

Ultimate Fit Internship Job Description

You will do a gait analysis on customers needing shoes. This would entail watching them walk, observing the amount of pronation, supination in the feet, deciding what type of support shoe would work best for them and possibly working with the iPad to video tape running/walking form to determine if the shoe selected is appropriate.

You will also be expected to answer questions from customers about training, injury treatment and prevention, and nutritional supplements. Using your own knowledge and experience about running you will help customers find the right accessories and nutrition items to suit their needs.