

Thursday, August 12, 2021

8:30 – 8:50 a.m.

Tai Chi

8:50 – 9 a.m.

WELCOME

9 – 10:30 a.m.

KEYNOTE with Louise Aronson, MD, MFA, University of California, San Francisco

Elderhood: Redefining Aging, Reimagining Life

The way we talk about old age contributes to the challenges of growing old.

“Dr. Aronson’s data on happiness, anxiety and life satisfaction encouraged me and helped me realize that I am at a wonderful time in my life!”

—2020 Virtual MAIA attendee

10:30 – 10:45 a.m.

BREAK

CONCURRENT SESSIONS 1

10:45 -11:45 a.m.

AARP HomeFit Program

Will your current home meet your needs as you age from the viewpoint of accessibility and livability?

Karen Kafantaris, BS

Creating a Financial Legacy: Do you Need a Trust?

Many people want to leave money to help family after they pass away but they don’t know how to accomplish it and at what cost.

David Perigo and John Schutz, CWA

What’s Changing in Medicare’s Coverage?

Learn how changes will affect patient care and providers’ payments.

Gina Downs, BA

Where’s My Mom?

This session is a story about seeing the person beyond the disease.

Lisa Fournier, DSL, MPM

Films about Dementia: Fact or Fiction

Do feature films and documentaries complement, complicate or conflict with scientific descriptions of dementia?

Karen Austin, MA

11:45 – 12:15 p.m.

BREAK

CONCURRENT SESSIONS 2

12:15 – 1:15 p.m.

Explanation of the Indiana POST Form

A thorough review of the Indiana POST (Physician Orders For Scope OF Treatment) form, including instructions for completing and documentation with necessary signatures for validity.

Ellen Stratman, RN, BSN

Repeat:

AARP HomeFit Program

Will your current home meet your needs as you age from the viewpoint of accessibility and livability?

Karen Kafantaris, BS

The Impact of COVID-19 on Mental Health

Identify mental health issues that we have encountered during the pandemic and how we can proceed on a positive pathway.

Janie Chappell, MSN, RN

How Poetry Can Heal

Discover how Biblio/Poetry Therapy uses literature to promote mental health and wellbeing.

Alicia Harris, MS

10 Warning Signs of Alzheimer’s

Notice memory changes in yourself or others? Learn more about the warning signs of Alzheimer’s and other dementias.

Kristopher Izzi

1:15 – 1:30 p.m.

BREAK

CONCURRENT SESSIONS 3

1:30 – 2:30 p.m.

Caring for the Aging Population with Diabetes

This session focuses on the role health professionals and caregivers play in helping older adults living with diabetes improve longevity and quality of life.

Scherrie Keating, RN, BSN, CDCES, CDP, CDC, NDPP

Understanding Alzheimer’s and Dementia

This program features information from dementia experts and perspective from care partners and individuals living with dementia.

Kristopher Izzi

Mental Health First Aid for the Older Adult

People age 50 and older have unique mental health challenges. Learn how to respond to an older adult who may be living with a mental illness or addiction.

Kerseclia Patterson, BS/BA

Exercising as We Age

Balance, strength and flexibility are keys to staying athletic and physically vital well into your golden years.

Joe Klemczewski, PhD, MFA, MA, MS, PT, CSCS

Barriers to Health Equity for All

Discussion of the social determinants of health that have placed some groups at an increased risk for COVID-19.

*Veronica Huggins, PhD, LSW
Phoneshia Wells, DHEd, CHES*

2:30 – 2:45 p.m.

BREAK

2:45 – 4:15 p.m.

CLOSING PLENARY with Kimberly Paul, BSW

Bridging the Gap: Life Lessons from the Dying

What matters most when time is limited?

Register online at [USI.edu/maia](https://www.usi.edu/maia).