, statistics, and details. Many thanks to Bob.
**Do You Know?**

USI Retirees have full employee privileges. With an Eagle Access card, we can use the Recreation, Fitness, and Wellness Center, PAC pool, Rice Library, and all campus amenities. Also, we can take noncredit courses at half price.

**Honors**

*Jane Davis-Brezette, associate professor emerita of physical education,* was inducted into the USI Athletic Hall of Fame at a banquet on February 8. Her selection occurred because of her extraordinary service as an advisor, teacher, mentor, and coach who influenced the lives and careers of many students. Jane coached the USI Women’s Tennis Team to three consecutive Great Lakes Valley championships.

*Augustine J. “Jay” Fredrich, professor emeritus of civil engineering technology,* was one of three persons inducted into the Arkansas River Hall of Fame last spring. A native of Arkansas, Jay was part of the engineering team which helped plan and design the McClellan-Kerr Arkansas River Navigation System hydroelectric projects. In addition, Jay received the American Society of Civil Engineers’ History and Heritage of American Civil Engineering Award at the ASCE national convention in Montreal, Quebec, Canada, in October 2012.

**Day Trip to Azalea Path Arboretum and Botanical Gardens in Hazelton, Indiana**

Mary Alice Bertram and the Retirees’ trip committee are arranging a day trip to the beautiful Azalea Path in Gibson and Pike counties. We hope that some of our master-gardener retirees will join and educate us about azaleas. Because we must time the trip to the peak blooming times, we lack a firm date yet. If interested, please email smstandl@usi.edu so we know how many vehicles to reserve for the trip. Once we have a firm date and time we will follow up with those interested.

**2012 Annual Meeting**

At the November 2012 Annual Meeting of USI Retirees, we elected new Coordinating Committee members and officers. Coordinating Committee members elected to a two-year term are John Deem, Chris Jines, Ed Jones, and Helen Sands. Jeanne Barnett was elected to a one-year term to fill a vacancy. Officers elected to a one-year term are president, Bob Reid; president-elect, John Deem; treasurer, Joyce Babillis; secretary, Mary Alice Bertram; and University liaison, Helen Sands. Coordinating Committee members continuing to serve until the end of 2013 are Joyce Babillis, Mary Alice Bertram, and Bob Reid. Outgoing president Sherry Darrell and outgoing secretary Sherrianne Standley will continue as co-editors of our *Vintage Times* newsletter.
Membership in USI Retirees

Membership in the USI Retirees is open to retired employees, spouses, and surviving spouses. To become an active member, complete this form and return it with an annual $20 check (per person) payable to USI Retirees. Mail to USI Retirees, c/o USI Foundation, 8600 University Boulevard, Evansville, IN 47712.

Name                      Email

Home Address

Home Telephone           Cell Telephone

Particular Interests