

Julie Foodie

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Education

University of Southern Indiana (USI)

Bachelor of Science in Food and Nutrition

- Concentration: Dietetics

Evansville, IN
5/2022

Ivy Tech

- Core Classes

Evansville, IN
1/2019-5/2019

Licenses, Certifications and Trainings

- NFPE Training (Adult and Pediatrics) completed 9/17/2021
- ServSafe Certified completed 9/17/2020
- Basic Life Support/Red Cross issued 9/20/2020
- HIPAA Training/USI completed 8/25/2020
- OSHA Training/USI completed 8/25/2020

Employment

Bally's Evansville Casino

Server

- Develop rapport with a diverse range of customers generating repeat business
- Inform guests of menu items, garnishes, ingredients, and preparation methods for an enjoyable dining experience
- Collaborate with other servers, kitchen staff, and bussers to provide exceptional customer service
- Use proper ServSafe food handling practices

Evansville, IN
1/2019-Present

Deaconess Hospital

Food Service Representative

- Advised over 100 patients on therapeutic diets per shift with meal selection
- Processed 70-100 tube feeding and supplement orders from dietitians, nurses, PCT's, and doctors on a weekly basis
- Input diet orders into Nutritics, hospital's online catering system
- Assembled patient trays accurately and efficiently
- Delivered food to patient rooms in a timely manner, helped with tray setup and feeding when needed

Evansville, IN
12/2020-11/2021

Community Service

Patchwork Central

Hours Volunteered: 11 hours

- Prepare and deliver nutritious snacks one day per week for 25 elementary school children participating in after-school program

Evansville, IN
10/2020-Present

Softball Girls Cooking Class/USI

Hours Volunteered: 8 hours

- Prepared and standardized 3 recipes for cooking class for 20 college students
- Analyzed recipes for nutritional content
- Created educational materials and handouts for participants
- Led cooking demonstration using a hot plate and microwave

Evansville, IN
9/2021

- Sports Nutrition Sweat Study of Softball Girl Team/USI** Evansville, IN
9/2021
Hours Volunteered: 4 hours
 - Conducted individualized sweat study of 25 college students during one team practice
- Women, Infants, and Children (WIC) Clinic/Vanderburgh County Health Department** Evansville, IN
4/2021
Farmer's Market Hours Volunteered: 3 hours
 - Answered dietary questions at local WIC funded Farmer's Market
 - Led gardening activity in planting tomato seedlings for 6 children between 5 and 10-years old*Marketing Project Hours Volunteered: 4 hours* 4/2021
 - Made original bulletin board material for benefits of gardening
- Southwest Academy of Nutrition and Dietetics (SWIAND)** Evansville, IN
10/2020
Hours volunteered: 3 hours
 - Designed original education material for social media posts

Interprofessional Education

Nursing

- Educated 25 nursing students in estimating grams of carbohydrates in patient tray models
 - Asked nursing students to estimate grams of carbohydrates on their own, answered questions or provided insight on certain food items
 - Reviewed each item on the tray and provided the correct grams of carbohydrates

Respiratory Therapy

- Collaborated with 3 respiratory therapy students in a chronic obstructive pulmonary disease case study of a 50-year-old male patient with type 2 diabetes
- Created a dietary plan considering all health factors and financial constraints for food purchases

Job Shadow

- Memorial Hospital and Health Care Center** Jasper, IN
5/2021
Cardiology Department: 5 hours
 - Observed Nellie Nutrition, RDN meet with 4 patients about diet, appetite, and supplements
 - Reviewed patient charts and notes with the RDN
 - Offered online resources to family members of patient newly diagnosed with type 1 diabetes

Professional Memberships

- Academy of Nutrition & Dietetics 2021-Present
- Indiana Academy of Nutrition & Dietetics 2021-Present
- Southwest Indiana Academy of Nutrition & Dietetics 2021-Present
- Food & Nutrition Student Organization/USI 2021-Present
 - Secretary (elected) 2021-2022
 - Newsletter Committee Chair (appointed) 2021-2022

Honors and Awards

- University of Southern Indiana Dean's List 2020-Present
- Norris City Omaha Enfield High School FFA Scholarship 5/2015