

## **JUPR Submission Requirements**

### **1) Original Empirical Article**

**Title Page:** The Title Page should be in a separate Word document and include the title, authors, acknowledgments, conflict of interest, consent for publication, ethical approval (number, when applicable), and funding sources, if applicable.

**Structured abstract:** The Abstract should consist of a short and comprehensive summary of the contents of your article, including the background, aim/objective(s), methods, results, and conclusion. Keyword(s) should be listed below this summary.

**Introduction:** The introduction section should present your research question and describe your study's objective. Provide appropriate background information with references to introduce readers to the context of your study. Include the hypothesis/expected outcomes of your research study.

**Methods:** The Methods section should discuss all steps of your study, beginning with the *Participants* section, which includes recruitment procedures, number of participants, participants' age, and other relevant information. In the *Measures* section, please describe equipment and/or materials used. In the *Procedure* section, please include detailed information about the study procedures to be able to replicate your study (e.g., whether/how informed consent was obtained, study length, any compensation received, the method of data collection—online or in-person, etc.).

**Data Analyses:** Please describe the type of statistical analyses used to analyze the data.

**Results:** The Results section is where you present the aggregated data you collected for the study. Make sure to organize the data in a presentable format that is simple for readers to understand. Tables and/or graphs are appropriate (no more than 6). Please include information about assumptions of the statistical tests and information relevant to your research hypotheses.

**Discussion:** The Discussion section should include a discussion about hypotheses, interpretation, and explanations of the findings. Also, please include how your results align/do not align with the prior research. Finally, please include your conclusion, where you discuss the implications/application of your research findings and possible direction for future studies.

**References:** All references must be cited and follow APA format.

**Word limit:**

- Abstract: maximum 250 words
- Article (not including abstract, references, and tables/figures/diagrams): 4,000 words maximum

**Tables/Figures/Diagrams:** Up to 6 in total. Any figures should follow APA style format.

**2) Literature Review/Review Article**

**Title Page:** The title page should be in a separate Word document and include the title of your review (including the phrase “Literature Review”), author(s) names, affiliations, an acknowledgments section, contributions, conflict of interest, consent for publication, and funding sources, if applicable.

**Abstract:** The abstract should be a brief, comprehensive summary of what you are discussing in your literature review.

**Keywords:** A list of three to five words or short phrases that are specific and highlighted in your review. This is used to facilitate the retrieval of your paper from databases.

**Body of Manuscript:** The manuscript should include three sections: an introduction, a middle section, and a discussion of future directions. The introduction explains the relevance of your review topic and how it can be applied in a broader context. The middle section weaves together the findings of the previously published research articles and demonstrates how they connect and support each other. The discussion of future directions will include further avenues of research that can be carried out and how they fit into a broader context, as well as limitations of the current evidence.

**References Cited:** All references need to be listed and cited in APA format.

**Word limit:**

- Abstract: maximum 250 words
- Article (not including abstract, references, and tables/figures/diagrams): 4,000 words maximum

**Tables/Figures/Diagrams:** Up to 6 in total. Any figures should follow the APA style format.

**There is no Methods and Results section in a literature review.**