SPRING 2011

# V11apse College of Nursing and Health Professions

# **Barbara Davis named USI Distinguished Professor**

Dr. Barbara A. Davis, professor of nursing, is the 2011 recipient of the Integra Distinguished Professor Award recognizing significant achievement in teaching, leadership, and service.

"Dr. Davis is most deserving of this recognition," said Dr. Nadine Coudret, dean of the College of Nursing and Health Professions, "She is an excellent teacher and

researcher who

motivates students to high levels of performance. She has been a major contributor to the development of our doctoral nursing program and the advancement of scholarship



in our college." Continued on page 2 Davis

# Conference addresses issues for successful aging

### Bill Thomas, Patch Adams among internationally known speakers

The fourth annual Mid-America Institute on Aging will feature four internationally known speakers and 24 breakout sessions of interest to older adults, family members, caregivers, healthcare professionals, social workers, employees working in long-term care settings, nursing home administrators, and case managers.

The conference, sponsored by the College of Nursing and Health Professions and the Southwestern Indiana Regional Council on



Aging, will be held August 11-12 in the

authority on elder care. He developed Eden Alternative, a model for cultural changes within nursing facilities, and the Green House

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Campinha-Bacote



Adams

# Alumni help pre-students explore career choices

More than 80 students considering careers in nursing and health professions heard 19 alumni present information about their chosen fields recently at a special event called Meet the Alumni.

The event was made possible by a Major as Home grant provided by the Office of the Provost. These grants are designed to build community.

Kristina Walker, admission and advising coordinator, invited alumni representing all 10 programs offered by the college to speak to "pre-students" (freshmen and sophomores preparing to apply for acceptance into a program). The evening was arranged so students could attend sessions offered by more than one professional, giving them an opportunity to learn about a variety of careers in health professions. The event also served to connect pre-students with faculty



Alumna and faculty member Heather Schmuck '01 '02 talks to students interested in radiologic technology. Matt Glaser '04, left, a clinical Hospital, also shared career information.

and fellow students interested in health-related careers. Research indicates that getting students involveded early in their college careers with their majors improves retention.

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# **Graduates prepared** for success

Alumni of the College of Nursing and Health Professions are in the workforce building their careers. Josh Bowman '09, is among many young graduates who are successfully putting the knowledge and skills from their college preparation to work.

#### Josh Bowman

Josh Bowman, age 23, recently was named administrator of Bethel Manor, a 63-bed nursing home in Evansville. The appointment brings him back to the facility he first knew as a USI student.

Bowman was a research assistant in a bladder scanner study conducted by the college's Center for Healthy Aging and Wellness. Bethel Manor participated in that study. He later completed an

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#### Dean's Notes



### Transformational partnerships lead to excellence

As Commencement nears, orientation for new students entering in fall semester has begun. Meeting with these high school students, I vividly recall conversations with our soon-to-be graduating students when they first arrived at USI. I am struck by the changes that have occurred during these students' study at USI.

What ingredients transform an

entering student to a high-functioning nursing/health professions graduate? High-ability, motivated students are important but not sufficient. Caring, competent faculty and staff are likewise important, but there is another essential requirement. The third critical ingredient is the integration and application of knowledge that can occur only in the clinical setting supported by the caregivers in those settings. This synergy of effort by students, faculty, and clinicians combines to prepare graduates who excel on their licensing/registration exam and who are the number-one choice of regional healthcare employers.

Three recent events attest to this triad of effort and achievement. In March, more than 100 healthcare professionals met with faculty from each of our programs to provide input and support for the program and the college's continuous quality-improvement efforts. The individual program advisory committee meetings were followed by a dinner and update about the University and college. Later in March, scholarship donors, students, families, and friends gathered at the college's annual Honors Day to recognize students' achievements, and to thank scholarship donors. The third related event was the selection of **Dr. Barbara Davis**, professor of nursing, as the 2011 Integra Bank Distinguished Professor. She represents the excellence of faculty in all our programs.

As we say farewell to our graduating students and greet entering students, I am proud to be a partner with faculty, donors, and clinicians in transforming high-ability, motivated students into competent, caring healthcare practitioners who are making a positive difference in the lives of their patients and contributing to the improved delivery of healthcare here and throughout the nation.

Madine A. Cou diet

Dr. Nadine A. Coudret

Dean, College of Nursing and Health Professions

#### **Davis**

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Davis has taught in the undergraduate and graduate nursing programs. She serves as mentor to five students who are completing capstone projects in the Doctor of Nursing Practice program. **Dr. Ann White,** associate dean, said Davis' mentorship has provided guidance in the successful implementation of projects that are "changing nursing practice."

Davis began her nursing practice in emergency care and has continued that interest in research. She is internationally known for development of the Consumer Emergency Care Satisfaction Scale (CECSS), a survey used to assess patient satisfaction with hospital emergency services. The tool has been tested in both urban and rural settings across the United States. She has led researchers from other countries to adapt it for their emergency settings. It is now used in Australia, Slovenia, New Zealand, and Sweden. In 2009, Dr. Anna Ekwall came to USI for a month-long collaboration that led to a scholarly publication detailing the standardization of the CECSS in Sweden.

Articles by Davis have been published in an array of professional journals. She has presented at national and international nursing conferences. She is a member of the editorial board of the Journal of Nursing Care Quality and serves four nursing journals as a peer reviewer. She is a site visitor for the Commission for Collegiate Nursing Education, the national accrediting body. She has served as a research consultant to area hospitals. Her service to the University includes membership on the Institutional Review Board, Promotions Committee, and Graduate Council.

Davis earned bachelor and master's degrees in nursing at the University of Kentucky and a doctorate in nursing at Texas Woman's University. She taught at Murray State University from 1982-90 and at Marshall University from 1990-2001. Relocating to her hometown of Madisonville, Kentucky, she joined USI in 2001. She plans to retire May 31.

"I have been in academia for 29 years. USI has been a wonderful place to wind up my academic career," she said. "It has been absolutely marvelous to work with the faculty, students, staff, and administration."

Faculty colleagues choose the recipient of the Distinguished Professor Award. Davis will receive a grant from Integra Bank and will select a student to receive a scholarship in her name next year. She will deliver the address at the fall Commencement in December.

#### Career choices

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**Jennifer Fehrenbacher '03 '05 '06** met with students interested in dental assisting and dental hygiene. "I think it was beneficial for them to hear honest opinions from people currently in the field rather than just reading about it," she said. "As alumni, we have all been in their place at one point."

Each program featured a panel of alumni, giving pre-students an opportunity to hear from professionals with a variety of career experience.

The grant also funded a Meet the Experts night in March when pre-students met students in their intended major who are nearing graduation.

Wendy Johnson, a senior in radiologic technology, entertained questions about the interview process required for acceptance into the program. "We can tell them what we went through when we were in their shoes," she said. "Unless they've applied for jobs, they don't have much experience with interviews."

In April, pre-students are invited to a Health Professions Boot Camp where they will have hands-on lab activities.

#### Mid-America Institute on Aging

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Project, a concept that focuses on a small intentional community of elders and staff. Thomas will deliver the keynote address on the first day of the conference.

- Kay Frances , author of *The Funny Thing about Stress*, will share her message on stress management on the opening day of the conference. A former professional stand-up comedian in New York, she returned to her native Ohio to become primary caregiver for her mother. Frances holds a master's degree in business administration.
- Dr. Josepha Campinha-Bacote, keynote speaker on day two, is founder of Transcultural C.A.R.E. Associates, a consultation service which focuses on issues in transcultural healthcare and mental health. Among her honors is the 2007 Article of the Year Award from The Journal of Psychosocial Nursing and Mental Health Services for her article "Becoming Culturally Competent in Ethnic Psychopharmacology."

• Hunter "Patch" Adams – medical doctor, clown, and social activist – has devoted 40 years to changing America's healthcare system. He believes that laughter, joy, and creativity are an integral part of the healing process. Williams will speak on day two. The 1998 movie "Patch Adams" starring Robin Williams, is based on his life.

Topics for breakout sessions will include aging and developmental disabilities, gardens and quality of life, legal issues, pet therapy, costs of caregiving in retirement, long-term care insurance, hearing loss, stress of caregiving, palliative care and hospice, incontinence, music therapy, and planning for secure retirement. Representatives of the Women's Institute for a Secure Retirement (WISER), a nonprofit organization, will present the two sessions on financial security in retirement—one for working professionals and the other for caregivers.

For information on registration and costs, call USI Outreach and Engagement at 812/464-1989 or 800/467-8600 or visit health.usi.edu and click on Continuing Education.

## Guest lecturer from Germany is expert on healthcare system



Johannes Grundmann speaks to USI students.

Students in health professions learned about the German system of universal healthcare this semester from **Johannes Grundmann**, a guest lecturer from the University of Applied Sciences in Osnabrück, Germany.

"We are comparing the U.S. system and the German system," he said. "Both have weaknesses, strengths, and opportunities. We both solve problems but in different ways. We learn what we can pick up from each other."

Grundmann's two-week visit was part of an ongoing exchange. **Dr. Brandon Eggleston,** USI assistant professor of health services/administration will teach international public health in Osnabrück for the second consecutive summer. Eleven students from the College of Nursing and Health Professions and one from the College of Business are registered to attend. **Dr. Kevin Valadares** taught in Osnabrück in November during a block week on special topics.

# Students survey readiness for community initiatives

Is Evansville ready to support initiatives that lead to more healthy living? Students will help answer that question by conducting interviews and surveys for the Welborn Foundation program "Blueprint: A Community's Movement Toward Healthy Lifestyles."

Students will gather data related to the Complete Streets initiative that roadways be designed for all users; a farmer's market in the Glenwood neighborhood; and the Safe Routes to School Project. The data will be scored using a model to determine Evansville's readiness for a healthier lifestyle.

**Dr. Ethel Elkins** and **Jeanne Melton**, instructors in health services, will lead the project. On behalf of Vanderburgh County, Welborn received a grant from the Communities Putting Prevention to Work Program, funded by Health and Human Services, to advance its Blueprint program.

### Nursing/social work collaboration to improve care transition for patients with heart failure

Nursing and social work students are collaborating in a program designed to reduce hospital readmission rates for patients with heart failure.

Students are paired with patients at The Heart Hospital at Deaconess Gateway to provide counseling before the patient is discharged and a follow-up home visit and/or phone calls for 30 days. Nursing students in a course taught by **Dr. Renee Dugger,** instructor in nursing, began the program last year. Social work students joined this year to provide additional resources for the patient.

The Centers for Medicare and Medicaid Services selected Evansville as one of 14



Dr. Renee Dugger, left, reviews patient files with social work student Sabrina Smith, center, and nursing student Heather White.

communities nationwide for a pilot care-transitions program using a model developed by **Dr. Eric Coleman** to ensure a patient's successful transition to self-management at home. The model includes medication self-management, keeping a personal health record, timely follow up, and knowledge of red flags that indicate a worsening in condition. Health Care Excel, a consulting company in Terre Haute, Indiana, coordinates the area program.

Mary Jane Swartz, instructor in nursing, is collaborating on the study with The Heart Hospital as her capstone project in the Doctor of Nursing Practice program.

# Dental Assisting and Dental Hygiene

#### New certificate programs

The dental assisting and dental hygiene programs have developed three certificate programs in response to changes in Indiana laws that provide new practice opportunities. Dental assistants are now permitted to do coronal polishing and apply fluoride products. Dental hygienists are able to administer local anesthetics. Individuals who perform these procedures must receive formal education and certification. The new certificate programs address these educational and certification requirements. The courses will include an online component of lectures, video, and examinations, and a clinical component to provide practice of the techniques. Check the calendar on page 8 of this newsletter for dates. More information is available at health.usi.edu.

# Diagnostic Medical Sonography

#### Students credentialed

All students in the 2011 class for diagnostic medical sonography have passed the Sonography Principles and Instrumentation exam administered by the American Registry for Diagnostic Medical Sonography. In addition, Lea Schuch, Jessica Zimmerman, Jill Schmitt, Jamie Swartzentruber, Trisha Hooper, Emily Stute, and Kendra Tenbarge have passed the abdomen specialty exam.

Randi Ross and Emily Stute have passed the specialty exam in obstetrics and gynecology. Successful completion of the principles exam and a specialty exam results in the student being credentialed as a diagnostic medical sonographer prior to graduation.

# **Food and Nutrition**

#### New dietetics graduates

The first six students to complete the dietetics track of the food and nutrition program will graduate in May. These students are applying for internships throughout the country. Students must complete a 1,200-hour supervised practice program before taking the national registration exam.

#### Food access

Students in a community nutrition class are studying the availability of fruits and vegetables in selected areas of the Evansville community. Students also will assess the quality of available fruits and vegetables and the cost. The study is supported by the Welborn Foundation as part of its program called "Blueprint: A Community's Movement Toward Healthy Lifestyles." A priority of the Welborn initiative is that healthy, fresh, and locally grown food be available, affordable, and accessible throughout the community.

# Health Services/ Administration

#### Health informatics

Dr. Kevin Valadares, program director for the health services/administration program, served in February on an academic panel discussing health informatics education at the annual meeting of the Health Information Management Systems Society in Orlando, Florida. Along with representatives of USI's Office of International Programs and Services, he will present a poster entitled "The Real Faces of Iraq: Iraqi Young Leaders Exchange Program at the University of Southern Indiana" in May at the annual conference of NAFSA: Association of International Educators. The meeting is in Vancouver, British Columbia.

# Clinical simulation room equipped for geriatrics

Chantal Dash, a senior in the BSN program, examines the new geriatric clinical simulation room that provides experiences to better prepare nursing students to meet the healthcare needs of the elder population. The room was established and equipped with a grant of approximately \$206,000 from the Health Resources and Services Administration.



# **Nursing**



Junior BSN students Katie Adams, left, and Heather White, draw blood for a cholesterol screening at the health fair for senior adults.

#### Health fair for older adults

Approximately 25 senior adults in New Harmony, Indiana, recently attended a health fair organized by 10 students taking a nursing course on elders and families. Respiratory therapy, occupational therapy assistant, and social work students also assisted. Participants learned about fall prevention, safe lifting, joint protection, energy conservation, exercise, nutrition, and medication. Free cholesterol, blood pressure, blood sugar, body mass index, and vision screenings were available.

Students surveyed participants about steps to ensure people in the area get appropriate healthcare. New Harmony has no doctor.

#### Policy summit in D.C.



At the Hart Senate Office Building are, from left, Janet Oakley, Angie Johnson, Jane Swartz, Gina Woody, Andrea Paulnitz, Kasey Spicer, and Dr. Nadine Coudret.

Seven students recently attended the second annual Student Policy Summit sponsored by the American Association of Colleges of Nurses in Washington, D.C. The meeting focused on the importance of policy engagement for future nursing leaders. Participants accompanied Dr. Nadine Coudret and other Indiana nursing deans on visits with members of Congress. Representing USI were Marian Smith, Angie Johnson, Gina Woody, Jane Swartz, and Janet Oakley of the Doctor of Nursing Practice program and Andrea Paulnitz and Kasey Spicer of the undergraduate nursing program.

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#### **FACULTY NOTES**

Dr. Ethel A. Elkins, instructor in health services, has completed a Doctor of Health Science degree from Nova Southeastern University in Ft. Lauderdale-Davie, Florida.

Dr. Mary K. Arvin, instructor in the occupational therapy assistant program, has completed a Doctor of Occupational Therapy degree from the University of St. Augustine for Health Sciences.

Dr. Jeri Burger, Dr. Kathy Riedford, and Dr. Mayola Rowser will be promoted from assistant professor to associate professor of nursing, effective August 16. The USI Board of Trustees also approved tenure for them.

Dr. Maria R. Shirey, associate professor of nursing, will receive the 2011 Lifetime Membership Award from the American Association of Critical-Care Nurses at the organization's annual National Teaching Institute and Exposition. The conference will be held April 30-May 5 in Chicago.

Shirey and eight students in the Doctor of Nursing Practice cohort that will graduate in May are co-authors of the article "Showcasing differences between quality improvement, evidence-based practice, and research" in the Journal of Continuing Education in Nursing. The doctoral students are Sheila Hauck, Jennifer Embree, Tracy Kinner, Gina Schaar, Lori Phillips, Shelley Ashby, Connie Swenty, and Belle McCool. The article is available online in advance of print publication. In addition, the article, "A nursing sabbatical in the acute care setting: what is the evidence?," by Shirey, Schaar, Phillips, Embree, and McCool has been accepted for publication in a forthcoming issue of Nursing Forum. Kinner, Schaar, and Swenty are members of the college's nursing faculty as well as being DNP students.

Connie Swenty and Jennifer Titzer, instructors in nursing, have been selected to participate in the Health Information Technology Scholars (HITS) Program, sponsored by the Health Resources and Services Administration. They recently attended a HITS workshop hosted by Johns Hopkins University School of Nursing.

Kimberly Bastin, program director for the dental assisting program, is president of the Indiana Dental Assistants Association for 2011-12. She is secretary of the Kentucky Dental Hygiene Association.

Emily Holt, assistant professor of dental hygiene and dental assisting, is the author of "Oral Cancer Screening for Women Recovering from Addictions: The Multifaceted Impact of Service Learning," published in November 2010 in Access, a dental hygiene journal.

# Bob Hooper to retire after 29 years with University

When Robert W. Hooper reflects on his 29 years with the University of Southern Indiana, his mind goes first to the many graduates of the respiratory therapy program. He enjoys seeing them and hearing about them as they go on to develop their careers in the Tri-state and beyond. One former student, Sherry Barnhart '78, is immediate past president of the National Board for Respiratory Care.



Hooper

Hooper is assistant professor of respiratory therapy and program director for the respiratory therapy program. He taught at Deaconess Hospital in Evansville from 1970 until 1982, when the respiratory care program relocated from there to the University. Hooper is on sabbatical this semester. His retirement will be effective July 31.

Dr. Nadine Coudret, dean of the college, said, "Bob Hooper's leadership for the respiratory therapy program has provided students with an excellent preparation for their practice and positioned the respiratory therapy program for further growth and achievement. His commitment and caring for students and his support for faculty colleagues

were appreciated by all of us who had the privilege of working with him." In retirement, Hooper plans to conduct historical research for Chandler

(Indiana) Cumberland Presbyterian Church, research family history, and fish.

# Help strengthen the College of **Nursing and Health Professions**

Your gift to the College of Nursing and Health Professions strengthens programs and provides support for students and faculty.

Apply my gift in the following way.
(You may choose more than one.)  □ College of Nursing and Health Professions
(where the need is greatest)
□ Dental Assisting/Dental Hygiene programs
□ Diagnostic Medical Sonography
☐ Food and Nutrition program
□ Nursing programs
☐ Health Services/Administration programs
□ Occupational Therapy programs
□ Radiologic and Imaging Sciences
<ul><li>Respiratory Therapy program</li><li>Nursing Alumni Scholarship</li></ul>
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A contribution of \$25 or more to any USI Foundation fund makes graduates active members of the USI Alumni Association.

To learn more, visit www.usi.edu/foundation. ⊂ √ynapse

Jennifer Tornatta '05, advanced practice nurse/clinical manager at Rush University Medical Center in Chicago, is one of two nurses selected as the 2010 Nurse of the Year by the Leukemia Research Foundation, based in Wilmette, Illinois. The award recognizes the contri-



Tornatta

butions of hematology-oncology nurses to patient care. Nominations come from hospitals, doctors' offices, and clinics throughout Illinois and parts of Wisconsin and Indiana. Tornatta earned degrees in nursing and health

services at USI and a master's degree in nursing from Indiana University.

Holly Yowler M.S.N.'05 recently received the President's Award for Excellence in Instruction for Region 11 of Ivy Tech Community College. She has taught for 20 years at the campus in Madison, Indiana.

Dan King '10 is one of 64 nurses in the adult critical care track of the year-long Nurse Residency Program at Vanderbilt University Medical Center. His cohort began the program in summer 2010.

The residency program helps newly hired nurse graduates transition into the

role of professional nurse. More than 800 recent nurse graduates applied last year for the program, which includes five tracks for adult care and one for pediatric care. After seven weeks



King

in a combination of classroom and clinical rotations, King was matched to the trauma unit, where he now holds a full-time position while continuing to work with unit-based preceptors, coaches, and mentors.

"The nursing program at USI made me competitive with students from across the country," said King, a former USI cheerleader. "USI nursing faculty, including Tracy Kinner, influenced my desire to work in critical care."

#### Around the College

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# **Occupational Therapy**



Dr. Barbara Williams, second from left, and occupational therapy students helped children in Honduras with fine motor skills and visual perceptual and visual motor skills that will improve their ability to use the computer. USI students pictured are Kelly Gleason, Jordan Danks, Kristen Carden, Megan Snyder, and Katie Niehaus.

#### Fieldwork in Honduras

Five students in the occupational therapy program recently provided services to children at Faith Home, an orphanage in San Pedro Sula, Honduras.

"We are placing a strong emphasis on presenting students with an international perspective on our profession and an understanding of how therapists work in a variety of settings," said **Dr. Barbara Williams,** program director for the occupational therapy program. She accompanied the students.

Williams identified the need for occupational therapy services at the orphanage on a mission trip in 2010. The students worked with children that had developmental delays or physical impairments that affect their performance in school. When school was not in session, the USI students helped with construction of a new building for the compound.

Williams said the students had the opportunity to experience a different culture and personally examine cultural implications to occupational therapy practice.

#### Calling all alumni

Send news along with your degree and year of graduation, major, address, phone number, current position, and employer to dgutley@usi.edu.

# Occupational Therapy Assistant

#### Life skills

Students in the occupational therapy and occupational therapy assistant programs teach life skills to individuals at the Vanderburgh County Corrections Facility each semester. A recent presentation on nutrition included information on every food group, games related to the number of calories in a variety of fast foods, and a snack of "walking nachos." Students also have presented game nights and craft activities ranging from decorating picture frames to making soap. The instruction encourages positive and meaningful ways to use leisure time.

#### New class

Thirty students have been selected to begin the occupational therapy assistant program in the fall.

# Radiologic Technology

#### **PACS**

Students are using a new picture-archiving and communications system (PACS) like those available in area hospitals and clinics. A computed radiography reader (scanner) reads the images and allows them to be transferred to the PACS. Images can be retrieved and brought up on the computer for use in PowerPoint presentations or other classroom activities. The PACS is an advanced image processing application. Students benefit when their lab work involves the equipment and applications they will use in future jobs. A table also has been purchased for simulation on which students practice positioning patients as if they were in a clinical setting.

# **Respiratory Therapy**

#### Clinical sites

Since joining the college in February, **Wesley Phy**, interim program director for the respiratory therapy program, has been visiting clinical sites to get acquainted with the individuals and organizations that provide learning experiences for respiratory therapy students. These sites include Deaconess Hospital, St. Mary's Medical Center, and Select Specialty Hospital in Evansville; Methodist Hospital in Henderson, Kentucky; and Owensboro Medical Health System in Owensboro, Kentucky.

# **Appointments**

Karen Jones, director of special projects, oversees the college's certificate programs that grant continuing education credit. She was most recently chief executive officer of Ohio Valley Heart Care, an Evansville medical practice. Jones earned bachelor's and master's degrees in nursing from the University of Evansville.

Kimberly M. Parsons '01 '02, formerly an adjunct instructor, is assistant professor of dental assisting and dental hygiene. She was an instructor in the dental hygiene program at Mesa Community College from 2006-08. She completed associate and bachelor's



Phy



Jones





**Parsons** 

Theuri Woodburn

degrees at USI and a master's

degree at Northern Arizona University.

Wesley Phy, interim program director for the respiratory care program, was most recently a staff respiratory therapist at Owensboro Medical Health Systems. He also has been associated with Vanderbilt University Medical Center, Volunteer State Community College, the Tennessee Department of Development Disabilities, Health Corporation of America, St. Thomas Medical Group, all in Tennessee; and Methodist Hospital in Henderson, Kentucky. He earned an undergraduate degree from Trevecca Nazarene University.

Dr. Serah W. Theuri, assistant professor of food and nutrition, was previously an assistant professor in clinical nutritrion at Zayed University in the United Arab Emirates. She also has taught at the University of Phoenix in Cincinnati, Ohio, and Northern Kentucky University. In 2001, she was a sensory scientist at Givaudan Flavors in Cincinnati. Theuri earned a bachelor's degree at Kenyatta University in Nairobi, Kenya; a master's degree at the University of Central Oklahoma; and a doctorate at Mississippi State University. She is a registered dietitian.

Michelle Woodburn, assistant director of special projects, was a physical therapy assistant for Genesis Health Systems in Newburgh, Indiana, from 2004-10. She served previously as a firefighter and emergency medical technician for Wayne Township Fire Department in Indianapolis. Woodburn holds undergraduate degrees in physical therapy assistant and exercise science and a master's degree in public service administration from the University of Evansville.

#### Southwest Indiana Area Health Education Center

#### Academic outreach coordinator

Lifestyle changes for diabetes prevention

Jessica DeLorenzo has joined the Southwest Indiana Area Health Education Center (SWI-AHEC) as academic outreach coordinator. She was most recently student activities coordinator at Vincennes University Jasper. DeLorenzo earned a bachelor's degree at Rice University and a master's degree in human services administration from Louisiana State University-Shreveport. SWI-AHEC is hosted by the College of Nursing and Health Professions.



DeLorenzo

Janet Oakley, instructor in nursing, has received a SWI-AHEC grant to support a program that will help Latino high school students understand how lifestyle changes can lead to the prevention of diabetes. She will work with adolescents at Nativity Catholic Church in Evansville. Students in nursing, nutrition, and occupational therapy will assist with the program. Partners include HOLA of Evansville and the Juan Diego Cultural Center at the church.

#### Prepared for success

continued from page 1

college's Center for Healthy Aging and Wellness. Bethel Manor participated in that study. He later completed an internship at the nursing home and, upon graduation from USI, a six-month administrator-in-training program that gave him experience in every department.

In January 2010, he was named director of admissions at North Park Nursing Center in Evansville where he continued to prepare for licensing exams.

After passing state and national exams to earn an administrator's license, he became residence director in March 2010 at Shields House, an assisted living facility in Seymour, Indiana, near his hometown of North Vernon. Shields House has 39 apartments and a staff of 17.

Staying in touch with administrator Brenda Goff at Bethel Manor, Bowman applied for her post upon learning that she had accepted another job. He returned to Bethel Manor in mid-February. The facility's 63 beds include an Alzheimer's unit. Bowman oversees a staff of approximately 80 members on a 28-acre campus.

"When I was here previously, I got attached to the staff and the residents and their families," he said. "I like working for a locally owned nonprofit Christian facility."

Bowman is the fourth administrator in Bethel Manor's 62-year history.



Bowman

"It's a great place," he said, because of the environment the administrators and staff have created in the past.

Bowman has recorded an interview with advice and information about becoming a nursing-

home administrator that Dr. Katie Ehlman, assistant professor of gerontology, will share with students in health services. He is a member of the college's advisory board for the Center for Healthy Aging and Wellness.

#### **Nursing and Health Professions Continuing Education**

#### **Workshops and Conferences**

17th Annual Case Management Conference, May 12

13th Annual Advanced Practice Nursing Symposium, May 13

Celebrating a Culture of Caring, May 18

Pulmonary Fibrosis Symposium, June 10

Fourth Annual Mid-America Institute on Aging, August 11 – 12

Eighth Annual Pharmacology Update for Advanced Practice Nurses, **September 30** 

Healing Touch Workshop, October 15-16

15th Annual Nursing and Health Professions Educator Conference, **October 19** 

Advanced Parish Nurse Fall Retreat, October 22

PEP Rally: A Perinatal Conference, October 26-27

Basic Preparation for Faith Community Nursing,

September 27-October 28 (Part 1: online instruction)

November 2-4 (Part 2: retreat setting)

**Customized programs:** For programs tailored to meet the specific needs of your organization, contact Peggy Graul, coordinator of Continuing Education, College of Nursing and Health Professions, University of Southern Indiana, pgraul@usi.edu or 812/465-1161.

#### Certificate Programs (Internet-delivered instruction)

Alzheimer's Disease Management, six weeks, begins **September 19**Anticoagulation Therapy Management, six weeks, begins **May 23**, **July 25, October 3** 

Case Management, six weeks, begins August 22

Clinical Simulation, four weeks, begins September 20

Coronal Polishing and Fluoride Application for Dental Assistants,

April 1-May 14 (lab, May 14); June 24-August 6 (lab, August 6)

Diabetes Management, six weeks, begins August 15

Health Promotion and Worksite Wellness, September 21-November 30

Heart Failure, five weeks, begins September 26

Hypertension Management, five weeks, begins August 1

Lipid Management, six weeks, begins September 12

Local Anesthesia for the Dental Hygienist,

July 1-August 12 (lab, August 13, 20-21);

January 3 - February 3, 2012 (lab February 4, 11 - 12)

Oncology Management, eight weeks, August 22

Pain Management, six weeks, begins August 8

Parish Nursing, six weeks, begins September 19

Telehealth for Home Health, begins September 12

Wound Management, six weeks, begins September 26

Registration information: health.usi.edu or 812/465-1148

For more information 812/464-1708 health.usi.edu

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