

2+2 Articulation Agreement

between

**University of Southern Indiana
and
Vincennes University**

The respective faculties of Vincennes University (VU) and the University of Southern Indiana (USI) enter into this agreement to formalize the articulation that exists between the Physical Education – Wellness and Exercise Concentration Program offered by VU and the Exercise Science (General and Strength & Conditioning Tracks) Program offered by USI. This agreement confirms that all the relevant credit hours earned by students who complete graduation requirements for the Physical Education – Wellness and Exercise Concentration Program at VU will be accepted into and serve to fulfill all lower division requirements for the Exercise Science (General and Strength & Conditioning Tracks) Program at USI. Thus, students who graduate having completed all degree requirements in the Physical Education – Wellness and Exercise Concentration Program at VU will be eligible for full junior level standing in the Exercise Science (General and Strength & Conditioning Tracks) program at USI.

All agreements will be reviewed and updated in three years from the effective date of the agreements.

Date this agreement is effective: **Fall semester, 2015**

Date this agreement will be reviewed and updated: **Fall semester, 2017**

On behalf of USI:

Glenn Bower
Department Chair

2/3/15
Date

[Signature]
Dean

2/3/15
Date

[Signature]
Provost

2/4/15

On behalf of VU:

R. Will Tomp
Department Chair

1/29/15
Date

[Signature]
Dean

1-29-15
Date

[Signature]
Provost

2-10-15

Date

Date

Vincennes UniversityUSI Course equivalents**Physical Education – Wellness and Exercise Program Requirements**

FACS 206 – Fundamentals of Nutrition	3	BIOL 176	3 Elective
HLTH 201 – Personal Health Science	3	KIN 281	3 Major requirement
HLTH 211 – First Aid		2 KIN 282	2 Major requirement
PHED 150 – Foundations of Physical Education	3	Elective	3 Elective
PHED 146 – Weight Training for Sport/Fitness	1	KIN 182	1 Major requirement
PHED 212 - Introduction to Exercise Science	3	KIN 188	2 Major requirement 1 Elective
PHED 225 – Physical Fitness and Conditioning	2	Elective	2 Elective
PHED 240 – Recreational Sports Programming	2	Elective	2 Elective
PHED 251 – Instructional Leadership for Human	2	Elective	2 Elective
PHED 255 – Management of Recreation, Sport	3	Elective	3 Elective
PHED 270 – Exercise Program Dev/Evaluation	3	Elective	3 Elective
PHED 271 – Psycho-Socio Aspects of Sport/EXSC	3	Elective	3 Elective

General Education Requirements

ENGL 101- English Composition I	3	ENGL 101	3
MATH 100-level or higher Mathematics	3	MATH 111	3 (one hours less)
COMM 143 – Speech	3	CMST 101	3
BIOL 111 – Anatomy & Physiology I	3	BIO 121	4
BIO 111L – Anatomy & Physiology Lab II	1	BIO 121 (L)	0
PSYC 142 – General Psychology	3	PSY 201	3
Humanities - Elective	3	HUM	3
ENGL 102 – English Composition II	3	ENGL 102	3
UCC Electives			
BIOL 112 – Anatomy & Physiology II	3	BIO 122	4
BIOL 112L– Anatomy & Physiology Lab II	1	BIO 122 (L)	0
Humanities, Math, Science, SS, or Writ	4		4
	<u>60</u>		<u>60</u>

Exercise Science (General) = 60 hours

Exercise Science (Strength & Conditioning) = 60

Final Two Years at USI – Exercise Science (General)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
PHYS 101	3	NUTR 378	3
HP 115	2	EXSC 391	3
CIS 141/151 or KIN 285	3	EXSC 394	3
KIN 283	1	EXSC 397	4
KIN 291	2	General Elective	3
EXSC 383	3		
General Elective	1		
Total Hours	15	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
EXSC 484	3	EXSC 496	6
EXSC 487	3	General Elective	3
EXSC 488	3	General Elective	3
KIN 492	3	General Elective	2
General Elective	3		
Total Hours	15	Total Hours	14

Final Two Years at USI – Exercise Science (Strength & Conditioning)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
PHYS 101	3	NUTR 378	3
HP 115	2	EXSC 391	3
CIS 141/151 or KIN 285	3	EXSC 394	3
KIN 283	1	EXSC 397	4
KIN 291	2	EXSC 475	3
EXSC 383	3		
EXSC 476	3		
Total Hours	17	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
EXSC 484	3	EXSC 478	1
EXSC 487	3	EXSC 496	6
EXSC 488	3	PSY 377	3
EXSC 477	3	KIN 492	3
General Elective	2		
Total Hours	14		13