2009 NCAA DIVISION II MEN’S AND WOMEN’S CROSS COUNTRY CHAMPIONSHIPS PARTICIPANT MANUAL

Saturday, November 21, 2009
UNIVERSITY OF SOUTHERN INDIANA
University of Southern Indiana Cross Country Course
2009 NCAA Division II Men’s and Women’s Cross Country National Championships

University of Southern Indiana Championship Personnel

**Athletics Office**
- General Information (812) 464-1846
- FAX (812) 465-1129
- Web Address http://www.gousieagles.com

**Tournament Director/Game Management**
- Jon Mark Hall, Athletics Director (812) 465-7164 (W)
  (812) 471-2973 (H)
  (812) 760-0140 (C)
  jmhall@usi.edu

- Jay Newton, Asst. Athletics Director (812) 464-1841 (W)
  (812) 858-2797 (H)
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  sjnewton@usi.edu

- Maisha Palmer, NCAA Championship Manager (317) 917-6548 (W)
  (317) 614-5626 (C)
  mpalmer@ncaa.org

- Bruce Smith, PAC Supervisor (812) 465-1054

**Athletic Trainers**
- David Maldonado, ATC (812) 465-1298 (W)
  (812) 760-8278 (C)

- Becky McGinnis, ATC (812) 464-1955 (W)
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**Sports Information**
- Ray Simmons (812) 465-1622 (W)
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- Dan McDonnell (812) 465-1121 (W)
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**USI Men’s & Women’s Cross Country Coach**
- Mike Hillyard (812) 465-1232 (W)
  (812) 760-8307 (C)
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<th>Name</th>
<th>Region</th>
<th>Sports</th>
<th>Phone</th>
<th>Fax</th>
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<td>Ms. Sylvia Barnier</td>
<td>Central Region</td>
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<tr>
<td>Mr. Mike Mead</td>
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<tr>
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<tr>
<td>Ms. Kristene Kelly</td>
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<td><a href="mailto:kmkelly@st-aug.edu">kmkelly@st-aug.edu</a></td>
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<tr>
<td>Mr. Adam J. Siepiola</td>
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<tr>
<td>Mr. Jamie Moreno</td>
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<td>863/680-4122</td>
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<td><a href="mailto:jmoreno@flsouthern.edu">jmoreno@flsouthern.edu</a></td>
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<tr>
<td>Mr. Lou Andreadis</td>
<td>Midwest Region</td>
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<tr>
<td>Mrs. Kim Duyst, chair</td>
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<td>209/535-1449</td>
<td><a href="mailto:kduyst@csustan.edu">kduyst@csustan.edu</a></td>
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**Notes:**
- **Term Expires:** Indicates the expiration date of the committee member's term. 
- **Central Region:** Ms. Sylvia Barnier
- **Southeast Region:** Mr. Mike Mead
- **South Central Region:** Mr. Kirk Pedersen
- **Atlantic Region:** Ms. Kristene Kelly
- **East Region:** Mr. Adam J. Siepiola
- **South Region:** Mr. Jamie Moreno
- **Midwest Region:** Mr. Lou Andreadis
- **West Region:** Mrs. Kim Duyst
Schedule of Events

Thursday, November 19

Noon – 6:00 P.M. Course available for team practice USI XC Course

Friday, November 20

9:00 AM – 5:00 P.M. Course available for team practice USI XC Course

9:00 A.M. – 10:15 A.M. Final declarations and packet pick-up by coaches USI University Center-2nd floor; Carter Hall D

9:00 A.M. – Noon Team gifts distributed USI University Center-Carter Hall A, B, C

10:30 A.M. Mandatory Coaches and technical meeting USI University Center-Carter Hall D

Saturday, November 21

9:00 A.M. Course facilities open and spectators begin to arrive

11:45 A.M. Women’s participants check in on starting line

NOON Women’s Championship begins

12:45 P.M. Men’s participants check in on starting line

1:00 P.M. Men’s Championship begins

6:00 P.M. Championship Awards Banquet The Centre Exhibition Hall

Following Banquet – 11:00 P.M. Athletes’ Dance/T-shirt exchange The Centre Exhibition Hall
General Meet Information

**Race Date and Time:** Saturday, November 21, 2009
- Noon - Women’s Championship
- 1:00 - Men’s Championship

**Driving Directions:** [http://www.usi.edu/sports/xcc_championships/Driving.asp](http://www.usi.edu/sports/xcc_championships/Driving.asp)
- GPS address to campus: 8600 University Blvd. Evansville, IN 47712
- GPS address to course: 7560 Broadway Ave. Evansville, IN 47712

**Course Information:** [http://www.usi.edu/sports/xcc_championships/Maps.asp](http://www.usi.edu/sports/xcc_championships/Maps.asp)

**Entry:** Follow Entry procedures in the 2009 NCAA Cross Country Championships Handbook:

**Declarations:** Final Declarations must be made on Friday, November 20, from 9 a.m. to 10:15 a.m. in the USI University Center-2nd floor, Carter Hall D

**Mementos:** Team gifts will be distributed from 9 a.m. to Noon in the USI University Center-Carter Hall A, B, C.

**Coaches Meeting:** Mandatory coaches and technical meeting will take place at 10:30 a.m. in the USI University Center-Carter Hall D

**Site:** University of Southern Indiana Cross Country Course is on the campus of the University of Southern Indiana. For directions and other championship information go to: [http://www.usi.edu/sports/XCC_Championships/index.asp](http://www.usi.edu/sports/XCC_Championships/index.asp)

**Sports Medicine:** Athletic Training staff will be at the course during practice times on Thursday and Friday. The Athletic Training Room will be open on Thursday and Friday and the room is located on the first floor of the Physical Activities Center (PAC 119A).

**Banquet:** Saturday, November 21st at 6:00 p.m. at The Centre, Exhibition Hall

**Directions to The Centre:** Located on the corner of Locust Street and Martin Luther King, Jr. Blvd. in Downtown Evansville.
**Travel Directions:** From I-64 - Take US 41 South approximately 17 miles to the Lloyd Expressway Exit. Take the exit and turn to the right. Continue on the Lloyd Expressway to the Martin Luther King, Jr. Blvd. Exit. Take the MLK Blvd. exit and turn to the left, travel to the 5th stoplight which will be Locust Street. Turn left at the light and The Centre will be on your immediate right.

From Henderson and locations South of Evansville - Take US 41 North and take the Lloyd Expressway exit. At the exit turn to the left and continue to the Martin Luther King, Jr. Blvd. Exit. Take the MLK Blvd. exit and turn to the left, travel to the 5th stoplight which will be Locust Street. Turn left at the light and The Centre will be on your immediate right.

**Banquet Tickets:** Additional tickets will be $30.00. Contact the USI Special Events Office at 812-464-1930 or by email (hbliddle@usi.edu) for reservations.

**Awards:** Awards will be presented to the top four women’s and Men’s teams, along with the top fifteen runners form the Women’s and Men’s races at the Awards and Hall of Fame banquet Saturday.

**NCAA ACADEMIC RECOGNITION PROGRAM**

Beginning with the 2009-10 championships season, the NCAA has instituted an academic recognition award program, which is entitled the Elite 88. The award will be presented to the student-athlete with the highest cumulative grade-point average competing at the finals site for each of the NCAA’s 88 championships. Nomination forms will be sent at the end of October to all Director of Athletics, Faculty Athletic Representatives, Senior Compliance Administrators, Senior Woman Administrators and Sports Information Directors. For more information regarding this program or to receive a copy of the nomination form, please contact Mark Bedics, associate director of media coordination and championships at mbedics@ncaa.org or 317/917-6541. The submission deadline for nomination for the NCAA Division II Men's and Women's Cross Country Championships is Wednesday, November 18.

**NCAA Merchandise:** Official NCAA Merchandise will be available for purchase:
- **Friday,** 9:00 a.m. to 1:00 p.m. in USI Carter Hall
- **Saturday,** 10:00 a.m. to 2:00 p.m. at the USI Cross Country Course

**Spectator Admission:** Fans will be charged $5 per motor vehicle to park in the university parking lots. For parking information, see: http://www.usi.edu/sports/xcc_championships/Parking.asp

**Additional Information:** http://www.gousieagles.com/
Hotel Accommodations for the 2009 National Championships

**LaQuinta Inns & Suites**
8015 E. Division Street, Evansville, IN 47715
Telephone: 812/477-2677
Toll Free: 800/753-3757
*Rooms blocked for Double queen Non-smoking:*
  11/19 – 11/21: 25 rooms
  Group rate: $67.00/night
*Estimated miles: 13.1;  Estimated minutes: 22*

**Evansville Airport Marriott**
7101 Highway 41 North, Evansville, IN 47725
Telephone: 812/867-7999
Toll Free: 800/853-5728
*Rooms blocked for Non-smoking:*
  11/17 - 11/18: 50 rooms
  11/19 – 11/21: 100 rooms
  Group rate: $79.00/night
*Estimated miles: 12.98;  Estimated minutes: 20*

**Holiday Inn Conference Center**
4101 Highway 41 North, Evansville, IN 47711
Telephone: 812/424-6400
Toll Free: 888/465-4329
*Rooms blocked for Double Non-smoking:*
  11/19 – 11/21: 75 rooms
  Group rate: $60.00/night
*Estimated miles: 10.87;  Estimated minutes: 18*

**Holiday Inn Express (East)**
301 Circle Front Drive, Evansville, IN 47715
Telephone: 812/473-2500
Toll Free: 888/465-4329
*Rooms blocked for Double Non-smoking:*
  11/19—11/21: 15 rooms
  Group rate: $84.00/night
*Estimated miles: 13.13;  Estimated minutes: 22*
Fairfield Inn Marriott Evansville West
5499 Weston Road, Evansville, IN 47712
Telephone: 812/429-0900
Toll Free: 800/228-2800
Rooms blocked for Standard Double Non-smoking:
11/19 – 11/21: 54 rooms
Group rate: $70.00/night
Estimated miles: 3.04; Estimated minutes: 6

Comfort Inn East
8331 E. Walnut Street, Evansville, IN 47715
Telephone: 812/476-3600
Toll Free: 877/424-6423
Rooms blocked for Double Non-smoking:
11/19 – 11/21: 55 rooms
Group rate: $69.00/night
Estimated miles: 13.12; Estimated minutes: 22

Hilton Garden Inn Evansville
220 Eagle Crest Drive, Evansville, IN 47715
Telephone: 812/476-4000
Toll Free: 877/782-9444
Rooms blocked for Double Non-smoking:
11/19 – 11/21: 30 rooms
Group rate: $99.00/night
Estimated miles: 12.74; Estimated minutes: 21

Holiday Inn Express (West)
5737 Pearl Drive, Evansville, IN 47712
Telephone: 812/421-9773;
Toll Free: 888/465-4329
Rooms blocked for Double queen Non-smoking:
11/17—11/21: 24 rooms
Group rate: $79.95/night
Estimated miles: 2.53; Estimated minutes: 6

For more hotel listings:
Evansville Convention & Visitors Bureau
Telephone: 812/421.2200
Toll Free: 800/433.3025
NCAA DIVISION II CHAMPIONSHIPS CODE OF CONDUCT

Conduct Policy Statement

The NCAA expects each championship to exhibit an experience that represents the highest level of fair play and good sportsmanship. The NCAA and the NCAA Division II Championships Committee expect that student-athletes, coaches and administrators do their best to ensure participation in intercollegiate athletics promotes character development for all participants, enhances the integrity of higher education, and promotes civility; therefore championship events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values should be manifest not only in athletic participation, but also in the broad spectrum of activities associated with the championship event. Accordingly, the championships committee will take strong action in response to any form of misconduct by student-athletes, coaches and/or administrators during the entire championship. This includes criticism of officials and misconduct incident to the competition.

Misconduct

The championship handbook and NCAA Division II Manual Bylaw 31.02.3 defines misconduct as: “… is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law, occurring from the time the championship field is announced through the end of the championship that discredits the event or intercollegiate athletics.”

Expectations

Each games committee shall hold a pretournament meeting with the coaches of participating institutions to review and explain the policies related to misconduct (as defined in Bylaw 31.02.3). The Division II Championships Code of Conduct is to be part of the championship packet, and delivered to all institutional representatives attending the championship events.

If the act of misconduct occurs during the competition, under normal circumstances, the individual shall be allowed to complete the competition in which he or she is participating at the time of the incident. An administrative hearing shall be held at the conclusion of the day’s competition, during a break in the continuity of the championship (i.e., between rounds of a basketball tournament) when no competition is being conducted or at the conclusion of the championship. However, if the act of misconduct is so flagrant that it obviously violates the principles of fair play and sportsmanship, the games committee may immediately withdraw the student-athlete or institutional representative from the competition and conduct the hearing after this action. Other actions of misconduct shall be dealt with in a timely manner by the governing sports committee.
Expectations for Student-Athletes, Coaches and Administrators

• Cooperate and participate in game ceremonies, team meetings, community engagement and championship ceremonies.
• Discuss misconduct and possible consequences with all members of the travel party.
• Have an administrator or designee present at all competitions.
• Communicate issues and concerns in an honest and timely manner with NCAA staff.
• Follow team, university and NCAA guidelines throughout all championship-related activities.
• Be respectful of other participants, spectators, coaches, administrators and other individuals at the championship site.
• Abide by state and federal laws, and facility requirements throughout the championship event.
• Display acceptable behavior on and off the playing field to ensure a positive experience for all participants.

Possible Penalties for Misconduct

In accordance with Bylaw 31.1.8.3, the governing sports committee (or the games committee authorized to act for it) may impose any one, or a combination of the following penalties on an institution or any student-athlete or representative of an institution guilty of misconduct that occurs incident to, en route to, from or at the locale of the championship event. The penalties include, but are not limited to:

• Public or private reprimand of the individual;
• Disqualification of the individual from further participation in the NCAA championship involved and/or banishment of the individual from participating in one or more subsequent championships of the sport involved;
• Cancellation of payment of the Association’s travel guarantee to the institution for the individuals involved;
• Withholding of all or a portion of the institution’s share of revenue distribution;
• Banishment of the institution from participation in one or more subsequent championships in which its team in that sport otherwise would be eligible to participate;
• Disqualification of an institution for a period of time from serving as host institution for one or more NCAA championships; and/or
• Cancellation of all or a portion of the honorarium for hosting an NCAA championship.

Participation in an NCAA championship is an accomplishment and it is expected that individuals and teams are committed to ensuring that the championship is a positive experience for all participants, fans and volunteers. Participation in these championship events is a privilege for the student-athletes, coaches and administrators and should be treated as such. Again, congratulations to you and your team. We hope this year’s championships experience is one that you will cherish for years to come.
As a member of the official travel party, I certify that all NCAA rules pertaining to the Division II Championships Code of Conduct have been read. I agree to abide by the expectations set forth and understand the possible penalties for misconduct.

Sport: ____________________________ Institution: __________________________
Round: ___________________________ Site: _______________________________

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Head Coach Signature ___________________________ Date _____________

SAAC Team Representative's Signature ___________________________ Date _____________

Sport Supervisor (Director of Athletics or Designee) ___________________________ Date _____________