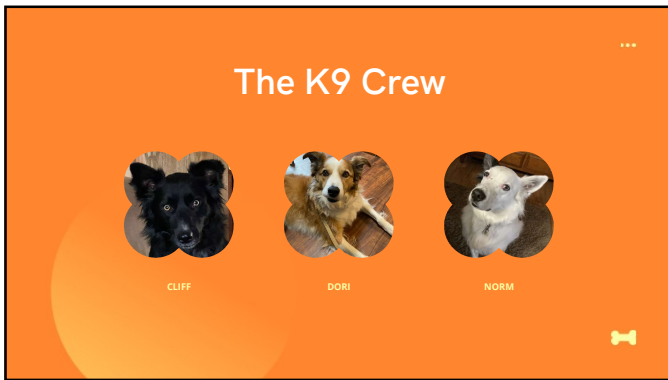


Is There a Dog On-Call?

Cyndie Kieffer, LCSW
CPPAAPT-I CAS CCTP

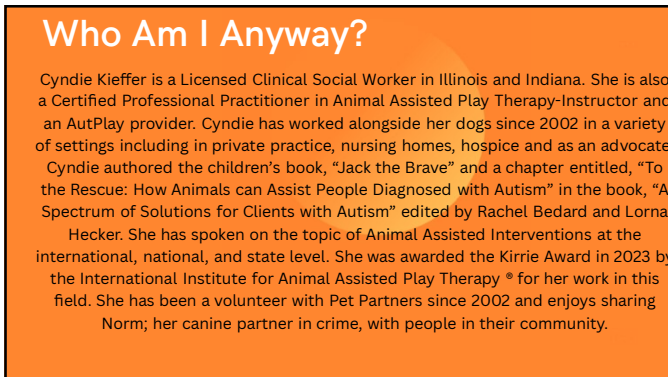
1



The K9 Crew

CLIFF DORI NORM


2



Who Am I Anyway?

Cyndie Kieffer is a Licensed Clinical Social Worker in Illinois and Indiana. She is also a Certified Professional Practitioner in Animal Assisted Play Therapy-Instructor and an AutPlay provider. Cyndie has worked alongside her dogs since 2002 in a variety of settings including in private practice, nursing homes, hospice and as an advocate. Cyndie authored the children's book, "Jack the Brave" and a chapter entitled, "To the Rescue: How Animals can Assist People Diagnosed with Autism" in the book, "A Spectrum of Solutions for Clients with Autism" edited by Rachel Bedard and Lorna Hecker. She has spoken on the topic of Animal Assisted Interventions at the international, national, and state level. She was awarded the Kirrie Award in 2023 by the International Institute for Animal Assisted Play Therapy® for her work in this field. She has been a volunteer with Pet Partners since 2002 and enjoys sharing Norm; her canine partner in crime, with people in their community.

3



Animal Assisted Play Therapy®*

Co-created by:
 Risé VanFleet, PhD, RPT-S, CDDBC
 Tracie Faa-Thompson, M.A., AASW, PGdipNDPT

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BOOK BY AAPT'S CO-FOUNDERS

Winner of the 2018 Maxwell Award  *Best Book on the Human-Animal Bond*


- VanFleet, R., & Faa-Thompson, T. (2017). *Animal Assisted Play Therapy™*. Sarasota, FL: Professional Resource Press.
- Includes details about AAPT as a distinct therapeutic modality
- Includes details about animal welfare and well-being and considerations for both in animal-assisted interventions
- Mostly dogs and horses, but applies to other species as well

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WHAT IS ANIMAL ASSISTED PLAY THERAPY®?

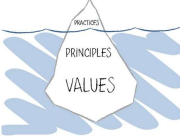
- Represents the full integration of Animal Assisted Therapy and play therapy, plus several other animal-related fields.
- Definition: "the integrated involvement of animals in the context of play therapy, in which appropriately trained therapists and animals engage with clients primarily through systematic playful interventions, with the goal of improving clients' developmental and psychosocial health, while simultaneously ensuring the animal's well-being and voluntary engagement. Play and playfulness are essential ingredients of the interactions and the relationship." (VanFleet, 2004; VanFleet & Faa-Thompson, 2017)
- All ages--individuals, families groups--mental health, allied health, education (professionals involving animals in their work)
- Wide range of therapeutic goals addressed
- Most common: dogs, horses, cats.
- Growing: goats, rabbits, guinea pigs, cows, pigs, etc.



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AAPT PRINCIPLES




- Respect – equal & reciprocal of clients & animals
- Safety – physical & emotional for all
- Enjoyment & Choices – option of nonparticipation for clients & animals; enjoyment, not tolerance
- Acceptance – of client and animal for who they are
- Training – use of only positive reinforcement, noncoercive, animal-friendly methods
- Relationship – primary focus of all; reciprocal, empathic, playful
- Empowerment – encourages growth, independence, competence, & confidence for clients & animals
- Process – more important than any single outcome; unexpected events are expected and woven into therapy
- Foundations – grounded in well-established theories & practice, animal welfare & well-being forefront, guided by research

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DEMONSTRATED COMPETENCIES

<p>Animal-Related Skills</p> <ul style="list-style-type: none"> • Observation • Communication fluency • Welfare/well-being advocacy • Ethology/behavior • Handling • R+ training • Clear-eyed view of animal strengths & sensitivities 		<p>AAPT Therapy Skills</p> <ul style="list-style-type: none"> • Core therapy skills within field (without animal) • Client goals fit with animal • Split/proactive attention • Application of principles/methods 	<p>Relationship Focus</p> <ul style="list-style-type: none"> • Therapist-animal reciprocity • Healthy attachment relationship • Facilitation of client-animal interaction in service of client goals • Integration of all • Decision-making • Effectiveness • Ethics
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Animal Assisted Play Therapy®


- Risé VanFleet, PhD, RPT-S, CDCC – rise@risevanfleet.com
- Tracie Faa-Thompson, MA, AASW, PGdipNDPT – tracie.j.faa@gmail.com
- International Institute for Animal Assisted Play Therapy® – www.iaapt.org




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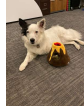
But wait...there is more. ...




An autumn leaf snuffle mat+ leaf breathing =fun and helpful.



Dori knows what to do if you have dragons.




Sometimes we feel like we are going to erupt. What are some of the things that make you have BIG feelings?



13

Continue to be Creative ...





Here's one way to keep your dog entertained while you're out for a walk. It's called a puzzle. It's a fun way to keep your dog entertained while you're out for a walk. It's called a puzzle. It's a fun way to keep your dog entertained while you're out for a walk.




BE LIKE NORM:
LOOK AT PEOPLE'S EYES
STAY OUT OF STRAIGHT
LET YOUR FACE
SHOW HOW YOU FEEL
KEEP CALM:
BE POLITE BUT FIRM
LISTEN TO THE OTHER PERSON
IT'S OKAY TO SAY NO
HE ALSO RECOMMENDS:
BLIND TREATMENTS WHEN
EXPRESSING SELF:
DESCRIBE THE OTHER
PERSON'S BEHAVIOR WITH FACTS
DON'T NAME CALL OR LABEL
USE A CONFIDENT
VOICE AND TALK TO YOURSELF



14

Ready to Learn More?



- "The Role of Companion Animals in the Treatment of Mental Disorders"-Nancy R Gee, Lisa Townsend & Robert Findling
- "The Welfare of Animals in Animal-Assisted Interventions"- Jose M Peralta & Aubrey H. Fine Editors
- "Animal Assisted Play Therapy"-Rise VanFleet & Tracie Faa-Thompson
- "Transforming Trauma"-Edited by Philip Tedeschi & Molly Anne Jenkins
- "Handbook on Animal Assisted Therapy" edited by Dr. Aubrey Fine
- "Animal Assisted Brief Therapy"-Teri Pichot

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www.habrcentral.org

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