

Ascension St. Vincent Evansville
Behavioral Health Services

Serenity Senior Behavioral Health



Behavioral Health

Overview of Behavioral Health Services

- Adult Acute Inpatient Psychiatric Services
- Senior Acute Inpatient Psychiatric Services – Serenity Unit
- Electroconvulsive Therapy Service (ECT)

Behavioral Health Overview

Statistics

- One in four families – about 61.5 million Americans has a family member who will experience a mental illness.
- One in seventeen – about 13.6 million – live with a serious mental illness.
- Depression and other emotional illnesses are a significant problem for older adults.
- National statistics show that one out of four older adults suffers from serious emotional difficulties related to aging.
- Depressed older adults have one of the highest risks of suicide in our society.

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

Serenity Unit

10-Bed Senior Behavioral Health Unit

Located on the 3rd floor of Ascension St. Vincent Warrick Hospital

Medical Providers include:

- Medical Director – Dr. Anjum Ashraf
- Nurse Practitioner-Roseanna Parkhurst-Gatewood, FNP, PMHNP

“I’m so happy that I called St. Vincent Serenity Unit. They gave me back my mother.”

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

Program Description

- Based on the results of the multi-disciplinary evaluations, the staff develop a comprehensive treatment plan. Treatment focuses on behavioral health needs and teaches new ways to cope with the illness.
- Admissions are accepted 24-hours a day.
- Our location is a secure, locked environment and provides patients complete access to a full range of hospital and psychiatric care with 1 adult psychiatrist and FNP/PMHNP support services.

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

- Individuals experiencing severe behavioral health symptoms and those who may have thoughts of harming themselves or others, may benefit from inpatient care.
- The goal of inpatient hospitalization is to stabilize the crisis and provide a plan for the patient upon discharge.
- The average length of stay at Serenity is 10-14 days but may vary depending on the patient and their diagnosis.
- Patients may be admitted voluntary or involuntary.

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

We treat all types of behavioral and mental health conditions including but not limited to:

- Anxiety and Depression
- Bipolar Disorder
- Domestic, Emotional, or Sexual Abuse
- Mood and Neurocognitive Disorders
- Post-traumatic Stress Disorder (PTSD)
- Psychotic Disorders
- Schizophrenia
- Self-harm

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

Treatment Services:

- 24-hour Behavioral Health Monitoring and Supervision
- Behavioral Health Diagnostic Assessment and Evaluation
- Medication Stabilization and Management
- Individual and Group Therapy
- Activity Therapy
- Patient and Family Education
- Pet Therapy
- Electroconvulsive Therapy (ECT)
- Discharge and Aftercare Planning

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

Patients participate in daily group therapy and activities. Examples of these include:

- Reminiscing
- Cognition Stimulating - word games, puzzles, memory games, riddles
- Social /Leisure
- Relaxation / Music
- Arts and Crafts
- Positive Affirmations
- Coping Skills
- Self Awareness / Self Disclosure
- Current Events (Done daily each morning - watch the news, discuss weather, etc)

Behavioral Health Services

Senior Acute Inpatient Psychiatric Services

Referrals come from a variety of sources including:

- Physicians and other health care providers
- Social workers
- Assisted living and skilled nursing facilities
- Home health
- Emergency department
- Social service agencies
- Family and friends
- Home

Patient information is gathered and reviewed by the Clinical Assessment Coordinator and sent to the medical director for approval. All admissions need medical clearance prior to being admitted to the unit.

Behavioral Health Services

Insurance Coverage

Serenity is in network with the following insurance plans:

- Medicare
- Medicare Replacement Plans
- Most Commercial Insurance including:
 - Anthem
 - Aetna
 - Humana
 - Cigna

We do not accept Medicaid.

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Behavioral Health Services

Questions & Answers

Contact:

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