

# USI ULTIMATE FRISBEE TEAM



**VISION:** To build a highly successful Ultimate Frisbee program here at the University of Southern Indiana.

**MISSION:** To fulfill our vision through a commitment of:

- Developing our personal bonds on the team
- Enjoying the sport of Ultimate Frisbee
- Dedicating ourselves to the ethos of the sport
- Serving USI and our community

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### **CULTURE**

We strive to create a culture of excellence, teamwork, respect, discipline, sportsmanship, and camaraderie that are the heart of the sport of Ultimate Frisbee. We strive for our members to have fun and find enjoyment in the game of Ultimate Frisbee. These are fundamental traditions that are linked to the sport and make Ultimate Frisbee so unique compared to other sports.

### **ENJOYMENT**

Enjoyment is the reason and why we play, practice and support USI Ultimate Frisbee. We use our sport to adopt and promote a physical fitness and a healthy lifestyle that build life skills. We safeguard our players and help them enjoy the sport of Ultimate Frisbee and have fun on and off the field. We enjoy being part of a team and part of the USI Ultimate Frisbee family and Ultimate Frisbee community.

### **TEAMWORK**

Teamwork is an essential part of our sport. Ultimate Frisbee is an unselfish sport and focuses on team play achievement. Ultimate Frisbee's fun nature is balanced by the concepts of fair play, sportsmanship, and ultimately lifelong friendships and bonds. We welcome all new members with open arms and include all because expanding our team and working as a team enriches our lives. We play selflessly: working for the better of the team, not for ourselves alone, both on and off the field. We take pride in our team, rely on each other and understand that each player has a big part to play for the betterment of our team.

### **RESPECT**

Mutual respect forms the basis of our sport and is what we strive to gain and maintain in Ultimate Frisbee. We hold in high esteem our sport, its values and traditions and earn respect from USI, other schools, and the community in the way we behave. We respect opposing players and supporters. We value our coaches and every member who help run our club and the clubs with which we compete.

## DISCIPLINE

Discipline reinforces Ultimate Frisbee. We ensure that our sport is one of controlled physical activity and that we are honest, fair, and respectful. We obey the rules and laws of Ultimate Frisbee which ensure and inclusive, fun, and exciting game. We support our disciplinary system, which protects our sport and upholds its values. We observe the sport's laws and regulations and report serious breaches.

- To avoid disciplinary action, members must uphold a strong and appropriate representation of USI Ultimate Frisbee and USI as a whole at all events set forth by the Code of Conduct.
- Any illegal use of drugs will be a violation against USI Ultimate Frisbee's code of conduct and will result in severe disciplinary actions towards member(s). Decisions and appropriate disciplinary actions will be made by USI Ultimate Frisbee officers and USI as a whole.
- Any alcohol use while at practices or tournaments will be a violation against USI Ultimate Frisbee code of conduct and will result in disciplinary actions, potentially removal from Ultimate Frisbee Club, towards member(s). Decisions and appropriate disciplinary actions will be made by USI Ultimate Frisbee officers and USI as a whole.
- Any negative and misrepresentation of USI Ultimate Frisbee and USI as a whole will be breach of USI Ultimate Frisbee's code of conduct and will result in disciplinary actions, potentially removal from Ultimate Frisbee Club, towards member(s). Decisions and appropriate disciplinary actions will be made by USI Ultimate Frisbee officers and USI as a whole.

## SPORTSMANSHIP

Sportsmanship, also known as "Spirit of the Game" in Ultimate Frisbee, is the foundation upon which Ultimate Frisbee is built. We uphold the Ultimate Frisbee tradition and camaraderie with members and opposing teams. We observe fair play both on and off the field and are generous in victory and dignified in defeat. We play to win, but not at all costs and recognize both endeavor and achievement and strive for members to have fun and find enjoyment playing Ultimate Frisbee regardless of game outcome. We ensure that wellbeing

and development of individual members, and team as a whole, is the central focus to all Ultimate Frisbee activity.

### **TRADITION and HERITAGE**

The ethos of USI Ultimate Frisbee has shaped the code of behavior and has transcended generations since the club's beginning in 2002. Its time-honored legacy creates a broader social environment for the sport and engages the family and community and strengthens the ties that bind teams and clubs together. We strive to continue the success our club has had and take all positive influences we have gained and apply them towards the current team and USI Ultimate Frisbee's next generation of members.

### **MEMBERSHIP in USI ULTIMATE FRISBEE**

All students of the University of Southern Indiana are welcomed, and strongly encouraged, to join USI Ultimate Frisbee Club. No experience or athleticism is required to participate in the club at large. The club also welcomes students from other campuses, and non-students to join USI Ultimate Frisbee Club and practice and partake in any events with the team. Those who participate will be required to sign a waiver in accordance with USI club sports policy and USI Ultimate Frisbee team. Those who decide to participate in the club at large, meaning participate in tournaments and other events, will be required to pay a membership fee.

Members are required to pay \$25.00 per semester in dues. If a member would like to pay for full year, spring and fall of current school year, there is a discount and dues are only \$20.00 per semester (paying \$40.00 upfront in fall semester). Dues are due a week prior to first tournament of school year (if split up into two \$25.00 payments, dues are due a week prior to first tournament of each semester). If dues are not paid by first semester, member(s) eligibility will be reviewed by USI Ultimate Frisbee officers and coaches.

To pay your dues you must contact current team president, whose email and phone number will be given to each member at beginning of school year, and let him/her know your decision for payment (either for whole year, or split up by semester).


USI Ultimate Frisbee members must participate in fundraising project that team does each year. If member(s) decide to not participate, another \$40.00 from player must be paid to team a week prior to next upcoming tournament.

USI Ultimate Frisbee holds its annual tournament in the spring semester. Each member will be asked to do their part to help and ensure tournament success. This is a great way to represent USI Ultimate Frisbee and USI as a whole and to gain additional funds for our team.

## USI/USA ULTIMATE REQUIREMENTS FOR SANCTIONED TOURNAMENTS AND SECTIONALS/CONFERENCE

In order to play during any USAU (USA Ultimate) sanctioned tournament during spring semester members must become a USAU member. USAU is the governing body for Ultimate Frisbee. To register with USAU and become a USAU member, go to:

- <https://members.usultimate.org/members/login.php>
- For all new USAU student applicants, click on “New Member Signup” option at bottom of page and fill out signup forms accordingly and sign waiver form.
- For all current members with USAU, just type in email address and password and renew membership and sign waiver form.
- All USAU members, new and current, must sign a waiver form for USAU (which can be done online and is required to participate in any USAU sanctioned tournaments).
- To become a USAU member, it costs \$50.00 (for entire year starting at beginning of year in January), and is required to participate in any USAU sanctioned tournaments.

If you have any questions, please email current team president at .

## USI ULTIMATE FRISBEE ALUMNI

USI Ultimate Frisbee strongly encourages all USI Ultimate Frisbee Alumni to participate and be involved with USI Ultimate. USI Ultimate Frisbee has one of the most involved alumni groups at USI and always shows support for the team. Alumni are able, and encouraged, to participate in practice and any social event the team is involved in. Alumni are also welcomed to play in tournaments with team, but must abide by all rules and laws from USI Ultimate Frisbee and USI as a whole and must have a positive representation of the club and towards its members.

Any Alumni who participates in tournaments with current team must:

- Understand focus is on current members and developing current team’s skills, therefore playing time may be limited. Playing time will be determined by USI Ultimate Frisbee officers and coaches.
- A tournament fee of \$5.00-\$20.00 will be required to play in tournament with the team. Fee is based on size of tournament, number of current members participating, and any lodging/traveling fees team must pay for.
- Sign waiver form for USI Ultimate Frisbee and USI as a whole.

## CODE OF CONDUCT

**USI Ultimate Frisbee expects all members to abide by the following Code of Conduct:**

- 1. I am an ambassador for the sport of Ultimate Frisbee and represent the Ultimate Frisbee team I am playing for, and the University of Southern Indiana. As such, I understand that I am expected to behave in an appropriate manner, and demonstrate good and responsible behavior at all events the team participates in and within the community.**
- 2. I will not exhibit impolite or antisocial behavior (dangerous play) of any sort that would adversely affect the image of the game, or our team, of Ultimate Frisbee. This includes verbal and physical abuse of players and/or their supporters.**
- 3. I will not, before, during or after a match under the jurisdiction of USI Ultimate Frisbee or an affiliated Ultimate Frisbee organization, threaten or address a referee or touch judge in insulting terms, or act in a provocative manner towards a fellow member, referee, spectator, or opposing team/team members.**
- 4. I will abide by all rules and regulations applicable to the team imposed by USA Ultimate, USI Ultimate Frisbee, and USI as a whole and event hosts.**
- 5. I agree that grades are a player's primary concern. Player's grade will not fall because a player is playing Ultimate Frisbee. Any specific requirements a member's school may have apply as well.**
- 6. I will not use substances in an illegal manner, or tolerate the same by teammates. I understand this is grounds for discipline, up to and possibly including being removed from the team. This matter is of such concern that a non-toleration policy is in effect.**
- 7. I understand that after-match social is part of the game and that I, as a member, have the option of attending and that if I decide to participate will demonstrate good sportsmanship and foster good will between teams and look to strengthen personal and team bonds between opposing teams and USI Ultimate Frisbee.**
- 8. I agree to wear appropriate clothing at all practices and tournaments USI Ultimate Frisbee participates in.**
- 9. I understand that Ultimate Frisbee activities are approved by the head coach, and its officers, and a coach is present at the activity (i.e. practices, USI's tournaments set-up, competition, and clean-up, approved social activities and fundraisers). If no coach is present, it is not a team-sanctioned activity, even if it starts as one.**
- 10. USI Ultimate Frisbee alumni, and guest players, play a huge part for our team. They are able to participate in practices, tournaments, and any social events that the team participates in, if the team decides to let them participate. I understand that they continue to help improve the program and have played a huge role in building the foundation for the Ultimate Frisbee team, and will treat them with the utmost respect and understand that they are also bound by the same rules and regulations that I (as a member of USI Ultimate Frisbee) am.**