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LEWIS' KUSTRA EARNS WOMEN'S INDOOR TRACK & FIELD TOP HONORS

INDIANAPOLIS – Lewis University's Christine Kustra, a senior multi-eventer from Cary, Illinois, claimed victories in the pentathlon with 3506 points and the 55-meter hurdles in 8.41 seconds to earn the 2009 Great Lakes Valley Conference Women's Indoor Track & Field Athlete of the Year award.

Kustra led her team to a second-place finish for the second year in a row. Along with her first-place finishes, she also added second-place finishes in the long jump and triple jump.

University of Indianapolis' Scott Fangman was named GLVC Women's Indoor Track and Field Coach of the Year after his team won the title for the first time.

UIndy's Kierra Allen was named GLVC Freshman of the Year honors, after winning the 400-meter dash in 57.97. Allen also finished second in the 200-meter dash and was a member of the second-place 4x400 meter relay team.

Kustra and Allen headline the 28-member Women's Indoor Track & Field All-GLVC First Team. In addition, 15 athletes have been announced as All-GLVC Second Team picks.

The complete list of selections follows.

ALL-GLVC FIRST TEAM

Ashley Butler, Lewis
Christine Kustra, Lewis
Kierra Allen, Indianapolis
Jessica Monson, UW-Parkside
Katie Hickey, Bellarmine
Mary Ballinger, Southern Indiana
Millennium Wheeler, Lewis
Andrea Horban, Indianapolis
Melissa Buche, Saint Joseph's
Taylor Hahn, Missouri S&T
Amy Schmitz, Indianapolis
Emily Schaf, Indianapolis
Kathryn Hague, Lewis
Julianne Hoekzema, Northern Kentucky

Carissa Martin, Bellarmine
Shanese McGregor, Indianapolis
Samantha Linck, Lewis
Michelle Ruff, Lewis
Shirah Bennett, Indianapolis
Maggie Boban, Lewis
Kayla Murphy, Lewis
Aubrey Moore, Missouri S&T
Katherine Bruce, Missouri S&T
Kierra Handley, Missouri S&T
Kassie Osborne, Missouri S&T
Heidi Ertl, UW-Parkside
Brittany Glassburn, UW-Parkside
Hope Christie, UW-Parkside

ALL-GLVC SECOND TEAM

Porsche Jackson, Indianapolis
Sarah Zarembo, Missouri S&T
Alexis DeJean, St. Joseph's
Courtney Kuzmicz, Indianapolis
Holly Bartelt, Southern Indiana
Allison Shafer, Southern Indiana

Krista Leffers, Indianapolis
Melissa Nilles, UW-Parkside
Jamie Moline, Missouri S&T
Lydia Thompson, St. Joseph's
Hillary Griffith, Missouri S&T
Lacy Williams, Southern Indiana
Adrienne Curtis, Southern Indiana
Kristen Geiger, Bellarmine
Christina Carrick, Indianapolis

For more information about the GLVC and each conference member, please visit
www.glvcsports.org.

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