

2+2 Articulation Agreement

between

**University of Southern Indiana
and
Vincennes University**

The respective faculties of Vincennes University (VU) and the University of Southern Indiana (USI) enter into this agreement to formalize the articulation that exists between the Physical Education – Wellness and Exercise Concentration Program offered by VU and the Kinesiology Program offered by USI. This agreement confirms that all the relevant credit hours earned by students who complete graduation requirements for the Physical Education – Wellness and Exercise Concentration Program at VU will be accepted into and serve to fulfill all lower division requirements for the Kinesiology Program at USI. Thus, students who graduate having completed all degree requirements in the Physical Education – Wellness and Exercise Concentration Program at VU will be eligible for full junior level standing in the Kinesiology program at USI.

All agreements will be reviewed and updated in three years from the effective date of the agreements.

Date this agreement is effective: **Fall semester, 2015**

Date this agreement will be reviewed and updated: **Fall semester, 2017**

On behalf of USI:

Donna Bower
Department Chair

2/3/15
Date

[Signature]
Dean

2/3/15
Date

[Signature]
Provost

2/4/15
Date

On behalf of VU:

[Signature]
Department Chair

1/29/15
Date

[Signature]
Dean

1-29-15
Date

[Signature]
Provost

2-10-15
Date

Vincennes University**USI Course equivalents****Physical Education – Wellness and Exercise Program Requirements**

FACS 206 – Fundamentals of Nutrition	3	BIOL 176	3 Elective
HLTH 201 – Personal Health Science	3	KIN 281	3 Major requirement
HLTH 211 – First Aid		2 KIN 282	2 Major requirement
PHED 150 – Foundations of Physical Education	3	Elective	3 Elective
PHED 146 – Weight Training for Sport/Fitness	1	KIN 182	1 Major requirement
PHED 212 - Introduction to Exercise Science	3	KIN 188	2 Major requirement 1 Elective
PHED 225 – Physical Fitness and Conditioning	2	Elective	2 Elective
PHED 240 – Recreational Sports Programming	2	Elective	2 Elective
PHED 251 – Instructional Leadership for Human	2	Elective	2 Elective
PHED 255 – Management of Recreation, Sport	3	Elective	3 Elective
PHED 270 – Exercise Program Dev/Evaluation	3	Elective	3 Elective
PHED 271 – Psycho-Socio Aspects of Sport/EXSC	3	Elective	3 Elective

General Education Requirements

ENGL 101- English Composition I	3	ENGL 101	3
MATH 100-level or higher Mathematics	3	MATH 111	3 (one hours less)
COMM 143 – Speech	3	CMST 101	3
BIOL 111 – Anatomy & Physiology I	3	BIO 121	4
BIO 111L – Anatomy & Physiology Lab II	1	BIO 121 (L)	0
PSYC 142 – General Psychology	3	PSY 201	3
Humanities - Elective	3	HUM	3
ENGL 102 – English Composition II	3	ENGL 102	3
UCC Electives			
BIOL 112 – Anatomy & Physiology II	3	BIO 122	4
BIOL 112L– Anatomy & Physiology Lab II	1	BIO 122 (L)	0
Humanities, Math, Science, SS, or Writ	4		4
	<u>60</u>		<u>59</u>

Specializations

GEI = Group Exercise Instructor = 60 hours

N=Nutrition = 60 hours

PT = Personal Training = 60 hours

FRM = Fitness & Recreational Management = 60 hours

HSE = Health & Safety Education = 60 hours

SF = Senior Fitness = 60 hours

Final Two Years at USI – Kinesiology (Group Exercise Instructor Track)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
KIN 100 level	1	KIN 393	3
KIN 100 level	1	EXSC 394	3
CIS 141/151 or KIN 285	3	EXSC 397	4
KIN 283	1	EXSC 487	3
KIN 291	2	EXSC 488 (GEI)	3
EXSC 383	3		
KIN 385 (GEI)	3		
KIN 143 (GEI)	1		
KIN 181 (GEI)	1		
Total Hours	16	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
KIN 100 level (GEI)	1	Kin 499	4
KIN 100 level	1	General Elective	3
KIN 185 (GEI)	1	General Elective	3
KIN 199 (Yoga - GEI)	1	General Elective	3
KIN 199 (Spinning – GEI)	1		
KIN 199 (Kickboxing – GEI)	1		
SPTM 491	3		
KIN 492	3		
General Elective	3		
Total Hours	15	Total Hours	13

Final Two Years at USI – Kinesiology (Nutrition Track)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
KIN 100 level	1	KIN 391	3
KIN 100 level)	1	KIN 393	3
KIN 100 level (N)	1	EXSC 394	3
CIS 141/151 or KIN 285	3	EXSC 397	4
KIN 283	1	NUTR 378 (N)	3
KIN 291	2		
EXSC 383	3		
NUTR 376 (N)	3		
Total Hours	15	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
NUTR 396 (N)	3	KIN 100 level	1
NUTR 415 (N)	3	Kin 499	4
EXSC 487	3	General Elective	3
SPTM 491	3	General Elective	3
KIN 492	3	General Elective	3
Total Hours	15	Total Hours	14

Final Two Years at USI – Kinesiology (Personal Training Track)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
KIN 100 level	1	KIN 385 (PT)	3
KIN 100 level	1	KIN 393	3
KIN 100 level (PT)	1	EXSC 394	3
CIS 141/151 or KIN 285	3	EXSC 397	4
KIN 283	1	EXSC 487	3
KIN 291	2		
EXSC 383	3		
EXSC 391	3		
Total Hours	15	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
EXSC 484 (PT)	3	KIN 100 level	1
KIN 485 (PT)	3	Kin 499	4
EXSC 488 (PT)	3	General Elective	3
SPTM 491	3	General Elective	3
KIN 492	3	General Elective	3
Total Hours	15	Total Hours	14

Final Two Years at USI – Kinesiology (Fitness & Recreation Management Track)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
KIN 100 level	1	EXSC 391	3
KIN 100 level	1	KIN 393	3
KIN 100 level (FRM)	1	EXSC 394	3
CIS 141/151 or KIN 285	3	EXSC 397	4
SPTM 223 (FRM)	3	EXSC 487	3
KIN 283	1		
KIN 291	2		
EXSC 383	3		
Total Hours	15	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
KIN 100 level	1	Kin 499	4
SPTM 332 (FRM)	3	General Elective	3
SPTM 334 (FRM)	3	General Elective	3
SPTM 337 (FRM)	3	General Elective	3
SPTM 491	3		
KIN 492	3		
Total Hours	16	Total Hours	13

Final Two Years at USI – Kinesiology (Health & Safety Education)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
KIN 100 level	1	EXSC 391	3
KIN 100 level	1	KIN 393	3
KIN 100 level	1	EXSC 394	3
CIS 141/151 or KIN 285	3	EXSC 397	4
KIN 283	1	EXSC 487	3
KIN 291	2		
EXSC 383	3		
KIN 442	3		
Total Hours	15	Total Hours	16

3rd Summer Session

KIN 284 (HSE)	2
KIN 286 (HSE)	2
Total Hours	4

Fall – 4th Semester

Spring – 5th Semester

Course	Hours	Course	Hours
SPTM 491	3	PET 402 (HSE)	3
KIN 492	3	Kin 499	4
PET 494 (HSE)	3	General Elective	3
General Elective	3	General Elective	3
Total Hours	12	Total Hours	13

Final Two Years at USI – Kinesiology (Senior Fitness Track)

Fall – 1st Semester

Spring – 2nd Semester

Course	Hours	Course	Hours
KIN 100 level	1	GERO 321 (SF)	3
KIN 100 level	1	EXSC 391	3
KIN 100 level	1	KIN 393	3
CIS 141/151 or KIN 285	3	EXSC 394	3
GERO 215 (SF)	3	EXSC 397	4
KIN 283	1		
KIN 291	2		
EXSC 383	3		
Total Hours	15	Total Hours	16

Fall – 3rd Semester

Spring – 4th Semester

Course	Hours	Course	Hours
KIN 100 level (SF)	1	Kin 499	3
PSY 371 (SF)	3	General Elective	3
EXSC 487	3	General Elective	3
EXSC 488 (SF)	3	General Elective	3
SPTM 491	3	General Elective	1
KIN 492	3		
Total Hours	16	Total Hours	13