January 9, 2004

REPORT FROM THE OFFICE OF THE PROVOST AND VICE PRESIDENT FOR ACADEMIC AFFAIRS

The following Undergraduate petition was approved by the Curricular Committee at the December 10, 2003:

Undergraduate New Course Petitions:

MS 299 Special Topics in Military Science  2 Cr. Hrs.
This course will focus on topics of special interest or current developments within the military science discipline. Subject matter will vary depending on the expertise of the assigned cadre. Requires reading, research, writing, and a formal briefing. Prerequisites: None.
Implementation Date: Spring, 2005.

The following Graduate petitions were approved by the Graduate Council on December 12, 2003.

Graduate New Courses:

BIOL 655 Environmental Issues  3 Credit Hours
Course Description: This course is designed to provide students a graduate-level review of key regional, national, and global environmental issues. Through current literature, foundational readings, discussion, and debate, students will look at a variety of environmental issues from multiple viewpoints and disciplinary perspectives.
Implementation Date: Summer I, 2004.

PED 593 Emotional Health of Children in Sport  3 Credit Hours
Course Description: Students will gain an understanding of the nature of emotional health principles and theory guiding successful youth development. Students will explore the nature of multiple dimensions of participation in sport, including fear, aggression, achievement, stress, parental involvement, drugs and addiction, and relationships, and gather various approaches to the resolution of common issues in youth sport.
Implementation Date: Fall, 2004.

SOCW 500 Special Topics in Social Work  3 Credit Hours
Course Description: This course will provide students exposure to a variety of selected topics of current interest and importance in social work. These topics will change with the interests of faculty and students.
Prerequisites: None.
Implementation Date: Spring, 2004.
The following undergraduate petitions will be discussed when the Curriculum Committee meets on January 27, 2004, from 9:00 – 10:30 a.m., in UC 215:

Undergraduate Course Modifications:

HP497 – Current Title: Ethical and Legal Issues in the Management of Health Services  3 Credit Hours
Proposed Title: Legal Issues in the Management of Health Services.

Current Description: This course provides the student an opportunity to examine and analyze common occurrences in the management of the healthcare system that are affected by laws, standards, and/or regulations; and which may call into question the ethical decisions leaders in healthcare organizations are frequently required to make. Particular emphasis will be placed on ethical business decisions. The role of ethics committees and institutional review boards will be addressed as they relate to both clinical decisions and the administration of healthcare facilities. No Prerequisites.

Rationale: As it exists, HP 497 provides students with a legal framework for management decision making in health care. The proposed course title change better reflects the course description and objectives. While ethical and legal concerns are often intertwined in the health care sector, a separate HP Group II elective course (HP 456 – Ethics and Health Care in a Pluralistic Society) emphasizes both ethical theories and practices.

Implementation Date: Fall, 2004.

PED395 – Curriculum Construction in Physical Education  3 Cr. Hrs.
Course Description: Planning programs, units, and lessons in physical education to achieve long- and short-term curriculum goals. Current Prerequisites: PED 200-level classes.

Proposed Course Prerequisites: GPA – 2.75, Passed PRAXIS I

Rationale: Students are required to pass the Pre-Professional Skills Test and maintain a 2.75 GPA to be admitted to the Teacher Education Program at USI. PED 392 – Activity Modifications for Special Populations, 3 hrs., PED 395 – Curriculum Construction in Physical Education, 3 hrs. and PED 396 – Teaching Physical Education, 3 hrs. are required classes that are designed specifically to prepare students to teach physical education. Establishing these prerequisites (2.75 GPA and passing the PPST test) for the teacher preparation classes in physical education will standardize the admissions process for teacher education. It will also better insure that students are moving through the established check points expeditiously. For example, students have been accepted into the teacher education program at approximately their 55th hour and have made application for student teaching one year (1) in advance of actual placement.

Implementation Date: Fall, 2004.

PED396 – Teaching Physical Education  3 Cr. Hrs.
Course Description: Examination of teaching styles as they relate to people of different ages and abilities, subject matter complexity, facility, and equipment availability. Students will plan, implement, and evaluate an activity program at the elementary, middle, or secondary school level. Prerequisites: PED395.

Proposed Course Prerequisites: GPA – 2.75, Passed PRAXIS I

Rationale: Students are required to pass the Pre-Professional Skills Test and maintain a 2.75 GPA to be admitted to the Teacher Education Program at USI. PED 392 – Activity Modifications for Special Populations, 3 hrs., PED 395 – Curriculum Construction in Physical Education, 3 hrs. and PED 396 – Teaching Physical Education, 3 hrs. are required classes that are designed specifically to prepare students to teach physical education. Establishing these prerequisites (2.75 GPA and passing the PPST test) for the teacher preparation classes in physical education will standardize the admissions process for teacher education. It will also better insure that students are moving through the established check points expeditiously. For example, students have been accepted into the teacher education program at approximately their 55th hour and have made application for student teaching one year (1) in advance of actual placement.

Implementation Date: Fall, 2004.
**Undergraduate Program Modifications:**

**Physical Education All Grade Major, (K-12) Program**

**Rationale:** The professional standards for teacher licensure in Indiana. Licensing Rules 2002, list specific performances, knowledge and dispositions physical education majors must demonstrate to be licensed to teach physical education. Upon review of the All Grade-K-12 major, faculty determined there are three areas that need greater attention. Those areas are fitness, early field experience, and pedagogy. Although there are minor changes in the major, the significant changes are the inclusion of a fitness course, greater pedagogical emphasis in activity based classes and field experiences at the elementary, middle and secondary school levels.

**PE All Grade Major K-12 (52 Hours)**

<table>
<thead>
<tr>
<th>Current Program Requirements</th>
<th>Modified Program Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED155 Dance Activities, 1 hr.</td>
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</tr>
<tr>
<td>PED162 Hiking &amp; Outdoor Education, 1 Hr.</td>
<td>PED162 - Hiking &amp; Outdoor Education, 1 Hr.</td>
</tr>
<tr>
<td>PED186 Wellness/Fitness Appraisal, 1 Hr.</td>
<td>$PED186 - Wellness/Fitness Appraisal, 1 Hr. (DELETE)</td>
</tr>
<tr>
<td>PED282 - First Aid, 2 Hrs.</td>
<td>*PED281 – Personal Health Science, 3 Hrs. (NEW REQUIREMENT)</td>
</tr>
<tr>
<td>PED291 - Motor Learning, 2 Hrs.</td>
<td>PED282 - First Aid, 2 Hrs.</td>
</tr>
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<td>PED292 - Rhythms, 2 Hrs.</td>
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<td>PED293 - Games of Low Organization, 2 Hrs.</td>
<td>PED292 - Rhythms, 2 Hrs.</td>
</tr>
<tr>
<td>PED294 - Techniques for Teaching Sports, 1 Hr.</td>
<td>#PED293 – Teaching Developmental Activities, 2 Hrs. (NEW TITLE)</td>
</tr>
<tr>
<td>PED296 - Self-testing &amp; Movement Fundamentals, 1 Hr.</td>
<td>PED294 – Teaching Team Sports, 2 Hrs. (NEW TITLE)</td>
</tr>
<tr>
<td>PED298 - Foundations of Physical Education, 3 Hrs.</td>
<td>#PED298 – Foundations in Physical Education, Sport &amp; Exercise Science, 3 Hrs. (NEW TITLE &amp; NEW REQUIREMENT)</td>
</tr>
<tr>
<td>PED299 - Field Experience in Phys. Educ., 1 Hr.</td>
<td>#PED299 – Field Experience in Elementary School Physical Education, 1 Hr. (NEW TITLE)</td>
</tr>
<tr>
<td>PED383 - Kinesiology, 3 Hrs.</td>
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</tr>
<tr>
<td>PED387 - Principles &amp; Application in Fitness Training, 3 Hrs. (NEW COURSE &amp; NEW REQUIREMENT)</td>
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<td>PED395 - Curriculum Construction in PE, 3 Hrs.</td>
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<td>PED396 - Teaching Physical Education, 3 Hrs.</td>
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</tr>
<tr>
<td>PED481 - Physiology of Exercise I, 3 Hrs.</td>
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</table>
Physical Education Major (7-12), 40 Hours Program

Rationale: The professional standards for teacher licensure in Indiana. Licensing Rules 2002, list specific performances, knowledge and dispositions physical education majors must demonstrate to be licensed to teach physical education. Upon review of the Physical Education Major for grades 7-12, faculty determined there are three areas that need greater attention. Those areas are fitness, early field experience, and pedagogy. Although there are minor changes in the major, the significant changes are the inclusion of a fitness course, greater pedagogical emphasis in activity based classes and field experiences at the elementary, middle and secondary school levels.

Physical Education Major (7-12), 40 Hours (40 Hours)

Current Program Requirements

PED155     Dance Activities, 1 hr.
PED162     Hiking & Outdoor Education, 1 Hr.
PED186     Wellness/Fitness Appraisal, 1 Hr.

PED282 - First Aid, 2 Hrs.
PED291 - Motor Learning, 2 Hrs.
PED296 - Self-testing & Movement Fundamentals, 1 Hr.

PED298 - Foundations of Physical Education, 3 Hrs.

PED383 - Kinesiology, 3 Hrs.

PED391 - Biomechanics, 3 Hrs.
PED392 - Activity Modification for Special Populations, 3 Hrs.
PED394 - Measurement & Evaluation in PE, 3 Hrs.
PED395 - Curriculum Construction in PE, 3 Hrs.
PED396 - Teaching Physical Education, 3 Hrs.
PED481 - Physiology of Exercise I, 3 Hrs.

Modified Program Requirements

PED155 - Dance Activities, 1 hr.
PED162 - Hiking & Outdoor Education, 1 Hr.
PED186 - Wellness/Fitness Appraisal, 1 Hr.

PED282 - First Aid, 2 Hrs.
PED291 - Motor Learning, 2 Hrs.

#PED294 – Teaching Team Sports, 2 Hrs.

PED298 – Foundations in Physical Education, Sport & Exercise Science, 3 Hrs.

PED383 - Kinesiology, 3 Hrs.

PED391 - Biomechanics, 3 Hrs.

PED392 - Activity Modification for Special Populations, 3 Hrs.
PED394 - Measurement & Evaluation in PE, 3 Hrs.
PED395 - Curriculum Construction in PE, 3 Hrs.
PED396 - Teaching Physical Education, 3 Hrs.
PED481 - Physiology of Exercise I, 3 Hrs.
Physical Education Major (40 Hours) Non-Teaching

Proposed Program Title: General Physical Education

Rationale: The 40 hour major in physical education is the oldest program in the department of physical education. Professional programs in physical education have become more specialized since its inception. Upon review of similar programs at other institutions, faculty in the department determined there were two areas that needed attention. These areas include courses that would provide a more common grounding in the discipline and areas of specialization that would appeal to diverse students’ interests. The major changes in the program include the inclusion of additional course work in physical education and a 12 hour specialization.

Current Program Requirements

PED186 - Wellness/Fitness Appraisal, 1 Hr.

PED282 - First Aid, 2 Hrs.

PED291 - Motor Learning, 2 Hrs.

PED296 - Self-testing & Movement Fundamentals, 1 Hr.

PED299 - Field Experience in Phys. Educ., 1 Hr.

PED383 - Kinesiology, 3 Hrs.

PED391 - Biomechanics, 3 Hrs.

PED392 - Activity Modification for Special Populations, 3 Hrs.

PED394 - Measurement & Evaluation in PE, 3 Hrs.

PED395 - Curriculum Construction in PE, 3 Hrs.

PED396 - Teaching Physical Education, 3 Hrs.

PED481 - Physiology of Exercise I, 3 Hrs.

PED491 – Organization & Administration of PE & Related Programs, 3 Hrs.

PED499 – Practicum, 3 Hrs.

PED111-199 - Select Specialty Classes, 7 Hrs.

General Physical Education (52 Hours)

Modified Program Requirements

SPED186 - Wellness/Fitness Appraisal, 1 Hr.

*SPED281 – Personal Health Science, 3 Hrs. (DELETE)

PED282 - First Aid, 2 Hrs.

*SPED 283 - Field Experience in Exercise Science, 1 Hr. (NEW COURSE/NEW REQUIREMENT)

PED291 - Motor Learning, 2 Hrs.

$SPED296 – Self-Testing & Movement Fundamentals, 1 Hr. (DELETE)

#PED298 – Foundations in Physical Education, Sport & Exercise Science, 3 Hrs. (NEW TITLE)

#PED299 – Field Experience in Elementary School Physical Education, 1 Hr. (NEW TITLE)

PED383 - Kinesiology, 3 Hrs.

*PED 387 - Principles & Application in Fitness Training, 3 Hrs. (NEW COURSE & NEW REQUIREMENT)

$SPED391 - Biomechanics, 3 Hrs. (DELETE)

PED392 - Activity Modification for Special Populations, 3 Hrs.

PED394 - Measurement & Evaluation in PE, 3 Hrs.

PED395 - Curriculum Construction in PE, 3 Hrs.

PED396 - Teaching Physical Education, 3 Hrs.

PED481 - Physiology of Exercise I, 3 Hrs.

PED491 – Organization & Administration of PE & Related Programs, 3 Hrs.

*PED492 – Contemporary Issues in Sport and Exercise, 3 Hrs. (NEW REQUIREMENT)

PED499 – Practicum, 3-5 Hrs.

$SPED111-199 - Select Specialty Classes from 111-199, 7 Hrs.
PEDXXX - Electives, 9 Hrs.

* Add Specialty Area (Described below)

**Specialty Areas, 12 Hrs. (NEW REQUIREMENT) for Modified Program**

**CHOOSE ONE AREA –**

**BUSINESS:**
- MKTG 201 – Intro to Marketing, 3 Hrs.
- MKTG 313 – Services Marketing, 3 Hrs.
- MNGT 201 – Survey of Management, 3 Hrs.
- FIN 201 – Fundamentals of Finance, 3 Hrs. **OR**
- FIN 208 – Personal Finance, 3 Hrs.

**NUTRITION:**
- NUTR 376 – Principles & Application in Nutrition, 3 Hrs.
- NUTR 378 – Nutrition for Fitness & Sport, 3 Hrs.
- NUTR 415 – Dietary Supplements, 3 Hrs.
- NUTR 396 – Life Cycle, 3 Hrs.

**PSYCHOLOGY/SOCIOLOGY**
- PED 493 – Emotional Health of Children in Sport, 3 Hrs.
- SOC 231 – Social Problems, 3 Hrs.
- SOC 361 – Gender and Society, 3 Hrs.
- PSY 355 – Learning & Memory, 3 Hrs.

**GERONTOLOGY**
- SOCW 223 – Intro to Gerontology, 3 Hrs. **OR**
- GER 315 – Intro to Gerontology, 3 Hrs.
- GER 316 – Illness and Disease, 3 Hrs.
- GER 318 – Healthy Aging, 3 Hrs.
- ELECTIVE, 3 Hrs.

**FITNESS**
- PED 385 – Exercise Leadership, 3 Hrs.
- PED 484 – Exercise Testing & Prescription, 3 Hrs.
- NUTR 378 – Nutrition Fitness & Sport, 3 Hrs.
- ELECTIVE, 3 Hrs.

**TEACHING**
- PED 292 – Rhythms, 2 Hrs.
- PED 293 – Games of Low Organization, 2 Hrs.
- PED 296 0 Self Testing & Movement Fundamentals, 1 Hr.
- PED 299 – Field Experience in Elementary School Physical Education, 1 Hr. **OR**
- PED 301 – Field Experience in Middle/Secondary School Physical Education, 1 Hr.
- PED 392 – Activity Modifications for Special Populations, 3 Hrs.
- PED 395 – Curriculum Construction in Physical Education, 3 Hrs. **OR**
- PED 396 – Teaching Physical Education, 3 Hrs.

**SPORTS STUDIES (Suggested Curricular areas for future development.)**

<table>
<thead>
<tr>
<th>Marketing</th>
<th>Management</th>
<th>Legal Issues</th>
<th>Public Relations</th>
</tr>
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<tbody>
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</table>

* New Course # New Title $ Delete @ NEW NAME FOR PROGRAM

Implementation Date: Fall, 2004.
**Exercise Science Major (50 Hours)**

**Rationale:** The American Society of Exercise Physiologists published guidelines for the Accreditation of Undergraduate Programs in Exercise Physiology, 1997. Upon review of those guidelines faculty determined there are two areas in the exercise science program that need greater attention, fitness and early field experience. A fitness course and an early field experience class have been added to the exercise science program.

### Exercise Science Program (50 Hours)

#### Current Program Requirements

- PED143 – Aquatic Exercise, 1 Hr.
- PED182 – Weight Training, 1 Hr.
- PED183 – Aerobic Dance, 1 Hr.
- PED185 – Step Aerobics, 1 Hr.
- PED282 - First Aid, 2 Hrs.
- PED298 - Foundations in Physical Education & Sport, 3 Hrs.
- PED383 - Kinesiology, 3 Hrs.
- PED385 – Exercise Leadership, 3 Hrs.
- PED391 - Biomechanics, 3 Hrs.
- PED394 - Measurement & Evaluation in PE, 3 Hrs.
- PED481 - Physiology of Exercise I, 3 Hrs.
- PED483 - Physiology of Exercise II, 3 Hrs.
- PED484 – Exercise Testing & Prescription, 3 Hrs.
- PED499 – Practicum, 3-5 Hrs.
- PED493 – Emotional Health of Children in Sport, 3 Hrs., OR
- PSY365 – Motivation and Emotion, 3 Hrs.
- EDUC214 – Instructional Technology in Educ., 3 Hrs.
- EDUC465 – Computers in the Curriculum, 2 Hrs.
- BIOL121 – Anatomy & Physiology I, 3 Hrs.
- BIOL122 – Anatomy & Physiology II, 3 Hrs.
- BIOL176 – Nutrition, 3 Hrs. OR
- NUTR376 – Principles & Applications in Nutrition, 3 Hrs. OR
- NUTR378 – Nutrition for Sport and Fitness, 3 Hrs.
- MATH112 – Trigonometry, 2 Hrs.

* New Course  

**Exercise Science Major (54 Hours)**

#### Modified Program Requirements

- PED143 – Aquatic Exercise, 1 Hr.
- PED182 – Weight Training, 1 Hr.
- PED183 – Aerobic Dance, 1 Hr.
- PED185 – Step Aerobics, 1 Hr.
- PED282 - First Aid, 2 Hrs.
- *PED283 – Field Experience in Exercise Science, 1 Hr. (NEW COURSE & NEW REQUIREMENT)
- PED298 – Foundations in Physical Education, Sport & Exercise Science, 3 Hrs. (NEW TITLE)
- PED383 - Kinesiology, 3 Hrs.
- PED385 – Exercise Leadership, 3 Hrs.
- *PED 387 - Principles & Application in Fitness Training, 3 Hrs. (NEW COURSE & NEW REQUIREMENT)
- PED391 - Biomechanics, 3 Hrs.
- PED394 - Measurement & Evaluation in PE, 3 Hrs.
- PED481 - Physiology of Exercise I, 3 Hrs.
- PED483 - Physiology of Exercise II, 3 Hrs.
- PED484 – Exercise Testing & Prescription, 3 Hrs.
- PED499 – Practicum, 3-5 Hrs.
- PED493 – Emotional Health of Children in Sport, 3 Hrs., OR
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- EDUC214 – Instructional Technology in Educ., 3 Hrs. OR
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- BIOL121 – Anatomy & Physiology I, 3 Hrs.
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- NUTR376 – Principles & Applications in Nutrition, 3 Hrs. OR
- NUTR378 – Nutrition for Sport and Fitness, 3 Hrs.
- MATH112 – Trigonometry, 2 Hrs.

* New Course  

# New Title

Implementation Date: Fall, 2004.
Physical Education Minor

Rationale: The K-12 and 7-12 teaching majors in physical education have been revised; therefore, it became necessary to revise the physical education teaching minor. The changes in minor mirror those changes in the physical education teaching majors.

Physical Education Minor (24 Hours)

Current Program Requirements

PED186 - Wellness/Fitness Appraisal, 1 Hr.
PED282 - First Aid, 2 Hrs.
PED291 - Motor Learning, 2 Hrs.
PED296 – Movement Fundamentals, 1 Hr.
PED298 - Foundations in Physical Education, 3 Hrs.

PED383 - Kinesiology, 3 Hrs.
PED481 - Physiology of Exercise I, 3 Hrs.

Elementary School Emphasis (6 Hrs.)
PED292 – Rhythms, 2 Hrs.
PED293 – Games of Low Organization, 2 Hrs.
PED294 – Techniques for Teaching Sports, 2 Hrs.

Middle/Secondary School Emphasis (6 Hrs.)
PED155 – Dance Activities, 1 Hr.
PED162 – Hiking & Outdoor Education, 1 Hr.

PED100 Specialty Classes (4 Hrs.)

* New Course  # New Title

Implementation Date: Fall, 2004.

Physical Education Minor (30 Hours)

Modified Program Requirements

PED162 - Hiking & Outdoor Education, 1 Hr.

(NEW REQUIREMENT FOR ALL)

PED186 - Wellness/Fitness Appraisal, 1 Hr.
PED282 - First Aid, 2 Hrs.

#PED298 – Foundations in Physical Education, Sport & Exercise Science, 3 Hrs.

(NEW TITLE)
PED383 - Kinesiology, 3 Hrs.
PED395 - Curriculum Construction in PE, 3 Hrs.
PED481 - Physiology of Exercise I, 3 Hrs.

*BIOL121 - Human Anatomy & Physiology I, 3 Hrs.
*BIOL122 - Human Anatomy & Physiology II, 3 Hrs.

* These courses are prerequisite to PED 383 and PED 481.

Elementary School Emphasis (8 Hrs.)
PED292 – Rhythms, 2 Hrs.
#PED293 – Teaching Developmental Activities, 2 Hrs. (NEW TITLE)

Middle/Secondary School Emphasis (8 Hrs.)
PED155 – Dance Activities, 1 Hr.

#PED294 – Teaching Team Sports, 2 Hrs. (NEW TITLE)

*PED297 – Teaching Individual/Dual Sports, 2 Hrs. (NEW COURSE & NEW REQUIREMENT FOR MIDDLE/SECONDARY)

*PED387 – Principles & Applications of Fitness Training, 3 Hrs. (NEW COURSE/NEW REQUIREMENT FOR MIDDLE/SECONDARY)

$PED100 Specialty Classes (4 Hrs.) (DELETE)

$ Delete
Coaching Minor

**Rationale:** As the University of Southern Indiana has grown, so too has the list of courses available to students. Those courses that were not available at the time the coaching minor was developed are Nutrition for Fitness and Sport, Emotional Health of Children in Sport, Principles and Applications in Fitness Training. All one has to do is read the titles of these courses to understand their importance in preparing someone to work with children, young adults, adults, participants in sport and athletics. The current coaching minor is very scientific. The revision makes the minor more relevant to coaching.

### Coaching Minor (30 Hours)

#### Modified Program Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED381 – Care &amp; Prevention of Athletic Injuries</td>
<td>3</td>
</tr>
<tr>
<td>PED383 – Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>PED391 – Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>PED431 – Principles &amp; Problems of Coaching</td>
<td>3</td>
</tr>
<tr>
<td>PED481 – Physiology of Exercise</td>
<td>3</td>
</tr>
<tr>
<td>PED499 – Practicum in Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>EDUC202 – Education Psychology: Early</td>
<td></td>
</tr>
<tr>
<td><em>BIOL121 &amp; BIOL122 are prerequisites for PED 387 and PED 481</em></td>
<td></td>
</tr>
<tr>
<td>BIOL121 – Human Anatomy &amp; Physiology I</td>
<td>3</td>
</tr>
<tr>
<td>BIOL122 – Human Anatomy &amp; Physiology II</td>
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</tr>
</tbody>
</table>

**SELECT ONE (1) FROM THE FOLLOWING OFFICIATING CLASSES:**

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>PED232 – Baseball/Softball</td>
<td>1</td>
</tr>
<tr>
<td>PED234 – Volleyball</td>
<td>1</td>
</tr>
<tr>
<td>PED236 – Football</td>
<td>1</td>
</tr>
<tr>
<td>PED237 – Basketball</td>
<td>1</td>
</tr>
<tr>
<td>PED238 – Soccer</td>
<td>1</td>
</tr>
<tr>
<td>PED244 – Lifeguard Training</td>
<td>1</td>
</tr>
<tr>
<td>PED251 – Judging Gymnastics</td>
<td>1</td>
</tr>
<tr>
<td>PED285 – Track and Field</td>
<td>1</td>
</tr>
</tbody>
</table>

**SELECT ONE (1) FROM THE FOLLOWING COACHING CLASSES:**

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<tr>
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<td>PED437 – Basketball</td>
<td>2</td>
</tr>
<tr>
<td>PED438 – Soccer</td>
<td>2</td>
</tr>
<tr>
<td>PED441 – Swimming &amp; Diving</td>
<td>2</td>
</tr>
<tr>
<td>PED451 – Gymnastics</td>
<td>2</td>
</tr>
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<tr>
<td>PED244 – Lifeguard Training</td>
<td>1</td>
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<tr>
<td>PED251 – Judging Gymnastics</td>
<td>1</td>
</tr>
<tr>
<td>PED285 – Track and Field</td>
<td>1</td>
</tr>
</tbody>
</table>

**SELECT ONE (1) FROM THE FOLLOWING COACHING CLASSES:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED432 – Baseball/Softball</td>
<td>2</td>
</tr>
<tr>
<td>PED434 – Volleyball</td>
<td>2</td>
</tr>
<tr>
<td>PED436 – Football</td>
<td>2</td>
</tr>
<tr>
<td>PED437 – Basketball</td>
<td>2</td>
</tr>
<tr>
<td>PED438 – Soccer</td>
<td>2</td>
</tr>
<tr>
<td>PED441 – Swimming &amp; Diving</td>
<td>2</td>
</tr>
<tr>
<td>PED451 – Gymnastics</td>
<td>2</td>
</tr>
</tbody>
</table>
**Fitness Instructor Minor**

**Rationale:** The American College of Sports Medicine, the National Strength Training Association, Aerobics and Fitness Association and other certifying organizations have established certification standards for people who desire to become fitness instructors, aerobic instructors and personal trainers. Changes in the Fitness Instructor Minor are a reflection of those certification standards. Upon completion of the fitness instructor minor, students can sit for certifications from the organizations cited above and others not listed.

**Fitness Instructor Minor (25 Hours)**

**Current Program Requirements**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED186</td>
<td>Wellness/Fitness Appraisal, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED381</td>
<td>Care &amp; Prevention of Athletic Injuries, 3 Hrs.</td>
<td></td>
</tr>
<tr>
<td>PED382</td>
<td>First Aid and CPR, 2 Hrs. (NEW REQUIREMENT)</td>
<td></td>
</tr>
<tr>
<td>PED365</td>
<td>Exercise Leadership, 3 Hrs. (NEW REQUIREMENT)</td>
<td></td>
</tr>
<tr>
<td>NUTR378</td>
<td>Nutrition for Fitness and Sport, 3 Hrs. (NEW REQUIREMENT)</td>
<td></td>
</tr>
</tbody>
</table>

**SELECT THREE (3) FROM THE FOLLOWING:**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED141</td>
<td>Beginning Swimming, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED142</td>
<td>Advanced Swimming, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED181</td>
<td>Aerobics, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED182</td>
<td>Weight Training, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED183</td>
<td>Aerobic Dance, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED185</td>
<td>Step Aerobics, 1 Hr.</td>
<td></td>
</tr>
</tbody>
</table>

**Fitness Instructor Minor (33 Hours)**

**Modified Program Requirements**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED186</td>
<td>Wellness/Fitness Appraisal, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED282</td>
<td>First Aid and CPR, 2 Hrs. (NEW REQUIREMENT)</td>
<td></td>
</tr>
<tr>
<td>PED365</td>
<td>Exercise Leadership, 3 Hrs. (NEW REQUIREMENT)</td>
<td></td>
</tr>
<tr>
<td>NUTR378</td>
<td>Nutrition for Fitness and Sport, 3 Hrs. (NEW REQUIREMENT)</td>
<td></td>
</tr>
<tr>
<td>PED381</td>
<td>Care &amp; Prevention of Athletic Injuries, 3 Hrs. (DELETE)</td>
<td></td>
</tr>
<tr>
<td>PED383</td>
<td>Principles &amp; Applications in Fitness Training, 3 Hrs. (NEW COURSE/NEW REQUIREMENT)</td>
<td></td>
</tr>
</tbody>
</table>

**SELECT THREE (3) FROM THE FOLLOWING FITNESS RELATED ACTIVITY CLASSES:**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PED141</td>
<td>Beginning Swimming, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED142</td>
<td>Advanced Swimming, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED181</td>
<td>Aerobics, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED182</td>
<td>Weight Training, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED183</td>
<td>Aerobic Dance, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED185</td>
<td>Step Aerobics, 1 Hr.</td>
<td></td>
</tr>
<tr>
<td>PED199</td>
<td>Special Activities, 1 Hr.</td>
<td></td>
</tr>
</tbody>
</table>

* New Course/New Requirement  $ Delete
Undergraduate New Course Petitions:

PED 283 Field Experience in Exercise Science  
**Course Description:** The field experience will provide students with practical experience in a fitness facility. The students will learn the basic operation of a facility and have the opportunity to observe professionals at work. **Prerequisites:** 32 or more credit hours, and Physical Education, Exercise Science, or Health Professions major.

**Rationale:** Students preparing for careers in Exercise Science are limited to their understanding of the pragmatic aspects of this program. A field experience during the formative phase of the major will enlighten students about the duties of an exercise professional.

Implementation Date: Fall, 2004.

PED 297 Techniques for Teaching Individual – Dual Sports  
**Course Description:** Students will develop and teach learning activities illustrating transition used to link fundamental movements and individual/dual sports skills. Simple strategies, complex offenses, simple games, relays, lead up games, and sophisticated sports will be investigated. **No prerequisites.**

**Rationale:** Students will have the opportunity to build skill competence in selected individual and dual sports and develop a pedagogical base for teaching that is not always apparent in an activity class.

Implementation Date: Fall, 2004.

PED 301 Field Experience in Middle/Secondary School Physical Education  
**Course Description:** Guided laboratory experience in teaching physical education at the middle/secondary school level. **Prerequisite:** Sophomore status.

**Rationale:** The K-12 Major in Physical Education is for all grades. Currently the field experiences are at the elementary school level with only special needs at the middle/secondary levels. The function of this course is to provide limited hands-on teaching experience at the middle/secondary levels prior to student teaching.

Implementation Date: Fall, 2004.

PED 387 Principles and Applications in Fitness Training  
**Course Description:** Examine training methods, analyze correct techniques and error detection and the physical adaptation related to training. Design a long term training program based on scientific principles. Prepare for personal training certification. **Prerequisites:** BIOL 121 and BIOL 122.

**Rationale:** Certifying agencies in the field of Exercise Science require in depth preparation in fitness. Students need a thorough grounding in exercise prescription and program design for various populations of people.

Implementation Date: Fall, 2004.

PED 493 Emotional Health of Children in Sport  
**Course Description:** This course will review the concepts and principles associated with the emotional development of children, and the influence of sports, coaches, parents, and organized games on that development. **Prerequisites:** Must have completed 48 hours or consent of instructor.

**Rationale:** Many of the prospective graduates in Physical Education serve as advisors, coaches, or athletic coordinators in the school which they are employed. Having an understanding of the psychological and emotional processes that occur in children as they have the sport experience is essential in the ability to provide a
nurturing and positive environment for personal growth. This course will provide students the opportunity to explore a multitude of concepts involved in youth sport through readings, writing, discussion, and application of concepts. Currently a course of this nature does not exist in the department.
Implementation Date: Fall, 2004.