

Thursday, August 7, 2025



7:30 – 8:15 a.m.	Registration and Light Breakfast
7:45 – 8:15 a.m.	Yoga
8:15 – 8:30 a.m.	Welcome and Introductions
8:30 – 10 a.m.	KEYNOTE with <i>Jeremy Holloway, PhD</i> Solutions to Isolation and Loneliness for Caregivers and Older Adults

Be sure to visit the Exhibit Hall to network with the businesses and organizations who are a part of this year’s MAIA!



10 – 10:30 a.m. BREAK * EXHIBITS OPEN

CONCURRENT SESSIONS 1 10:30 -11:30 a.m.	Medicare: What You Should Know <i>Susan Spilly</i> Room UC 2220	AARP’s HomeFit Program <i>Addison Pollock, MPA, and Linda Addleman, RN</i> Room UC 2205	SAGE (LGBTQ+) Creating Inclusive Communities <i>Sadiya Abjani</i> Room UC 2206	Alzheimer’s Association: Managing Money: A Caregiver’s Guide to Finances <i>David Henze</i> Room UC 2217	A Matter of Balance: Reduce the Fear of Falling <i>Kristin Hood, BS, and Shannon Epley</i> Room 2218
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11:30 – 12:30 p.m. LUNCH * EXHIBITS OPEN

CONCURRENT SESSIONS 2 12:30 – 1:30 p.m.	Ethics in 2025 <i>Douglas Hatler, MD</i> Room UC 2218	Safeguarding Against Fraud <i>Sgt. Nathan VanCleave</i> Room UC 2205	SAGE (LGBTQ+) Asking Inclusive Intake Questions <i>Sadiya Abjani</i> Room UC 2206	Reimagining Growing Old: From Aging to Sage-ing <i>David Dupper, PhD, MSW, CSL</i> Room UC 2220	Services for Aging Vets <i>Panel: Joel Matherly, Kevin Hinton, Laura McKee and Angie Adams</i> Room UC 2217
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1:30 – 1:45 p.m. BREAK * EXHIBITS OPEN

CLOSING PLENARY 1:45 – 3:45 p.m. Performance Center
CIVIC ENGAGEMENT FAIR 3:45-4:15 p.m. Theater Lobby

Join or Die Screening and Discussion
1:45-3:45 p.m. in the USI Performance Center
Join us for a screening of the Emmy-nominated Netflix documentary *Join or Die*, followed by a discussion with the film’s director on the decline of community connections and its impact on social isolation.

Civic Engagement Fair
3:45-4:15 p.m. in the Theater Lobby
After the discussion, connect with representatives from regional civic organizations to learn how you can get involved, volunteer or become a member.



Be social! #maiarocks

Friday, August 8, 2025



“Appreciate the reduced cost for retired persons and look forward to being present at future MAIA conferences.”

—Previous MAIA attendee



7:30 – 8:15 a.m.	Registration and Light Breakfast				
7:45 – 8:15 a.m.	Tai Chi				
8:15 – 8:30 a.m.	Welcome and Introductions				
8:30 – 10 a.m.	KEYNOTE with Aaron Blair, MD Chief Complaint: I Think I Have Dementia				
10 – 10:30 a.m.	BREAK * EXHIBITS OPEN				
CONCURRENT SESSIONS 1 10:30 -11:30 a.m.	Alzheimer’s Association’s Empowered Caregiver: Responding to Dementia-Related Behaviors <i>Jo Gilreath, MSW, LCSW</i> Room UC 2217	Guidance and Grace: Preparing LGBTQ+ Older Adults for End-of-Life <i>Sadiya Abjani</i> Room UC 2206	Information Technology- Cybersecurity Panel Discussion <i>Juzar Ahmed, Stacey Draper and Lance Woods</i> Room UC 2205	Indiana Adult Protective Services Overview <i>Pravy Nijjar, MPH</i> Room UC 2220	Sensational Drumming! How Drumming Can Help Us Access our Own Healing <i>Cody Remaklus, GCFP, MFA</i> Theater Lobby
11:30 – 12:30 p.m.	LUNCH * EXHIBITS OPEN				
CONCURRENT SESSIONS 2 12:30 – 1:30 p.m.	Understanding Medicare for Streamlined Patient Care <i>Cheryl Daugherty</i> Room UC 2205	Trudging Thru the Muck: Resiliency Revisited <i>Katy Adams, LCSW, LCAC</i> Room UC 2206	Eat, Move, Thrive: Empowering the Elderly through Diet and Exercise <i>Urska Dobersek, PhD, LMHCA, CMPC</i> Room UC 2220	Self-Care at Work for Healthy Aging <i>Jo Gilreath, MSW, LCSW</i> Room UC 2217	Empowerment Through Jumping: An Awareness Through Movement® Lesson from The Feldenkrais Method <i>Cody Remaklus, GCFP, MFA</i> Theater Lobby
1:30 – 1:45 p.m.	BREAK * EXHIBITS OPEN				
CONCURRENT SESSIONS 3 1:45 – 2:45 p.m.	AARP: Prepare to Care <i>Addison Pollock, MPA, and Donna Weaver, BS</i> Room UC 2205	Ageism: Shaping Perceptions of Aging <i>Laura Holscher, MS, BS, and Stacey Kahre, MS, BS</i> Room UC 2206	Hospice and Palliative Care Differentiation <i>Karl Sash, MD</i> Room UC 2217	Trauma and Healing <i>Stephanie Hirsns, DNP, RN, LMHC, PMH-BC</i> Room UC 2220	The Grief Journey of Dementia: Learning to Live with Loss <i>Donna Kincheloe, DNP, RN</i> Room UC 2218
2:45 – 3 p.m.	BREAK * EXHIBITS OPEN				
3 – 4:30 p.m. CARTER HALL	CLOSING KEYNOTE with Faith Bresnan Roberts, MSN, RN, NEA-BC From Wedding Rings to Nose Rings: Generational Differences				

Be social! #maiarocks

