

# Friday, August 13, 2021

“Scherrie Keating’s passion for the topic made her presentation so engaging! It is comforting to know people like her are advocating for the geriatric population with diabetes.”

—2020 Virtual MAIA attendee

8:30 – 8:50 a.m.	<b>Tai Chi</b>					
8:50 – 9 a.m.	<b>WELCOME</b>					
9 – 10:30 a.m.	<b>KEYNOTE</b> with Scherrie Keating, RN, BSN, CDCES, CDP, NDPP <b>Alzheimer’s Disease: Diabetes of the Brain</b> The link between brain insulin resistance to cognitive impairments.					
10:30 – 10:45 a.m.	<b>BREAK</b>					
<b>CONCURRENT SESSIONS 1</b> 10:45 -11:45 a.m.	<b>Trauma-Informed Care with Older Adults</b> Some individuals have a history of trauma which can become even more complex through aging. <i>Lori Paris, LCSW, BCD, LCAC</i>	<b>Repeat: Where’s My Mom?</b> This session is a story about seeing the person beyond the disease. <i>Lisa Fournier, DSL, MPM</i>	<b>Aware in Care: Improving Hospital and Long-Term Care Outcomes for Those with Parkinson’s</b> This presentation will review free resources for improving patient outcomes. <i>Annie Wallis, MSW</i>	<b>Substance Use Disorders and the Aging Population</b> This workshop will look at commonly abused substances, the toll on individuals and families, and available resources. <i>Donna Lilly, MS, LCSW, LCAC</i>	<b>Eat Well to Age Well! Nutrition for Menopause and Beyond</b> Discover evidence-based nutrition and lifestyle strategies for thriving in the third act of life. <i>Jacqueline Chisholm, RDN, LDN, CDCES, NBC-HWC, DipACLM</i>	<b>Grit, Grace and Gratitude: Senior Citizens Surviving and Thriving</b> Learn how Ball State students helped senior citizens write, publish and perform their stories of resistance and resiliency. <i>Darolyn Jones, EDD and Team</i>
	<b>BREAK</b>					
<b>CONCURRENT SESSIONS 2</b> 12:15 – 1:15 p.m.	<b>Educate, Empower and Prevent Serious Health Effects from Toxic Chemicals</b> Make the shift from using toxic, harmful products that can lead to chronic disease to using safer and inexpensive alternatives. <i>Scherrie Keating, RN, BSN, CDCES, CDP, NDPP</i>	<b>Delirium: A Sudden Brain Failure</b> Learn how you can be empowered to prevent delirium during sudden medical illness and after surgery. <i>Malaz Boustani, MD, MPH</i>	<b>The Aging Mouth: Dental Considerations for the Aging Population</b> Identify strategies to maintain mouth and gum health as we age. <i>Heather Lett, RDH</i>	<b>Agony of the Feet?</b> Make foot health a priority, especially as you get older. <i>Logan Orr, DPM</i>	<b>Nursing Homes 101: For Consumers and their Families</b> Learn how to find the best home for you or your loved ones. <i>Michelle Motta, BLS Alicia Reeves</i>	
	<b>BREAK</b>					
<b>CONCURRENT SESSIONS 3</b> 1:30 – 2:30 p.m.	<b>Hearing and the Brain: A Beautiful Team</b> An active mind, an active body and engaging relationships all play a vital role in slowing the onset and progression of dementia. <i>Angela Graves, AuD</i>	<b>Dementia Care Coach</b> This session focuses on caring for and supporting people living with dementia. <i>Malaz Boustani, MD, MPH</i>	<b>Films about Dementia: Fact or Fiction</b> Do feature films and documentaries complement, complicate or conflict with scientific descriptions of dementia? <i>Karen Austin, MA</i>	<b>SWIRCA &amp; More: Options for Long-term Supports and Services</b> Identify options available to older and/or disabled individuals that allow them to remain living in their preferred setting. <i>Michael Halling, MS</i>	<b>Veteran’s Administration: MISSION Act Eligibility</b> An overview of the eligibility requirements to qualify for the MISSION Act to provide veteran healthcare when and where it is needed. <i>Catherine Wagner, BSN, RN</i>	<b>Power and Strength: Safe Exercise as we Age</b> This session will demonstrate safe exercises to keep your body strong and healthy. <i>Speaker TBD</i>
	<b>BREAK</b>					
2:30 – 2:45 p.m.	<b>BREAK</b>					
2:45 – 4:15 p.m.	<b>CLOSING PLENARY</b> with Stephen Post, PhD <b>It’s Good to be Good: A Healthier and Happier Aging</b> Focusing on the benefits of kindness and helping others.					

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