# ANE-NPR Newsletter

JUNE 2023



Nurse Practitioner Residency Program
VOL.3, ISSUE 4

In 2019, the University of Southern Indiana (USI) was awarded a four-year \$1.7 million-dollar federal HRSA grant: "Advanced Nursing Education Nurse Practitioner Residency Program (ANE-NPR)." The grant-funded residency will be ending June 30, 2023.

A **HUGE** thank you to all of the individuals and organizations involved in the development and implementation of the program over the past four years!

We value the support and influence this community has had on the program. We are excited to continue future collaboration to enhance the transition into practice for nurse practitioners in rural and underserved areas!



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## HOT DIDACTIC TOPICS!



**BRANDI NEELY** 

Deaconess

Pediatric Asthma



DR. ALLIE THOMAS-FANNIN

Good Samaritan

 Chronic/Severe Mental Illnesses



**JENNIFER EMMONS** 

Good Samaritan Family Health Center

• QI indicators in Primary Care



**JOHN ROBB** 

Paul's Pharmacy

Controlled Substances and the Law



DR. EVANS -ROBINSON

Southwestern Behavioral Healthcare

- ADHD in Adults and Children
- Depression and Suicide in Children and Adolescents



KIM HEATHCOTTE, NP

Deaconess

 Dermatology in Primary Care



The residents were asked to develop a final presentation on a topic they found interesting or they learned a great deal about this year. The residents each had a very interesting and unique presentation!



MACKENZIE CRANE, FNP-C

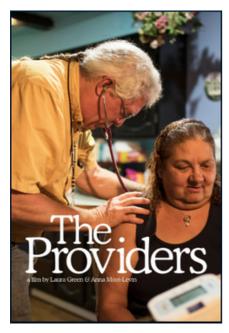
• Hidradenitis Suppurativa



ANDREA TOMEY, PMHNP-C

 Pediatrics – Autism and ADHD

## RESIDENT PROGRAMMING



## The Providers Documentary

Does your ZIPcode determine your life? The Providers film gives a very human face to the physician shortage and opioid epidemic in rural America, following three healthcare professionals trying to make a difference in northern New Mexico at El Centro, a group of safety-net clinics.

The film's a resource of the Southwest Indiana Area Health Education Center (SWI-AHEC)

#### Watch Trailer:

https://www.pbs.org/independentlens/documentaries/the-providers/

### **Institute for Alcohol and Drug Studies**

The annual Institute for Alcohol and Drug Studies (IADS) focused on current substance use disorders; alcohol and drug trends; the role of trauma in addiction; medication assisted treatment; strategies for addictions counselors in promoting recovery; trends in the use and distribution of illegal narcotics; and much more!

In addition to a variety of other topics, IADS also provided residents with HIV, HepC and Ethics education. The interprofessional conference provided practical tools and ground-breaking information related to successful intervention, rehabilitation and treatment.

### The Weitzman Institute

The Weitzman Institute is a national organization that promotes healthcare innovation through research, education, and policy, to provide a seminar series on quality improvement for the current cohort of residents.

Dr. Chelsea McIntosh, Psy.D. presented two topics: Joining a clinical team and productivity in the clinic practice.

Jessica Horstmann, NP had a great presentation regarding leadership in an outpatient clinic. The duo gave the residents many items to consider and reflect upon as they leave the residency and begin their professional career.

### **Deeper Dive**

Strengths Finder 2.0: Strengths are specific qualities that enable a person to excel. Finding one's strengths is an important part of finding yourself. By identifying them, the individual can work with them (not against) and develop a fuller life – personally and professionally.

Emotional Intelligence (EI) 2.0: El is the ability to recognize and understand emotions in one's self and in others. Also, the ability to use this awareness to manage one's behaviors and relationships. Although cognitive intelligence is important, it is only half the equation. Today, employers are looking at the person's ability to perform the job - which is emotional intelligence.



## **CONGRATULATIONS!**

Resident cohort 2022-2023 will complete the program June 30.



Andrea Tomey PMHNP-BC



Mackenzie Crane FNP-C





Sustainability has been an important part of the NP Residency and discussed throughout the program. As the grant comes to its completion, the program is considered important and very much needed. The focus of the sustainability plan is to meet the healthcare needs of the community/region by offering the program to new NPs hired within the organizations.

Southwest Indiana Area Health Education Center (AHEC) has been a part of our program over the course of the grant. The clinical coordinator of AHEC has functioned as our Health Education Coordinator over the past three years. AHEC will hold the program going forward. Organizations that have hired new NPs interested in participating in the residency should contact AHEC for more information regarding the program.

Newly-developed calendars will focus on a 4-week orientation period. The new NPs will then move into additional enhanced didactics, precepted and mentored clinicals, as well as specialty clinics. The program will be led by the organization's preceptor with the assistance of program calendars and a playbook to guide the residency.

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