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LEWIS' KUSTRA NAMED GLVC WOMEN'S OUTDOOR ATHLETE OF THE YEAR

INDIANAPOLIS – Lewis' Christine Kustra, a junior student-athlete from Cary, Ill., is the 2009 Great Lakes Valley Conference Women's Outdoor Track & Field Athlete of the Year. Kustra was named the award winner following the 2009 GLVC Outdoor Track & Field Championships held at the Michael A. Carroll Track & Field Stadium on the campus of IUPUI.

Kustra notched three first-place finishes at the event and also finished second in the long jump and third in the javelin throw. She claimed the triple jump with a winning mark of 11.18 meters. Kustra captured the 100-meter hurdles in a time of 14.94 seconds and also won the 400-meter hurdles in a time of 1:05.16.

Kustra, who was also named the GLVC Indoor Track & Field Athlete of the Year in 2009, headlines the 28-member GLVC Outdoor Track & Field All-GLVC First Team.

Joining Kustra on the team is Indianapolis' Kierra Allen who was also named the GLVC Outdoor Freshman Athlete of the Year. Allen, who claimed the same honor at the indoor meet, placed third in the 200-meter dash, finished second in 400-meter dash and sixth in the 800-meter run to gain valuable points for the Greyhounds.

Indianapolis head coach Scott Fangman was named the GLVC Women's Outdoor Track & Field Coach of the Year after leading the Greyhounds to the team title in 2009. Fangman, who was also named the Women's Coach of the Year during the indoor season, saw his team post 229 points at the outdoor championships to outdistance second-place finisher Lewis by 62 points.

Missouri S&T placed a league-best 11 athletes on the All-GLVC First and Second Teams, while Indianapolis has 10 athletes on the teams. The complete list of selections follows.

ALL-GLVC FIRST TEAM

Porsche Jackson, Indianapolis
Emily Schaf, Indianapolis
Taylor Hahn, Missouri S&T
Ashley Butler, Lewis
Christine Kustra, Lewis
Courtney Kuzmicz, Indianapolis
Amy Schmitz, Indianapolis
Kayla Murphy, Lewis
Andrea Horban, Indianapolis
Nichelle Curtis, Indianapolis
Aubry Moore, Missouri S&T
Katie Dewey, Indianapolis
Jessica Monson, UW-Parkside
Mary Ballinger, Southern Indiana

Cristin Samuels, Bellarmine
Sarah Baysden, Southern Indiana
Hillary Griffiths, Missouri S&T
Tamara McCaskill, Missouri S&T
Kendra Lewis, Missouri S&T
Lindsay Crutcher, Missouri S&T
Kierra Handley, Missouri S&T
Paige Kruse, Missouri S&T
Katie Hickey, Bellarmine
Kristen Geiger, Bellarmine
Kierra Allen, Indianapolis
Melissa Buche, Saint Joseph's
Carissa Martin, Bellarmine
Meghan Shagena, Bellarmine

ALL-GLVC SECOND TEAM

Allison Laird, Southern Indiana
Alexis DeJean, Saint Joseph's
Camila Aramburu, Bellarmine
Sarah Zaremba, Missouri S&T
Samantha Linck, Lewis
Heather Rourk, Indianapolis
Hope Christie, UW-Parkside
Kathryn Hague, Lewis
Michelle Ruff, Lewis
Whitney Olson, UW-Parkside
Tiffany Sawmiller, Saint Joseph's
Sadye Wichmann, Missouri S&T
Lydia Thompson, Saint Joseph's
Kacie Gamm, Bellarmine
Jamie Moline, Missouri S&T
Krista Leffers, Indianapolis
Christy Dixon, Southern Indiana
Lacy Williams, Southern Indiana
Erica Blythe, Saint Joseph's
Adrienne Curtis, Southern Indiana

For more information about the GLVC and each conference member, please visit
www.glvcsports.org.

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