

Are you providing caregiving support for a loved one?



LIVE: Online Care Partner Support Group

For People Caring for Someone Living with Dementia

Led by an Experienced Support Group Leader

Weekly Topics:

1. Understanding and Accepting Dementia
2. Common Brain Changes and Supportive Techniques
3. Sensory Changes - Increasing Awareness and Understanding Impact
4. Person-Centered Problem Solving
5. Techniques to Reduce Distress

Sessions Include:

- Video clips featuring Teepa Snow
- Interactive activities and discussions
- Post-session resources

Please Know:

- Sessions will be facilitated using Zoom; you must use a device with a camera and a microphone.
- Sessions will not be recorded to maintain confidentiality

Fall 2025

Tuesdays

October 7-November 4

6-7:30 p.m. CT

**Register by
September 30, 2025**

Register Here:



SCAN ME!

**For more information, please contact Warda Alaisari at waalaisari_se@usi.edu
or visit [USI.edu/care-partner-support-group](https://usi.edu/care-partner-support-group)**

Supported by the Bronstein Center for Healthy Aging and Wellness