

Mary Catherine Ehlman

Curriculum Vitae

Professor of Gerontology – University of Southern Indiana

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Education

- 2008** **PhD, Health Related Sciences**
Gerontology Concentration
Virginia Commonwealth University, Richmond, Virginia
Dissertation: Medicaid Reimbursement in Indiana Nursing Homes: The Impact on Quality
- 2000** **Master of Business Administration**
Webster University, St. Louis, Missouri
- 1996** **Master of Social Work**
St. Louis University, St. Louis, Missouri
Concentration: • Long Term Care
 • Social Work in the Health Care Setting
- 1992** **Bachelor of Arts (History)**
Quincy University, Quincy, Illinois
Secondary Education Certification

Professional Employment

Academic Appointments

- 12/01 – present** **University of Southern Indiana, College of Nursing and Health Professions**
- Professor of Gerontology - 8/1/2019 – present; Hershel B. Whitney Endowed Professorship in Gerontology – 2/2019 – present; Associate Professor of Gerontology (08/14 – 7/19); Assistant Professor of Gerontology (8/08 – 8/14); Director of the Center for Healthy Aging and Wellness; (8/08 – present)**
- Areas of Research: Nursing Home Quality and Attitudes about Aging
 - Teach traditional and distance education formats using the Blackboard course management system (class sizes ranging from 1 to 100)
 - Teach health care aspects of gerontology and a variety of classes.
 - Advise health services students and interdisciplinary gerontology minor students

- Develop and implement interdisciplinary curriculum initiatives and lead interprofessional community initiatives.
- Coordinate gerontology schedule of classes and adjunct instructors
- Develop Center for Healthy Aging and Wellness through grant-funded projects (totaling **\$5,021,200** since Fall 2008 as PI or co-PI), developing community partnerships, and building an interdisciplinary network of USI faculty with gerontology expertise.
- Chair of the Annual Mid-America Institute on Aging and Wellness Conference 2014, 2015, 2016, 2017, 2018; 2019 Chair of the curriculum committee planning the Annual Mid-America Gerontology Conference 2008, 2009, 2010, 2011, 2012, and 2013
- Chair of the University Athletics Council: 2015-2019; College of Nursing and Health Professions Representative on the University Athletics Council 2009-2015.
- Principal Investigator on multiple internal and external grant-funded projects
- Supervised multiple graduate and undergraduate students for honors projects, capstones, and research assistant positions
- Conduct national-level research, professional activity, and service

Part-time Instructor, Health Services Program (9/05 – 5/08)

- Taught traditional and distance education formats using the Blackboard course management system (class sizes ranging from 10 to 100)
- Taught health care aspects of gerontology, healthy aging, continuum of care, health facilities administration, healthcare delivery systems, worksite wellness and health promotion courses
- Build relationships with community businesses to host worksite wellness practicum students

Adjunct Instructor, Health Services Program (8/02 – 9/05)

- Taught worksite wellness and health promotion courses
- Revised Worksite Wellness and Health Promotion Minor Curriculum to coincide with Certified Health Education Specialist responsibilities (CHES credentialing); increased credit hours from 24 to 27
- Received Indiana Campus Compact Service Learning Grant (7/04-6/05)

Project Coordinator (Part-time, Grant) Worksite LINK to Wellness Program (12/01 – 10/02)

- Responsible for completing a feasibility study on Worksite Wellness programs in five area businesses in Vanderburgh County, IN
- Facilitated wellness steering committee
- Coordinated four focus groups with area business leaders
- Completed evaluation of program

Other Professional Experience

- 8/19 – present** **Evansville Harrison High School Girls Soccer Coach, Evansville-Vanderburgh School Corporation; Assistant Coach (2018)**
- 2/97 – 2/02** **Cardinal Carberry Senior Living Center**
Evening/Weekend Administrator (part-time) - Cardinal Carberry Senior Living Center (skilled nursing, assisted living & independent living), St. Louis, MO (2000 – 2002)
- Researched, planned and initiated a campus wide quality assessment performance improvement program reporting to the Board of Directors Quality Committee. Facilitated campus wide 20-member quality committee. Initiated quality teams when needed. Staff liaison to Board of Directors quality committee. Worked closely with residents and families.
- Administrator - Cardinal Carberry Senior Living Center**
Mother of Perpetual Help Residence (A Residential Care facility on the Cardinal Carberry Senior Living Center Campus), St. Louis, MO (1999-2001)
- Managed the day to day operations; supervised directly or indirectly 40 FTEs
 - Worked with 80 residents and their family members/responsible parties one-on-one and in small and large group settings
- Administrator - Cardinal Carberry Senior Living Center**
Our Lady of Life Apartments, Inc. (on Cardinal Carberry Senior Living Center Campus), St. Louis, MO (1997-1999)
- Managed the day to day operations of a \$2 million independent retirement center; directly supervised 21 FTEs
 - Worked with 230 residents one-on-one and in small and large group settings
- 6/95 - 2/97** **Education Coordinator**
Alzheimer's Association, St. Louis, MO (internship, part time and full time)
- Responsible for family and general community education in 38 counties; assisted in creating in-services for professionals
 - Editor of a national award winning *Training the Trainer* manual
 - Formulated a quality system to track satisfaction for approximately 240 annual speaking engagements
- 8/95 to 3/96** **Evening Resident Coordinator**
Hope Lodge, American Cancer Society, St. Louis, MO (part time)
- 9/93 to 7/95** **Garden Villas South Retirement Community**
Weekend Administrative Assistant

Garden Villas South Retirement Community, St. Louis, MO (2/95-7/95)

Receptionist

Garden Villas South Retirement Community, St. Louis, MO (8/94-7/95)

Assistant Activity Director

Garden Villas South Retirement Community, St. Louis, MO (9/93-8/94)

Licensure and Certification

Indiana Health Facilities Administrators License (license #: 14005127A through August 2021)

Certified Health Education Specialist Certification (Certification #:11054 through March 2020)

Positive Approach to Dementia Care (PAC) Certified Independent Trainer (Certification # 87; awarded in 2015; annually recertified through Fall 2018)

Respecting Choices First Steps Certified Facilitator, March 6, 2017

Respecting Choices Last Steps Certified Facilitator, January 16, 2018

Respecting Choices Last Steps Certified Instructor, January 16, 2018

Positive Approach to Dementia Care (PAC) Certified Independent Coach (Certification # 131; through October 2017)

Missouri Nursing Home Administrator License (retired license #:5237 as of May 2013: held active license for 1999-2013)

Alzheimer's Association Dementia Professional Certification (as of 9/2009)

Honors and Awards

External

National Society of Collegiate Scholars (NSCS) Distinguished Honorary Member for Scholarship, Leadership, and Service; awarded from USI' NSCS chapter; (Fall 2016)

Sigma Phi Omega National Service Award, awarded for the *Hidden Treasures* project promoting person-centered care in nursing homes (Spring, 2013)

Inducted to Sigma Phi Omega Delta Pi Chapter, University of Southern Indiana (August, 2010)

Internal (University of Southern Indiana)

2019 Keynote Faculty Convocation Speaker, University of Southern Indiana (October 11, 2019)

2019 Dr. Jane Davis-Brezette Faculty Excellence Award. USI faculty member who has contributed to the success of USI Athletics by mentoring student athletes and helping them to achieve their goals in the classroom and beyond (April 2019)

2017 CNHP Excellence in Teaching Award, College of Nursing and Health Professions, University of Southern Indiana (May, 2017)

Teaching Activities

Sample Courses Taught: Fall 2014 – Summer 2018

Term	Course ID	Course Title	Course Type	Enrollment
Summer 2018	GERO215.NO1.Sp18	Health Care Aspects of Gerontology	Distance Ed	23
			Total	23
Spring 2018	GERO215.NO1.Sp18	Health Care Aspects of Gerontology	Distance Ed	29
	GERO499.NC1.Sp18	Administrator-in-Training Residency	Distance Ed	2
	GERO215.001.Sp18	Health Care Aspects of Gerontology	Lecture	44
	GERO425.001.Sp18	Health Facilities Administration	Lecture	12
			Total	87
Fall 2017	GERO215.001.Fa17	Health Care Aspects of Gerontology	Lecture	47
	GERO317.001.Fa17	Health Care Continuum and Com. Services	Lecture	13
	UNIV101.930.Fa17	First Year Experience	Lecture	26
	HP499X.N01.Fa17	Independent Study in Health Services	Indp Study	1
	HP499X.N01.Fa17	Independent Study in Health Services	Indp Study	1
			Total	88
Summer 2017	MHA599XNC1.Su17	Administrator-in-Training Residency	Distance Ed	1
			Total	1
Spring 2017	GERO215.NO1.Sp17	Health Care Aspects of Gerontology	Distance Ed	30
	GERO499XNC1.Sp17	Administrator-in-Training Residency	Distance Ed	1
	GERO215.001.Sp17	Health Care Aspects of Gerontology	Lecture	48
	GERO425.001.Sp17	Health Facilities Administration	Lecture	17
	HP499X.N01.Sp17	Independent Study in Health Services	Indp Study	1
			Total	97
Fall 2016	GERO215.001.Fa16	Health Care Aspects of Gerontology	Lecture	48
	GERO317.001.Fa16	Health Care Continuum and Com. Services	Lecture	21
	UNIV101.931.Fa16	First Year Experience	Lecture	26
	HP490.N01.Fa16	Special Topics In Health Professions	Indp Study	1
			Total	96
Summer 2016	GERO215.NO1.Su16	Health Care Aspects of Gerontology	Distance Ed	22
			Total	22
Spring 2016	GERO215.NO1.Sp16	Health Care Aspects of Gerontology	Distance Ed	35
	GERO215.001.Sp16	Health Care Aspects of Gerontology	Lecture	49
	GERO343.001.Sp16	Death, Dying and Bereavement	Lecture	11
	GERO425.001.Sp16	Health Facilities Administration	Lecture	21
	SOC343.001.Sp16	Death, Dying and Bereavement	Lecture	10
			Total	126
Fall 2015	GERO215.NO1.Fa15	Health Care Aspects of Gerontology	Distance Ed	36
	GERO215.001.Fa15	Health Care Aspects of Gerontology	Lecture	46
	GERO317.001.Fa15	Health Care Continuum and Com. Services	Lecture	22
		Total	104	
Summer 2015	GERO215.NO1.Su15	Health Care Aspects of Gerontology	Distance Ed	42
			Total	42
Spring 2015	GERO215.NO1.Sp15	Health Care Aspects of Gerontology	Distance Ed	43
	GERO215.001.Sp15	Health Care Aspects of Gerontology	Lecture	49
	GERO425.001.Sp15	Health Facilities Administration	Lecture	16
		Total	108	
Fall 2014	GERO215.NO1.Fa14	Health Care Aspects of Gerontology	Distance Ed	37
	GERO215.001.Fa14	Health Care Aspects of Gerontology	Lecture	40
	GERO317.001.Fa14	Health Care Continuum and Com. Services	Lecture	17
	UNIV101.031.Fa14	First Year Experience	Lecture	25
		Total	119	

Other Teaching Activities and Contributions

MHA 655.N01 Interdisciplinary Aspects of Gerontology online course development to achieve nationally-established Quality Measures standards and completed USI's Online Course Development Program in Summer 2020.

GERO 215.N01 Healthcare Aspects of Gerontology on-line course revisions to achieve nationally-established Quality Measures standards and completed USI's Online Course Development Program in Spring 2018.

GERO 499/MHA599: Administrator-in-Training (AIT) Residency Course Development; approved by USI Curriculum Committee in Spring of 2017 and by the Indiana Professional Licensing Agency in the Fall of 2016 to be offered as Indiana's only university-approved AIT Residency program.

Interdisciplinary Gerontology Minor at USI; led IGM minor development (effective fall of 2014) and curriculum updates (effective Fall of 2015)

Faculty Development: Positive Approach Dementia Care Trainer and Coach Certification 2016 & 2017; use content and techniques in classroom teaching and community presentation

GERO 425.001: Health Facility Administration - revised course to include immersive nursing home experiences (Spring 2017 & Spring 2018)

Integrated Point Click Care, long-term care electronic medical records into Health Services long-term care administration curriculum; coordinated effort to integrate PCC with multiple other programs in the CNHP (2014 to present)

Student Advising and Mentoring Activities

USI Student Mentoring from August 2014 to present:

Student Name & Year	Ehlman's Mentoring Role, Project Activity, and Student Outcome
Jerry Brown (graduate) September 2019 – May 2021	Faculty Mentor for Mr. Brown who is a Graduate Assistant on the Indiana State Department of Health Dementia Workforce externally funded project (Ehlman as PI)
Hollie Woods (graduate) September 2019 – May 2020	Faculty Mentor for Ms. Woods who is a Graduate Assistant on the Geriatric Workforce Enhancement Project, externally funded project (Ehlman as PI)
Laura George (graduate) Feb 2019 – May 2020	Faculty Mentor for Ms. George who is a Graduate Assistant on the Indiana State Department of Health Dementia Workforce externally funded project (Ehlman as PI)
Baylie Peter (undergraduate) Jan 2019 - present	Faculty Mentor for Ms. Peter who is a student worker on the Indiana State Department of Health Dementia Workforce externally funded project (Ehlman as PI)
Kristin Raffensberger (undergraduate) Jan 2019 – May 2019	Internship mentor for Ms. Raffensberger who worked on the MAGIC project.
Elliott Jordan (undergraduate) May 2019	Internship Mentor for Elliott who worked specifically move all dementia-related peer-reviewed research articles to Zotaria, open-access reference tool to be used by our faculty-student research team.

Student Name & Year	Ehlman's Mentoring Role, Project Activity, and Student Outcome
Hania Khan (<i>undergraduate</i>) Jan 2019 – May 2019	Faculty Mentor for Hania who is a student worker on the Indiana State Department of Health Dementia Workforce externally funded project (Ehlman as PI)
Brooklyn Web (<i>undergraduate</i>) Spring 2018 – Fall 2018	Faculty instructor for Administrator-in-Training Residency – 2 semesters GERO 499 X 2; Selected as USI AIT Resident in conjunction with USI-Trilogy Scholars program; scheduled to take state and national nursing home licensure exams in Feb 2019.
Claire Abell (<i>undergraduate</i>) Spring 2018 – Fall 2018	Faculty instructor for Administrator-in-Training Residency – 2 semesters GERO 499 X 2; Selected as USI AIT Resident in conjunction with USI-Trilogy Scholars program; passed state and national licensure exams, works in a nursing home in Indianapolis as of Jan 2019.
Tiffani Weatherford (<i>undergraduate and graduate</i>) Feb 2016 – Mar 2018	Faculty Mentor for USI Endeavor Grant (<i>undergraduate</i>) and Capstone (<i>as graduate</i>) for research project entitled: <i>Respecting Intimacy in Long-term Care</i> ; community presentation; Outcome: peer-reviewed presentation: Aging in America Conference, 2018; received USI graduate program travel grant
Rebecca Lucas (<i>undergraduate and graduate</i>) Spring 2017 – Fall 2017	Faculty instructor for Administrator-in-Training Residency – 2 semesters GERO 499X and MHA 599X; Selected as USI AIT Resident in conjunction with USI-Trilogy Scholars program; Outcomes for student mentored: first USI student to complete USI AIT Residency passed state and national licensure exams, currently administrator at local nursing home.
Carlos Caballero-Ramirez (<i>undergraduate and graduate</i>) Aug. 2016 – Nov. 2017	Faculty mentor for Carlos who was a Graduate Assistant for the \$75,000 ISDH Positive Approach to Dementia Care externally funded grant (Ehlman as PI); Outcomes for student mentored: received a dementia training certification, multiple community presentations, a part of writing team on a peer-reviewed publication: Ehlman, M.C., Nimkar, S., Nolan, B. Thomas, P., Nunning, J., *Caballero, C., & Snow, T. Health Workers' Knowledge and Perceptions on Dementia in Skilled Nursing Homes: A Pilot Implementation of Teepa Snow's Positive Approach® to Care Certification Course. <i>The Journal of Continuing Education in the Health Professions</i> (Accepted July, 2018 and In-Press).
Claire Stove (<i>graduate</i>) June 2016 – May 2017	MHA Capstone - MHA651, 652, and 653 - three semesters Project: Teepa Snow Dementia Care
Janna Green (<i>undergraduate and graduate</i>) June 2016 – May 2017	MHA Capstone - MHA651, 652, and 653 - three semesters Completed Point Click Care trainings to become CNHP content-expert & worked with four faculty members to integrate PCC into classroom setting; Outcomes for student mentored: conducted multiple presentations on PCC; a part of writing team on a peer-reviewed publication: Ehlman, K., *Green, J., Wilson, G., McCullough, J. (2017). Click and Care: Academic Integration of a Nursing Home Electronic Health Records System. <i>The Journal of Health Administration Education</i> , 34(4), 601-609 and & peer-reviewed presentation: Ehlman, MC, *Green, J., Wilson, G., & McCullough, J. (2017). Click and Care: Academic Integration of a Nursing Home Electronic Health Records System. Podium Presentation at the Association for Gerontology in Higher Education Annual Meeting. March 9 – 12, 2017. Miami, FL.
Carly Andrews (<i>graduate</i>) Spring 2017	Advisor for Sigma Phi Omega student group where Carly was president; Outcomes for student mentored - Student Government Association Grant of \$700 Funding for Sigma Phi Omega - Student Scholars Forum on Aging
Almera Demirovic	Faculty Instructor for Independent Study – HP 499; Outcomes for student

Student Name & Year	Ehlman's Mentoring Role, Project Activity, and Student Outcome
<i>(undergraduate)</i> Fall 2017	<u>mentored</u> : Almera produced an annotated bibliography and lit review related to dementia
Jessie Pouch <i>(undergraduate)</i> Fall 2017	Faculty Instructor for Independent Study – HP 499; <u>Outcomes for student mentored</u> : Jessie produced created reports for the Southwest Regional Collaborative participating in a quality improvement project
Carlos Caballero-Ramirez <i>(undergraduate)</i> Spring 2017	Mentored for honors project connected to GERO 425.001; <u>Outcomes for student mentored</u> : Carlos prepared and presented Teepa Snow Dementia Care Educational services for Certified Nurses' assistants at Academy for Innovative Studies
Courtney Oldham <i>(undergraduate)</i> Spring 2017	Mentor for honors project tied to GERO 425.001; <u>Outcomes for student mentored</u> : Courtney completed CITI training and reviewed and scored video for Teepa Snow dementia research project
Whitney Zellers <i>(undergraduate)</i> Spring 2017	Faculty Instructor for Independent Study – HP 499; <u>Outcomes for student mentored</u> : Whitney produced an annotated bibliography and lit review related to dementia
Dana Lyons <i>(undergraduate)</i> Fall 2016	Faculty Instructor for Independent Study – HP 490; <u>Outcomes for student mentored</u> : Dana produced an annotated bibliography and lit review related to dementia
Carlos Caballero-Ramirez <i>(undergraduate)</i> Spring 2016	Mentor for honors project tied to GERO 215.001
Oliva Bells ; <i>(undergraduate)</i> ; Spring 2016	Mentor for honors project tied to GERO 343.001
Paul Fletcher <i>(undergraduate)</i> Spring 2014 - Fall 2015	Mentor for Paul Fletcher in development of literature review. <u>Outcomes for student mentored</u> : Paul was winner of Sigma Phi Omega Presidents Paper Award ; received the SGA travel Award ; recipient The Adult Learner Scholarship (nominated by Katie Ehlman)
Isabel Hyer <i>(undergraduate)</i> Fall 2015	Mentor for honors project tied to GERO 215.N01 <u>Outcomes for student mentored</u> : Isabel prepared annotated bibliography using google analytics for aging and public health
Corey Chapman <i>(undergraduate)</i> Fall 2015	Mentor for honors project tied to GERO 215.001; <u>Outcomes for student mentored</u> : Corey completed CITI exam; Research reporting google analytics and the Senior Resource Guide of SW Indiana.
Heather Hortenstine <i>(graduate)</i> Fall 2013 – Fall 2014	Faculty Mentor for Heather who was a Graduate Assistant on the Welborn Foundation Senior Resource Guide externally funded project (Ehlman as PI)

Number of Letters of recommendation written from August 2014- through August 2018: **54 letters of recommendation** that include 32 USI undergraduate students, 5 USI graduate students, 6 USI graduates/alumni, 7 USI faculty, and 4 faculty outside of USI.

Numbers of Advisees assigned by semester/academic year:

Semester/Academic Year	Total Number of Advisees
Fall 2009	39 students
Fall 2010	66 students
Fall 2011	95 students
Fall 2012	84 students
Fall 2013	46 students
2014 - 2015	48 students
2015 – 2016	46 students
2016 - 2017	44 students
2017 - 2018	52 students

Faculty advisor for **two** USI student group: STELLAR and USI's chapter of Sigma Phi Omega

Scholarship, Research, and Creative Works

Publications – Peer-reviewed or Refereed

Ehlman, M.C., Nimkar, S., Nolan, B. Thomas, P., *Caballero, C., & Snow, T. (2018). Health Workers' Knowledge and Perceptions on Dementia in Skilled Nursing Homes: A Pilot Implementation of Teepa Snow's Positive Approach® to Care Certification Course. *The Journal of Continuing Education in the Health Professions*, 38(3):190-197. doi: 10.1097/CEH.0000000000000216.

Ehlman, K., *Green, J., Wilson, G., McCullough, J. (2017). Click and Care: Academic Integration of a Nursing Home Electronic Health Records System. *The Journal of Health Administration Education*, 34(4), 601-609.

Ehlman, K. (2017). Positive interactions with older adults: Introduction. In Baker, Kruger, & Karasik (Eds.) *A Hands-on Approach to Teaching About Aging: 32 Activities for the Classroom and Beyond*. New York, NY: Springer Publishing.

Moriello, G., Ligon, M., **Ehlman, K.** (2016). Don't [have to] talk to strangers? Findings from an intergenerational oral history project. *The International Journal of Reminiscence and Life Review*, 3(1), 8-14.

Reynolds, E., Daum, D., Frimming, R. **Ehlman, M.C.** (2016). Pickleball Transcends the Generations in Southwest Indiana: A University and Area Agency on Aging Partnership Changing the Face of Aging. *Journal of Intergenerational Relationships*. 14(3), 242-251, doi: 10.1080/15350770.2016.1194730

Arvin, M.K., **Ehlman, M.C.**, McCullough, J., & Ramos, E. (2015). An Interprofessional Education Nursing Home Dining Simulation Promotes Changes in Student Attitudes. *Health and Interprofessional Practice*, 2(4), 1-8.

- Wilson, A., Dugger, R., **Ehlman, M.C.**, Eggleston, B. (2015). Implementation science in nursing homes: A case study of the integration of bladder ultrasound scanners. *Annals of Long-Term Care*, 23(6), 21-26.
- Ehlman, K.**, Ligon, M., & Moriello, G. (2014). The Impact of Intergenerational Oral History on Perceived Generativity in Older Adults. *Journal Of Intergenerational Relationships*, 12(1), 40-53. doi:10.1080/15350770.2014.870865
- Ligon, M., **Ehlman, K.**, Moriello, G., *Russo, C., & *Miller, K. (2014). Validation of the Attitude-Older Adult and Aging-Visual Analogue Scales (At-O-A). *Educational Gerontology*, 40(8), 572-583. doi:10.1080/03601277.2013.858467
- DeCoster, V., **Ehlman, K.**, & Conners, C. (2013). Factors Contributing to Readmission of Seniors into Acute Care Hospitals. *Educational Gerontology*, 39(12), 878-887. doi:10.1080/03601277.2013.767615
- Mathis, S, **Ehlman, M. C.**, Dugger, R. Harrawood, A., Kraft, K. (2013). Bladder Buzz: The Effect of a 6-Week Evidence- Based Staff Education Program on Knowledge and Attitudes Regarding Urinary Incontinence in a Nursing Home. *The Journal of Continuing Education in Nursing*. Vol 44(No 11), 2013.
- Huang, G., Shi, X., Gibson, C., Huang, S., Coudret, N., & **Ehlman, M.** (2013). Controlled aerobic exercise training reduces resting blood pressure in sedentary older adults. *Blood Pressure*, 22(6), 386-394. doi:10.3109/08037051.2013.778003
- Ehlman, M. C.** & Ligon, M. (2012). The Application of a Generativity Model for Older Adults *International Journal of Aging & Human Development*. 74:4, 331-344.
- Ehlman, M. C.**, Wilson, A., Dugger, R., Eggleston, B., Coudret, N., Mathis, S. (2012). Nursing Home Staff Members' Attitudes and Knowledge About Urinary Incontinence: The Impact of Technology and Training. *Urologic Nursing*. 32(4), 205-213.
- Ehlman, M. C.**, Ligon, M. B., Moriello, G. & Welleford, E. A. Schuster, K. (2011). Oral History in the Classroom: A Comparison of Traditional and On-line Gerontology Classes. *Educational Gerontology*. 37:9, 772-790.
- Ligon, M. B., **Ehlman, M. C.**, Moriello, G. & Welleford, E. A. (2009). Oral History in the Classroom: Fostering Positive Attitudes toward Older Adults and the Aging Process. *Journal of Aging, Humanities and the Arts*. 1(3):1-14.

Scholarly Works Related to Professional or Clinical Practice

- Thomas, Pamela & **Ehlman, Katie** & Nunning, Jennifer . Integration of Teepa Snow's Positive Approach® to Care into Multidisciplinary Health Professions Courses. Virginia Henderson Global Nursing e-Repository. Retrieved from <https://na01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fhdl.handle.net%2F10755%2F624193&data=02%7C01%7Cpkthomas%40usi.edu%7C4489eac9f984f484bb57708d5>

[c72c393c%7Cae1d882c786b492c90953d81d0a2f615%7C0%7C1%7C636633915124071600&sdata=XutFdYYZBgsaS1Iz7lp8PZrtbtPC8Oc1%2BZ2Gp5BYv48%3D&reserved=0](https://doi.org/10.1080/08980101.2016.1191111)

Ehlman, M.C., Ramos, E., McCullough, J. & Arvin, M.K. (2016). Can Mrs. Klausman stay in assisted living. In D.A. Singh, *Effective management of long term care facilities* (3rd ed., p.22). Burlington, MA: Jones & Bartlett Learning, LLC.

McCullough, J., **Ehlman, M.C.**, Ramos, E., & Arvin, M.K. (2016). Unhappy with mechanical soft. In D.A. Singh, *Effective management of long term care facilities* (3rd ed., p.287-88). Burlington, MA: Jones & Bartlett Learning, LLC.

Papers in Conference Proceedings

Ehlman, M.C., Coudret, N., Dugger, R, Eggleston B, Mathis, S, & Wilson, A. (2010). Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes: The Impact on Quality of Life [Abstract]. *Journal of the American Geriatrics Society*, 58(4, S1-S280), S70.

Other Scholarly and Creative Work – Not Referred or Juried

Ehlman, M.C., White A. Positive Approach® to Dementia Care in Southwest Indiana funded by the Indiana State Department of Health Final Report (November 10, 2017). University of Southern Indiana.

Ehlman, M. C., Mathis, S., & Dugger, R. (2012). *Creative Staff Training About Urinary Incontinence*. McKnights Long-Term Care News and Assisted Living; July, 5, 2012.

Ehlman, M. C. & Eggleston, B. Yoga for Older Adults. *Wellness Management, Winter 2010*.

Coudret, N. & **Ehlman, M.C.** Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes Project funded by the Indiana State Department of Health Final Report (October 30, 2009). University of Southern Indiana

Scholarly Presentations in Conferences, Symposia, Colloquia, and Seminars

Peer-Reviewed National Presentations

Leahy S, **Ehlman K**, Maish L, Conrad B, Hall J, Wells R, Holscher L. (2020). Innovative Partnerships Between Primary Care, AAAs, and Academia Connect 4Ms and Social Determinants of Health. 2020 Gerontology Society of America Annual Scientific Meeting, Philadelphia, Pennsylvania (virtual).

Brown, J., Baylie, P., Nwakasi, C., Reddy, P., **Ehlman, K.**, Nolan, B., & Snow, T. (2020). *Beta Test of a PAC Dementia Knowledge Training Module Included in a Nursing Home Orientation Curriculum*. 2020 Gerontology Society of America Annual Scientific Meeting, Philadelphia, Pennsylvania (virtual).

- Reddy, P., Nwakasi, C., Brown, J., Nolan, B., Snow, T., & **Ehlman, K.** (2020). *Dementia Knowledge and Caregiving Skills Improvement from Using the PAC Model: A Pilot Comparative Evaluation*. 2020 Gerontology Society of America Annual Scientific Meeting, Philadelphia, Pennsylvania (virtual).
- Nimkar, S., **Ehlman, M. C.**, Thomas, P., Nolan, B. A. D., Bacic, D., & Snow, T. (2019, November). Assessing changes in nursing home staff's initial approach to engage PLwD after participating in an innovative dementia training program: A pilot study. Roundtable presentation at the annual meeting of American Public Health Association (APHA), Philadelphia, PA.
- Ehlman, M.C.**, Nimkar, S., Nolan, B. Thomas, P., *Caballero, C., & Snow, T. (2018). Health Workers' Knowledge and Perceptions on Dementia in Skilled Nursing Homes: A Pilot Implementation of Teepa Snow's Positive Approach® to Care Certification Course.
- Ligon, M, **Ehlman, MC**, Moriello. Nuts and Bolts of Oral History. Gerontological Society of America Scientific Meeting, Nov. 2018, Boston.
- Thomas, P., **Ehlman, M.C**, Nunning, J. (2018). PAC Education. Poster Presentation at the Association for Gerontology in Higher Education Annual Meeting. Feb 28 – March 4, 2018, Atlanta, Georgia.
- Ehlman, MC**, *Green, J., Wilson, G., & McCullough, J. (2017). Click and Care: Academic Integration of a Nursing Home Electronic Health Records System. Podium Presentation at the Association for Gerontology in Higher Education Annual Meeting. March 9 – 12, 2017. Miami, FL.
- Moriello, G., **Ehlman, M.C**. Ligon, M., (2016). *Correlation of Attitude Toward Older Adults and Attitude Toward the Aging Process*. Poster Presentation at the 69th Gerontological Society of America Scientific Meeting. November 2016, New Orleans.
- Ehlman, M.C.**, McCullough, J., Ramos, E & Arvin, M.K. (2015). *An Interprofessional Education Nursing Home Dining Simulation Promotes Changes in Student Attitudes*. Poster Presentation at the 68th Gerontological Society of America Scientific Meeting. November 2015, Orlando.
- Moriello, G., Ligon, M., **Ehlman, M.C**. (2015). *Minimal Detectable Change of the Attitude-Older Adult and Aging-Visual Analogue Scales (At-O-A)*. Poster Presentation at the 68th Gerontological Society of America Scientific Meeting. November 2015, Orlando.
- Brown, P., Hancock, C., Yancura, L. Culler, K (**Ehlman** substituted for Culler), Bennett, C. & Downer, B. (2015). *Syllabi and Students and CVs Oh My! Obtaining and Surviving Your First Academic Position*. Preconference Institute. Forty-first Association for Gerontology in Higher Education Annual Meeting. March 3-6, 2015, Nashville, TN.
- Reynolds, E., **Ehlman, K**. Frimming R. & Daum, D. (2015). *Pickleball Transcends the Generations in Southwest Indiana: A University and Area Agency on Aging Partnership*

- Changing the Face of Aging*. Forty-first Association for Gerontology in Higher Education Annual Meeting. March 3-6, 2015, Nashville, TN.
- Huber, L., Adamek, M. Borrero, L. **Ehlman, K.**, & Kruger, T. (2015). *Statewide Networking to Improve the Face of Gerontology Globally: Lessons from Indiana's InterCollege Council on Aging*. Forty-first Association for Gerontology in Higher Education Annual Meeting. March 3-6, 2015, Nashville, TN.
- Ligon, M., **Ehlman K.**, & Moriello, G. (2014). *Don't Talk to Strangers? Findings from an Intergenerational Oral History Project*. Podium Presentation at the 67th Gerontological Society of America Scientific Meeting, November 2014, Washington, DC.
- Harrop-Stein, C., Cotter, J., **Ehlman, K.**, Jones, M., & Welleford, A. (2014). Fortner, M. *An Exploratory Factor Analysis of the Person-Centered Care Attitude Test*. Poster Presentation at the 67th Gerontological Society of America Scientific Meeting, November 2014, Washington, DC
- Dugger, R., **Ehlman, K.** & Mathis, S. (2014) *Bladder Buzz: An Evidence-Based Toolkit to Combat Urinary Incontinence*, American Nurses Credentialing Center Board Certified Conference, Rockville, MD, 3/21/14
- Yancura, L. **Ehlman, K.**, & Ligon, M. (2014). *Reminiscence Films in the College Classroom: How to Connect Students, Older Adults, and communities*. Poster Presentation at the 40th Annual Association for Gerontology in Higher Education. February 2014, Denver, CO.
- Ehlman, K.**, Ligon, M. & Moriello, G. (2014). *Don't Talk to Stranger!*. Poster Presentation at the 40th Annual Association for Gerontology in Higher Education. February 2014, Denver, CO.
- Ehlman, K.**, Ligon, M. & Moriello, G. (2013). *Validation of a Scale to Measure Students' Attitudes Toward Older Adults and Attitudes Toward the Aging Process*. Poster Presentation at the 66th Gerontological Society of America Scientific Meeting, November 2013, New Orleans, LA.
- Ehlman, M. C.** & Ligon, M. (2013). *Lights, Camera, Action: The Utilization of Student-Created Video Documentaries to Benefit Interprofessional Nursing Home Staff Members, Frail Elders, and Gerontology Students*. Resource Exchange at the Association of Gerontology in Higher Education Annual Meeting and Educational Leadership Conference, February 2013, Tampa, FL.
- Ehlman, M. C.**, Mathis, S., Dugger, R (2012). *Bladder Buzz: A Urinary Incontinence Educational Program for Nursing Home Staff*. Poster Presentation at the 65th Gerontological Society of America Scientific Meeting, November 2012, San Diego, CA.
- Ligon, M, **Ehlman, M. C.** Moriello, G. (2012). *Benefits of an Oral History Project: A Win, Win, Win Endeavor*. Poster Presentation at the 65th Gerontological Society of America Scientific Meeting, November 2012, San Diego, CA.

Ehlman, K., Ligon, M. & Moriello, G. (2012). *Generativity and development in late-life: The impact of oral history*. Paper presentation at the Association of Gerontology in Higher Education Annual Meeting and Educational Leadership Conference, February 2012, Arlington, VA.

Ehlman, M. C., Ligon, M., & Moriello, G. (2011). The Impact of Oral History on Perceived Generativity of Older Adults. International Reminiscence and Life Review Conference, November 18, 2011, Boston, MA.

Ehlman, M. C., Ligon, M., & Moriello, G. (2011). Oral History in the Classroom: A Comparison of Traditional and On-line Gerontology Classes. Paper presentation at the 37th AGHE Annual Meeting and Educational Leadership Conference, March 18, 2011, Cincinnati, Ohio.

Ligon, M. **Ehlman, M. C.** (2011) The Impact of Oral History on Perceived Generativity of Older Adults. The 37th AGHE Annual Meeting and Educational Leadership Conference, March 18, 2011, Cincinnati, Ohio.

Dugger, R., **Ehlman M. C.**, Coudret N., Eggleston B., Mathis S., Wilson, A. (2010). Assessing the Benefits of Bladder Ultrasound Scanners, Podium Presentation at National Gerontological Nursing Association Annual Convention, October 15, 2010, Palm Spring, CA.

Eggleston B, **Ehlman M.** Yoganna Love It: Yoga and Older Adults. (2010). National Wellness Institute Meeting, July 2010, Stevens Point, WI.

Ehlman, M. C., & Coudret, N., Dugger, R, Eggleston B, Mathis, S, & Wilson, A. (2010). Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes: The Impact on Quality of Life. 2010 Annual Scientific Meeting of the American Geriatrics Society, May 13, 2010, Orlando, FL.

Ligon, M. B., **Ehlman, M. C.**, Moriello, G. & Welleford, E. A. (2007). Oral history in the classroom: Fostering positive attitudes toward older adults and the aging process. 33rd Annual Meeting and Educational Leadership Conference of the Association for Gerontology in Higher Education, March 3, 2007, Portland, Oregon.

Peer-Reviewed Regional Presentations

McCullough, J, **Ehlman MC**, Romas, E., & Arvin, M. An Interprofessional Problem-Based Nursing Home Dining Simulation Experience Promotes Changes in Dietetic Students' Perceptions of Interprofessional Care. Indiana Academy of Nutrition and Dietetics Annual Spring, "Nutrition: Choose Your Own Adventure". April 15 and 16, 2015, Indianapolis, IN

Ehlman, M. C., Mathis, S., & Dugger, R. (2012). Bladder Buzz. 17th Annual Nursing and Health Professions Educator Conference. October 17, 2012, Evansville, IN.

Ehlman, M. C. & Valadares K. (2012). Innovative Service Learning: The Utilization of Student-Created Video Documentaries to Benefit Interprofessional Nursing Home Staff Members. Paper presentation at the 17th Annual Nursing and Health Professions Educator Conference. October 17, 2012, Evansville, IN.

Ehlman, M. C., Ligon, M., Moriello, G. (2011). Oral History in the Classroom: A Comparison of Traditional and On-line Gerontology Classes. Paper presentation at the 16th Annual Nursing and Health Professions Educator's Conference, October 19, 2011, Evansville, IN.

Mathis, S., **Ehlman, K., Dugger, R.** (2011). Bladder Buzz. Illinois Occupational Therapy Association State Conference, November 12, 2011, Galena, IL.

Ehlman, M. C., Mathis, S., & Dugger, R. (2011). Bladder Buzz. Paper presentation at the Indiana Association of Homes & Services for the Aging Fall Conference, September 20, 2011, Indianapolis, IN.

*Harrawood, A. & *Kraft, T. (**Faculty mentors: Mathis, S. & Ehlman, K.**) (2011). Bladder Buzz Building Blocks. Indiana Rural Health Association Annual Meeting, June 7, 2011, Indianapolis, IN. Faculty Mentors to two students; won **first place** in poster competition and financial compensation of \$400.

Ehlman, M. C. (2011). Preservation Through the Generations through Oral History in the Classroom: Connecting Generations and Changing Attitudes. Equity & Diversity Conference, April 15, 2011, Evansville, IN.

Harrawood, A., Kraft, T. Mathis, S., **Ehlman, K.,** (2011). Bladder Buzz Building Blocks. University of Southern Indiana Endeavor! Awards for Research & Creativity. Evansville, Indiana, April 5, 2011.

Presentations: Invited - Regional

Ehlman, M. C. & Mathis, S. (2010). Nursing Home Bladder Buzz: Incontinence in Long Term Care. 3rd Annual Mid-America Institute on Aging, August, 18, 2010, at University of Southern Indiana, Evansville, IN.

Ehlman, M. C. & Mathis, S (2009). Nursing Home Bladder Buzz: Incontinence in Long Term Care. 3rd Annual Mid-America Institute on Aging. University of Southern Indiana, August, 18, 2010, Evansville, IN.

Ehlman, M. C., & Coudret, N. (2009). Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes. Indiana State Department of Health; Long Term Care Leadership Conference, March 24, 2009, Indianapolis, IN.

Ehlman, M. C. (2009). Picture a Livable Community: Trends from Indiana Communities. 2nd Annual Mid-America Institute on Aging, University of Southern Indiana, August, 13, 2009, Evansville, IN.

Publications – Accepted and in-press

Ligon, M. **Ehlman, M. C.**, & Moriello, G. (2019). Connecting the generations: A practical guide to implementing an oral history project in the gerontology classroom. *The International Journal of Reminiscence and Life Review*, 6, 1, 21-28.

Scholarly Works in Progress

Nimkar, S., **Ehlman, M. C.**, Thomas, P., Nolan, B. A. D., Bacic, D., & Snow, T. Assessing changes in nursing home staff's initial approach to engage PLwD after participating in an innovative dementia training program: A pilot study.

Ehlman, M. C., Moriello, G., Ligon, M. B The Relationship between Young Adults' Attitudes Toward Older Adults and their Attitudes Toward their Own the Aging Process (Manuscript under review. July, 2017).

Grants and Contracts

Total funded awards as PI or Co-PI: \$

External Grants: Awarded and Funded:

Ehlman, M.C (Principal investigator). National Nursing Home COVID-19 Action Network (NNHCAN) ECHO. Sub-Award Recipient – Indiana University. \$70,000. Nov 1, 2020-March 30, 2021(funded.)

Ehlman, M.C (Principal investigator), Leahy, S. USI Geriatrics Workforce Enhancement Program COVID. Health Resources Services Administration (HRSA T1MHP39039); \$90,625; 5/1/2020 – 4/30/2021 (funded).

Ehlman, M.C. (Principal investigator); Butler, R; Nimkar, S.; Valadares, K. USI Geriatrics Workforce Enhancement Program (GWEP). Health Resources Services Administration (HRSA U1QHP33084); 3,700,000; 7/1/2019 – 6/30/2024 (funded).

Ehlman, M. C (Principal investigator); Nolan. B.T, (submitted 2018). Building a Dementia-Competent Nursing Home Workforce (ISDH CMP 2018-02); \$789,000 (funded).

Valadares, K (principal investigator); **Ehlman M.C** (co-investigator), Pease, M. (co-investigator) Advance Care Planning in Southwest Indiana Nursing Homes: Promoting Quality of Life and Person-Directed Culture. Indiana State Department of Health \$332,360 (funded).

Ehlman, M. C (Principal investigator). (submitted 2016). Positive Approach™ to Dementia Care in Southwest Indiana. Indiana State Department of Health; \$75,000 (funded).

Ehlman, M. C (Principal investigator). Metzger, R. (submitted July, 2012). Community Transformation Plan. Subaward through Welborn Baptist Foundation (WBF), Centers for Disease Control (CDC); \$68,858 (funded)

Ehlman, M. C (Principal investigator). (submitted August, 2013). Community Transformation Plan. Additional funds for Subaward through Welborn Baptist Foundation (WBF) to create bi-lingual website, Centers for Disease Control (CDC); \$14,238 (funded)

Ehlman, M. C., Conners, C., & Friona, J. (submitted, May 2010). Home Modification: Building Ramps to Promote Independent Living. Home Depot; \$5000 (funded); written in conjunction with the local Area on Aging (SWIRCA & More)

Ehlman, M. C. & Elpers, K. (submitted January 2011). Careers in Aging Week. Gerontological Society of America and Association for Gerontology in Higher Education; \$200 (funded)

Ehlman, M. C., Coudret, N., Dugger, R., Eggleston, B., Mathis, S., & Wilson, A. (submitted 2008). Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes. Indiana State Department of Health; \$37,285 (funded).

External Grants: Awarded but Not Funded

Ehlman, M. C. & Metzger, R. (submitted, March 2015). Geriatrics Workforce Enhancement Program: Growing Leaders to Enhance Eldercare (GLEE) Center. Health Resources Services Administration (HRSA); \$2,133,097 (awarded, but not funded).

Ehlman, M. C., Hall, M., Metzger, R. (submitted, March 2012). Comprehensive Geriatric Education Program. Health Resources Services Administration (HRSA); \$810,000 (awarded, but not funded).

Ehlman, M. C. & Rowser, M. (submitted 2009). Healthy Aging Conference: A toolkit for Professionals Working with Older Adults; Centers for Disease Control and Prevention; National Center for Chronic Disease Prevention and Health Promotion Conference Support Program, \$37,301; (awarded, but not funded).

Internal USI Grants: Awarded and Funded

Total Amount: **\$33,350**

Wells, P. R., Swateja, N., **Ehlman, M.C.** (submitted, October 2016). Health Services Department: Building a Community of Scholars among Students and Faculty. Major as Home Grant. University of Southern Indiana; \$2255.00 (funded)

Ehlman, M.C, Arvin, M, Daum, D. Elpers, K. , Frimming, R., Reynolds, E (submitted, October 2013). USI Students and the Indiana State Games. Major as Home Grant. University of Southern Indiana; \$3000 (funded)

Ehlman, M. C., (submitted November, 2011). Person-Centered Care Attitude Tool. University of Southern Indiana Endeavor Program; \$3,000 (funded).

Ehlman, M. C. (submitted March 2011). Hidden Treasures. University of Southern Indiana; Service Learning Institute. \$1800 (funded).

Ehlman, M. C. (submitted March 2011). Teaching Enhancement Award. University of Southern Indiana; \$748 (funded).

Mathis, S & **Ehlman, M. C.** (submitted December, 2010). Bladder Buzz Building Blocks. University of Southern Indiana Endeavor Program; \$3995 (funded).

Ehlman, M. C., Mathis, S., & Dugger, R. (submitted 2009). Bladder Buzz. University of Southern Indiana Applied Research Faculty Outreach and Engagement 2010 Summer Fellowship; \$4000 (funded).

Ehlman, M. C. (submitted 2009). Generativity: A Look at Older Adults' Contributions to Society Through Oral History. University of Southern Indiana, 2010 Summer Research Fellowship; \$7000 (funded).

Ehlman, M. C. (submitted 2009). Gerontology Honors Society - Sigma Phi Omega. University of Southern Indiana, Major as Home; \$750 (funded).

Eggleston, B & **Ehlman, M. C.** (submitted 2009). Yoga for the older adults...Yogonna Love It; awarded University of Southern Indiana RISC program; \$1500 (funded).

Ehlman, M. C. (submitted 2008) Preservation Through the Generations. Historic Southern Indiana, Darrell Bigham Historic Southern Indiana 2009 Faculty Engagement Fellowship; \$4000 (funded).

Ehlman, M. C., Eggleston, B. & McCalister, K. (submitted 2008) Yoga...Yogonna Love It; University of Southern Indiana, Major as Home; \$3200 (funded).

Ehlman, M. C. & Elpers, K. (submitted 2008) STELLAR. University of Southern Indiana, Major as Home; \$1300 (funded).

Professional and Clinical Activities

Clinical and/or Professional Practice

Consultant & Service: Southwest Regional Collaborative; 2015 – Spring 2019

Regional Collaborative Technical Assistance "Hosts" for Indiana State Department of Health

Regional Collaborative State-Wide Technical Assistance Webinar; November 28, 2017

Expert Panelist for the Health Promotion and Worksite Wellness Certificate Program offered through USI's Center for Health Professional Lifelong Learning, 2015 – present.

External reviewer for Dr. Zanjani's application to Associate Professor, Virginia Commonwealth University, August 2017

Reviewed Dementia Care Training Skills with Nursing Home Staff Members as stated below:

- September 15, 2016 – Katie Ehlman met to review skills with River Oaks PAC Coach
- October 13, 2016 – Katie Ehlman met to review skills with Good Samaritan PAC Coach
- October 20, 2016 – Katie Ehlman met to review skills with Good Samaritan PAC Coach and provided technical support for video
- October 20, 2016 – Katie Ehlman met to review skills with Gibson General PAC Trainer and provided technical support for video
- October 20, 2016 – Katie Ehlman met to review skills with River Oaks Coach and provided technical support for video
- October 20, 2016 – Katie Ehlman met with Park Terrace (Evansville) Coach and Trainer to review skills and discuss next steps
- October 27, 2016 – Katie Ehlman met to review skills with Good Samaritan PAC Coach and provided technical support for video
- October 27, 2016 – Katie Ehlman met to review A1 Session with Gibson General PAC Trainer and provided technical support as Gibson General PAC Trainer conducted training
- October 27, 2016 – Katie Ehlman met to review plan with River Oaks Coach
- October 27, 2016 – Katie Ehlman met with Park Terrace Coach and Trainer to review PAC skills and provide technical support for video

Professional Service

Journal of Reminiscence and Life Review (IJRLR), “Pedagogy of Reminiscence and Life Review: Strategies for student engagement, Spring 2018

The Journal of Health Administration Education. "A Long Term Care Administration Practicum Cohort Model with Adjunctive Applied, Online Coursework", Spring 2017

Journal of Intergenerational Relationships “No matter what it cost, they would do everything me”: Are early intergenerational experiences the seed of a generative adult?” Spring 2016

Memory, “The Functions and Value of Reminiscence for Nursing Home Residents” Fall 2015.

Professional Organization Membership

Sigma Phi Omega National Gerontology Honors Society, approximately 60 local university chapters

Member-at-Large (elected): 2011 - 2013

President Elect (elected): 2013-2014

President (elected): 2014-2016

Past President (elected): 2016-2017

Association for Gerontology in Higher Education (AGHE)

Pecha-Kucha Session Annual Conference Chair: 2018 & 2017

Abstract Reviews for 44th AGHE Annual Meeting: in 2017 for 2018 annual meeting

Chair Paper Session entitled Chair of the paper session entitled *Employing Competencies to Enhance Gerontology and Geriatric Education*. AGHE Annual Conference: 2017

Networking Lunch Annual Conference Planning Co-Chair: 2016, 2015, 2014

Professional Development Activities – selected

August 1, 2014 through November, 2021

- GWEP-CC Virtual Meeting, November 10, 2021. For GWEP grantees and partners of the American Geriatrics Society (AGS).
- GWEP-CC Preconference Virtual Session, May 11, 2021. In conjunction with the American Geriatrics Society (AGS) Annual Scientific Virtual Meeting (#AGS21)
- Bridges/Taking Action, USI, April 30, 2018
- 10th Annual Mid-America Institute on Aging & Wellness; USI Evansville, IN, August 10 & 11, 2017.
- UNIV 101/First Year Experience Instructor Workshop, USI, August 4, 2017.
- Bridges: Building a Supportive Community, USI, May 30, 2017.
- Dementia Care, Indiana State Department of Health, March 8, 2017.
- Sharing Plans for Compliance, Indiana State Department of Health, January 26, 2017.
- QPR Suicide Prevention Gatekeeper Program, September 29, 2016.
- QAPI: Team Building, Indiana State Department of Health, September 22, 2016.
- 9th Annual Mid-America Institute on Aging & Wellness; Preconference, Evansville, IN, August 10, 2016.
- 9th Annual Mid-America Institute on Aging, Evansville, IN August 11 & 12, 2016
- Pharmacogenomics, Indiana State Department of Health, July 21, 2016
- Designing Excellence in Care, Indiana State Department of Health, June 17, 2016.
- How Dementia Affects Us, Indiana State Department of Health, May 18, 2016.
- Implementing Interventions to Reduce Antipsychotic Use, April 21, 2016.
- Finalizing Interventions to Reduce Antipsychotic Use, March 17, 2016.
- Developing Interventions to Reduce Antipsychotic Use, February 17, 2016.
- Designing Your Online Course, USI – Quality Matters, February 24, 2016.
- Working with Students in Crisis, USI, January 6, 2016.
- Antibiotic Reduction Stewardship, Indiana State Department of Health, December 10, 2015.
- Mentoring for Your Success, Brown Bag Lunch, CNHP, USI, November 4, 2015.
- Nursing and Health Professions Educator Conference, USI, October 21, 2015
- USI Child Protection Policy Training Course, USI, October 13, 2015
- QAPI Processes and Flu Prevention, Indiana State Department of Health, October 15, 2015.
- Atom Alliance/Qsource and Data Trending, Indiana State Department of Health, September 17, 2015
- Heart to Heart Hospice Volunteer Training, USI, Fall 2015
- Collaborative Institution Training Initiative (CITI); August 27, 2015.
- UNIV 101/First Year Experience Instructor Workshop, Friday, June 6, 2014.
- PAC Training, Positive Approach to Dementia Care with Teepa Snow, November 2014
- 8th Annual Mid-America Institute on Aging: Best Practices in Dementia Care Preconference, Evansville, IN, August 11, 2015.
- 8th Annual Mid-America Institute on Aging, Evansville, IN August 13 & 14, 2015.
- 68th Gerontological Society of America Scientific Meeting. November 2015

- International Reminiscence and Life Review Conference, Orlando, Nov 16-18, 2015.
- Appreciative Inquiry: Meaning and Momentum, USI, May 11, 2015.
- Midwest Care Coordination Conference, USI, May 7, 2015
- Degree Works, USI, March 6, 2015
- Forty-first Association for Gerontology in Higher Education Annual Meeting. March 3-6, 2015, Nashville, TN
- 7th Annual Mid-America Institute on Aging: Best Practices in Dementia Care Preconference, Evansville, IN, August 13, 2014.
- 7th Annual Mid-America Institute on Aging, Evansville, IN August 14 & 15, 2014.

Professional Development Activities – 2008 through August 1, 2014

Participant in Team Steps Interprofessional Education Workshop, USI, May 2013

19th Annual Nursing and Health Professions Case Management Conference, Evansville, IN, May 9, 2013.

Health Care Excel National Nursing Home Quality Collaborative, Learning Session 1, Evansville, IN, May 21, 2013

Association for Gerontology in Higher Education (AGHE), Tampa, FL, Feb/March 2013.

65th Gerontological Society of America Scientific Meeting, San Diego, CA, November, 2012.

5th Annual Mid-America Institute on Aging, August 2012

Association for Gerontology in Higher Education (AGHE), Arlington, VA, Feb/March 2012.

International Reminiscence and Life Review Conference, Boston, MA, November 18, 2011.

64th Gerontological Society of America Scientific Meeting, San Diego, CA, November, 2011.

4th Annual Mid-America Institute on Aging, August 2011.

16th Annual Nursing and Health Professions Educator Conference, University of Southern Indiana, Evansville Indiana, October 19, 2011.

End of Life Issues, University of Southern Indiana, Evansville, Indiana, April 13, 2011.

Association for Gerontology in Higher Education (AGHE), Cincinnati, OH, March 2011.

Mom, Dad...Can We Talk? Engaging Families for Successful Outcomes, Dick Edwards from Mayo Clinic/Charter House, Solarbron. January, 2011.

Participant in Fall Faculty Workshop, Diversity Policies in Higher Education, University of Southern Indiana, August 9, 2011.

Participant in Technology Update, College of Nursing and Health Professions, August 4, 2011.

Participant in Advising Workshop, College of Nursing and Health Professions, August 4, 2011.

Selected to attend the USI Service Learning Institute, Evansville, IN, May 9- 12, 2011.

Participant in the 2011 Spring Assessment Speaker, University of Southern Indiana

Participant in 2011 AGHE Gerontology Pre-Conference on Teaching

Participant in 2011 Spring Workshop Sessions, University of Southern Indiana, January 3, 2011.

Advanced Database Features for Faculty Research

Multimedia Classroom Technology

3rd Annual Mid-America Conference on Aging, August 2010.

College of Nursing and Health Professions Advising Workshop, August 10, 2010.

Selected to attend the Syracuse Policy and Aging Institute, Syracuse, NY, June 6-10, 2010.

Peer Review Process Update Workshop, College of Nursing and Health Professions, University of Southern Indiana, August 11, 2009.

2010 American Geriatrics Society Annual Scientific Meeting, Orlando, Florida, May 2010.

2nd Annual Mid-America Conference on Aging, August 2009.

Case Management 2009, University of Southern Indiana, May, 2009.
13th Annual Research and Evidence-Based Practice in Health Care Conference, University of Southern Indiana, April 2009.
12th Annual Research and Health Care Issues Conference, University of Southern Indiana, April, 2009.
Participant in new faculty orientation in-services. University of Southern Indiana. 2008-2009.
New Faculty Orientation (day-long), August 22, 2008.
USI Student Services (one-hour session), September 11, 2008.
Advising (one-hour session), October 20, 2008.
Student Evaluations & Assessment Day (one-hour session), November 5, 2008.
Round Table: Teaching Techniques (one-hour session), December 3, 2008.
Attending *Alzheimer's Standardized Patient Care Training* at the University of Louisville, Thursday, November 20, 2008.
Educator's Conference, University of Southern Indiana, October 2008.
1st Annual Mid-America Conference on Aging, August 2008.
Case Management 2008, University of Southern Indiana, May, 2008.
11th Annual Research and Health Care Issues Conference, University of Southern Indiana, April, 2009.

Service and Outreach Activities

University Service: University Level

- Director, Center for Healthy Aging and Wellness, 2008 – present
- Member of the Project Leadership Team for the Dr. Bill Thomas MAGIC Project, 2018
- Chair, University Athletics Council, term: 2015-2019
- Member, University Athletics Council, term: 2010 – 2013; 2013 - 2015
Subcommittee committee chairperson: Student-Athlete Welfare and Equity: 2012-2015
- Liaison between USI and Trilogy Health Services in the USI Trilogy Scholars program, 2016, 2017, 2018
- Liaison between USI and SWIRCA & More as USI hosts Indiana State Games (aka Senior Games); May 2014; May 2015; & May 2016
- Member (elected), FASTRC, term: 2012- 2014; 2014-2015
- Member (elected), Economics Benefits Committee, term: 2010-2011
Alternate member: 2009-2010
- Member, USI Advising Task Force, Spring 2011
- Member, USI Children's Center Director Search Committee, 2010
- Volunteer Host Family, USI Iraqi Student Leadership Project, July – August, 2010
- Chair, Committee to resurrect Sigma Phi Omega, Interdisciplinary Gerontology Honors Group, 2010
- Member, Sigma Phi Omega planning committee, 2011
- Member, Summer Session Committee, 2008-2009
- Volunteer, University of Southern Indiana Assessment Day, Fall 2009 and Fall 2010
- Participation in *Faculty Panel*. Summer Institute 2009 (distance education). University of Southern Indiana. Friday, May 22, 2009.

- “Remarks on Balancing Scholarship with Teaching and Service.” A Celebration of Scholarly, Creative, and Professional Achievement at USI. Thursday, April 2, 2009.

University Service: College Level

- Director, Center for Healthy Aging and Wellness, 2008 – present
- College of Nursing and Health Professions liaison with Point Click Care for academic license (electronic medical records system for long-term care); 2015 - present
- Member, Faculty Review Committee, 2014-2017
- Chair, the Center for Healthy Aging and Wellness Advisory Council Meeting; March 15, 2017
- College of Nursing and Health Professions representative to review the College Scheduler Software; April 2016.
- Member, BlueZone Committee, 2015-2016
- Member, Faculty Affairs Committee, 2012-2016
- Co-Faculty Sponsor, STELLAR, University of Southern Indiana, 2008 – present
- Co-Faculty Sponsor, Sigma Phi Omega, University of Southern Indiana, 2010 – present
- Member, Faculty and Academic Affairs Committee, 2012 – 2015
- Presented at the Faculty Portfolio Workshop on Tuesday, May 19, 2015
- College representative for Student Success Program Pilot through Ellucian, 2014
- Presented at the CNHP New Faculty Orientation, August 6, 2014
- Led ad-hoc sub-committee to rank and award CNHP 1st Teaching Award, 2013
- Member, Student Affairs and Diversity, 2012-2013
- Member, Retention Task Force, 2011- 2012
- Member, Cultural Diversity and International Studies Committee, 2009 – 2012
- Co-Director and Co-Faculty Sponsor, Health Services Student Research Group, University of Southern Indiana, 2009 – present
- Member, Clinical Track Task Force, 2011
- Mentor, multiple undergraduate and graduate students, 2008- present; refer to *Mentored Student Projects and Student Research* section of vitae.

University Service: Department/Program Level

- Schedule all gerontology classes for spring, fall, summer semesters, 2010 – present
- Recruit gerontology adjunct faculty, provide orientation and provide communication with gerontology adjunct faculty for spring, fall, summer semesters, 2010 – present
- Represented the Health Services Department at the University Curriculum committee for GERO 499 class on 2/29/2017 and 4/26/2017
- Participate in development and presenting at new student Health Services Orientation on April 10, 2017 and November 3, 2017
- Member of subcommittee to revise Health Services handout, nine meetings in 2016-2017
- Attend CNHP New Student freshman orientation & was the faculty member who met with the group of Health Services Students on 8/18/2017
- Led Gerontology Minor revisions through curriculum committee approved in Fall 2015 to take effect in Fall of 2016;
- Coordinate HP 302: Biostats Tutoring sessions with Darrin Sorrels, August 2016
- Coordinate Adjunct in-service, January 21, 2016

Community Service and Outreach

Community: Committees and Boards

- Member, Indiana Governor-Appointment Commission on Aging, 2020- present
- Member, Division of Aging Indiana Dementia Care Advisory Group, 2019 - present
- Chair, Mid-America Institute on Aging Curriculum Committee, 2008 – present
Member, Mid-America Institute on Aging Committee, 2008 – present
- Board Member, SWIRCA & More, 2014 - 2019
- Member, Southwest Indiana Collaborative for Performance Improvement, 2015-2019
- Member, West River Health Campus, Advisory Board, 2014-2019
- Member, North River Health Campus Advisory Board, 2017-2019
- Indiana InterCollege Council on Aging, Vice-Chair of Website Development (2013-2015)
- Ehlman, M. C. (2012, October 3). USI professionals will provide regular columns. Mount Vernon Democrat, pp. 15.
- Member, Welborn Movement Task Force: Built Environments, 2009-2010
- Member, Indiana Inter-College Council on Aging, 2008 - present

Community: Presentations - selected

Ehlman, M.C. –Newburgh Health Care; three staff presentations on Advance Care Planning. October 31, 2019.

Ehlman, M.C. -Medical Professions Academy Freshman Activity; four presentations on dementia at Central High School, Evansville, Indiana. Feb 18, 2019.

Ehlman, M.C. – State Hospital Staff Dementia In-Service at State Hospital, Evansville, Indiana. March 2019.

Ehlman, M.C. – University of Southern Indiana’s Foundation Reflections Lunch Speaker, Griffin Center, June 6, 2018

Ehlman, M.C. -Medical Professions Academy Freshman Activity; four presentations on dementia at Central High School, Evansville, Indiana. Feb 19, 2018

Ehlman, M.C. – State Hospital Staff Dementia In-Service at State Hospital, Evansville, Indiana. Feb 14, 2018

Ehlman, M.C. Positive Approach to Dementia Care training in-services at for Trilogy Health Services Southern Region Conference (50 staff members), Henryville, Indiana, October 25, 2017

Ehlman, M.C. Positive Approach to Dementia Care training in-services at for Trilogy Health Services Northern Region Conference (80 staff members), Fort Wayne, Indiana, October 24, 2017.

Ehlman, M.C. Positive Approach to Dementia Care training in-services at Oasis Dementia Care Evansville, Indiana. October 18, 2017, 3 pm.

Ehlman, M.C. Positive Approach to Dementia Care training in-services at Oasis Dementia Care Evansville, Indiana. October 18, 2017, 7 pm.

Ehlman, M.C. –Dementia all Staff In-Service. Newburgh Health Care; 2 presentations. Thursday, September 7, 2017, 6 am and 2 pm.

- Ehlman, M.C.** –Dementia all Staff In-Service. Newburgh Health Care; 2 presentations.
Thursday, June 1, 2017, 6 am and 2 pm.
- Ehlman, M.C.** Preliminary results at ISDH Leadership Conference. Leadership Conference.
Indianapolis, IN. March 7, 2017
- Ehlman, M.C.** Dementia; Dental Hygiene class, CNHP, USI; November 15, 2016
- Ehlman, M.C.** Dementia A4 Trainer Workshops, Good Samaritan Home; Oakland City,
Indiana, October 27, 2016
- Ehlman, M.C.** Dementia A2 and A3 Trainer Workshops, Good Samaritan Home; Oakland City,
Indiana, October 20, 2016
- Ehlman, M.C.** Dementia In-Service (A1 through A4); (2 hours) PAC training for onboarding at
River Oaks in Princeton; October 13, 2016
- Ehlman, M.C.**, Dementia A1Trainer workshop at Good Samaritan Home; Oakland City,
Indiana, October 13, 2016
- Ehlman, M.C.** Dementia In-Service (A1 through A4); (2 hours) PAC training for onboarding at
River Oaks in Princeton; September 15, 2016
- Ehlman, M.C. & Swenty, Connie.** Bladder Buzz. Southwestern Indiana Health Services
Academy, (SWIHSA), Certified Nursing Assistant Program located at The Academy for
Innovative Studies, Evansville, IN, September 29, 2015.
- Ehlman, M.C.** Aging Demographics. SWIRCA for the Woman’s Fund Award. Evansville, IN
September 21, 2015.
- Ehlman, M. C.** Caregiver Day Out, West River Health Campus, Evansville, IN, January 22,
2014.
- Ehlman, M. C.** Non-Pharmacological Approaches to Hallucinations in Individuals with
Dementia, Bethel Manor, Evansville, IN, May 2013.
- Ehlman, M.C.** Residents Rights, Bethel Manor, Evansville, IN, January, 2012.
- Ehlman, M. C.** Elder Abuse, Bethel Manor, Evansville, IN, October 6, 2011.
- Ehlman, M. C.** Caregiver Day Out, West River Health Campus, Evansville, IN, August 17,
2011.
- Ehlman, M. C.** Effective Communication Seminar sponsored by the Alzheimer’s Association,
Ivy Tech, November, 2010.
- Ehlman, M. C.** Bladder Buzz Jeopardy, Westpark, August 2010 (3 sessions).
- Ehlman, M. C.** Bladder Buzz Jeopardy, Heritage Center, August 2010.
- Ehlman, M. C.** Bladder Buzz, WestPark Nursing Home, May 2010 (3 sessions).
- Ehlman, M. C.** Bladder Buzz, Heritage Center, May 2010.
- Ehlman, M. C.** Alzheimer’s Disease and Activities Seminar sponsored by the Alzheimer’s
Association, Ivy Tech, November, 2009.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S., & Wilson, A.
Bladder Jeopardy, Good Samaritan Home, April, 2009.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S., & Wilson, A.
Bladder Jeopardy, Bethel Manor, April, 2009.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S., & Wilson, A.
Bladder Jeopardy, Mount Vernon Nursing and Rehabilitation, April, 2009.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S., & Wilson, A.
Bladder Jeopardy, Newburgh Health Care, April, 2009.

- Ehlman, M. C.** Preservation Through the Generations, Corpus Christi Senior Group, January 15, 2009, Corpus Christi Church, Evansville, IN.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S, & Wilson, A. Bladder Ultrasound Scanner In-service: Project Overview and Treatment and Management of Incontinence in Long Term Care, Good Samaritan Home, November, 2008.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S, & Wilson, A. Bladder Ultrasound Scanner In-service: Project Overview and Treatment and Management of Incontinence in Long Term Care, Bethel Manor, November, 2008.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S, & Wilson, A. Bladder Ultrasound Scanner In-service: Project Overview and Treatment and Management of Incontinence in Long Term Care, Mount Vernon Nursing and Rehabilitation, November, 2008.
- Coudret, N., Dugger, R., Eggleston, B., **Ehlman, M. C.**, Harrison, E., Mathis, S, & Wilson, A. Bladder Ultrasound Scanner In-service: Project Overview and Treatment and Management of Incontinence in Long Term Care, Newburgh Health Care, November, 2008.