



Your care. Your way. **Access your Teladoc** Health benefits anytime Effective 1/1/2024

General Medical

Talk to a board-certified doctor or pediatrician 24/7 for non-emergency conditions. Prescription refills • sinus infections • allergies • stomach bug • COVID-19 advice and more

Dermatology

Upload images and details of your skin issue in the Teladoc Health app. A dermatologist will review them and provide a treatment plan within 24 hours. Follow up via in-app messaging for 7 days after your results.

Eczema • psoriasis • poison ivy • rashes • rosacea • and more



Benefit will become available to access on 1/1/2024

Visit Teladoc.com

Call 1-800-TELADOC (800-835-2362) | Download the app **6** | •



Refer to your employee booklet at umr.com for Teladoc benefits

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