



25TH Annual Advanced Practice Nursing Symposium

University of Southern Indiana

April 28, 2023

8:00 a.m. – 3:30 p.m. (CT)

Presenter: Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, PMHNP-BC, FAANP

Agenda

| | |
|------------------------|--|
| 8 – 8:15 a.m. | Welcome |
| 8:15 – 9:30 a.m. | Hypertension Management: What's New? Review current evidence-based guidelines, the significance of different goal blood pressures published by various organizations, and when a patient does not respond to evidence-based strategies. Using case studies, evaluate when it is appropriate and necessary to deviate. |
| 9:30 – 9:45 a.m. | Break |
| 9:45 – 11:00 a.m. | Managing Dyslipidemia to Reduce ASCVD risk: A 2023 Update Discuss the ACC/AHA guidelines for the evaluation and management dyslipidemia to reduce ASCVD risk. The most recent medications are presented, with specific attention to pharmacodynamics, their utility in primary prevention, and the high-risk patient. |
| 11:00– 11:15 a.m. | Break |
| 11:15 – 12:15 p.m. | Drilling Down on COPD: Diagnostic and Strategies Unique to Airflow Limitation Analyze the nuances of obstructive airway diseases including COPD and asthma. Are they two separate conditions, a continuum, or overlap? Compare and contrast COPD-specific diagnostics and treatment with asthma, highlighting the COPD nuances. |
| 12:15 p.m. – 1:15 p.m. | Lunch Break |
| 1:15 – 2:15 p.m. | The Ever-evolving World of Type 2 Diabetes Management: Beyond Metformin Discuss the practical analysis and application of the pharmacologic options available for the management of T2DM. Analyze the differences among drug classes, differences among drugs <i>in</i> class, and best practices for complex scenarios. Compare and contrast agents which target basal and post-prandial glucose. |
| 2:15 – 2:30 p.m. | Break |
| 2:30 – 3:30 p.m. | Behavioral Disorders in Children Differentiate clinical presentation and diagnostic criteria of common disorders causing behavioral complaints in children including attention deficit disorder, oppositional defiant disorder, disruptive mood dysregulation disorder, and conduct disorder. Analyze safety concerns, pharmacologic and non-pharmacologic treatment modalities. |
| 3:30 – 3:45 p.m. | Closing and Evaluation |