## University of Southern Indiana

Vol. 14, No. 2 Spring 2005

### School of Nursing and Health Professions

### 'School' no more; 'college' it will be

School is out. College is in. The University of Southern Indiana Board of Trustees recently approved a change in designation from "school" to "college" for the University's five academic units.

Effective July 1, the School of Nursing and Health Professions will be known as the College of Nursing and Health Professions.

**Dr. Linda Bennett,** provost and vice president for Academic Affairs, said the new designation reflects the growth in the University and the complex array of programs.

Assessing and Managing Alzheimer's Disease Using Retrogenesis Theory: Enjoying the Journey

#### Workshop Facilitator Dr. Martha Sparks

Associate professor of nursing at USI, Dr. Martha Sparks is a fellow and board member of the National Gerontological Association. She has personal and professional experience with Alzheimer's management.

> April 28 8 a.m.–4 p.m. University Center

Sponsored by the School of Nursing and Health Professions

## Nursing program to add Honors sections

#### Growing numbers of students seek expanded academic opportunity

An extra assignment, a longer presentation, a research topic that requires more indepth preparation students in the University Honors Program are asking for these kinds of challenges.

Special Honors sections of two nursing courses will be added in 2005-06 to enhance academic opportunities for the growing number of nursing students enrolling in the Honors Program.

**Kathalene Keller,** a senior nursing major, signed up right away when she was invited into the program as a

freshman. "It seemed interesting," she said. "I knew I would be in class with students who really like to debate and communicate."

This year the nursing program has 22 Honors students. When the program began in 1998, nursing enrolled one Honors student.

**Cynthia S. Goodwin,** instructor in nursing and a member of the Honors Faculty Council, said the special sections will take advantage of the Honors students' high level of motivation and academic aptitude.

"It's fun to teach them," she said. "You can do some creative things with these students. The special sections also will give the Honors students an identity. We acknowledge that they have chosen a special kind of acade-



'napse

Katie Keller, left, one of 22 nursing students enrolled in the University's Honors Program, looks over course materials on mental health with Linda Evinger, instructor in nursing.

mic track, and we're going to support them in that commitment."

The Honors sections will be added for the nursing research and the nursing issues courses. In the research course, students will be encouraged to propose a project to USI's RISC program, which awards grants for selected undergraduate research projects.

Other programs in the School of Nursing and Health Professions also attract Honors students. Honors enrollment includes four students in health services, four in radiologic technology, two in occupational therapy, and one in dental hygiene.

When a special Honors section is not available, Honors students contract with the instructor to complete an

## **Dean's Notes**

### Growth in enrollment and programs reflects demand for excellence in education of health-care professionals

During the past year, the School of Nursing and Health Professions continued to experience growth in student enrollment and program development. Qualified applicants for the dental hygiene, undergraduate nursing, graduate nursing, radiologic technology, occupational therapy, and sonography programs exceeded the number of students who could be admitted. Primary factors that limit program enrollments are number of faculty and clinical practice sites.

This was the start-up year for the accelerated second-degree baccalaureate nursing program and the revised bachelor's program in sonography. The occupational therapy program will award its first master's

degree this summer. Final approval for the offering of the new bachelor's program in nutrition is expected to

Students will be admitted to the new bachelor's program in nutrition in the fall semester.

be received at the April meeting of the Indiana Commission for Higher Education. Students will be admitted to this new program in the fall semester.

The May 2005 Commencement ceremonies will recognize and celebrate the degree completion of 380 nursing and health professions students. Dental assistants, dental hygienists, nurses, occupational therapy assistants, occupational therapists, radiologic technologists, respiratory therapists, sonographers, and health service graduates will enter their respective health-care practice



Dr. Nadine Coudret

fields for the first time following completion of their registry and licensure exams. These new graduates in their respective fields of study have demonstrated the practice competency, critical thinking, and empathetic caring that is valued by the patients and employers of USI nursing and health professions graduates. We congratulate these graduates and welcome them as alumni of our school.

We also celebrate the excellence and achievements of our health services administration, clinical nurse specialists, acute care nurse practitioners, family nurse practitioners, nurse educators, and nurse manager/leader graduates. These graduates of our master's programs will improve health care through teaching, patient care, and leadership in health services.

In addition to congratulating the graduates, we also extend our appreciation and best wishes to **Debbie Bookout, Carol Hermes,** and **Charlene Tripp** who are retiring from our school at the end of this academic year. These individuals have a combined 30-plus years of service to our school. We will miss them and wish them well in their retirement.

#### Honors

#### Continued from page 1

additional component not required of other students.

Janet Kilbane, assistant professor of occupational therapy and also a member of the Honors Faculty Council, was instructor for the capstone Honors course completed by Andrea Betz '04. For the fieldwork class, Betz was assigned to a homeless shelter in South Bend, Indiana. As the Honors component, she completed a selfassessment, analyzing how she handled various situations during the clinical experience and suggesting how she might improve or explore other possible solutions.

"I liked being able to see a student

stretch, expand, and grow professionally through her capstone project," Kilbane said. "I feel it helped an excellent student to further develop her potential and gave her skills that she can utilize throughout her career."

In addition to Betz, the school's first Honors graduates are Lisa Siekman '02 and Katie DeFries '04, both nursing majors.

Students earning an SAT score of at least 1200 or an ACT composite score of at least 27 are automatically accepted to the Honors Program upon application (given a high-school gradepoint average of at least 3.0). Other interested students may apply.

To graduate as a University Honors

Scholar, students must complete their undergraduate work with a minimum cumulative 3.25 grade-point average and a minimum of 21 hours of Honors credit with grades of A or B, including Honors 101: Issues for the 21st Century and an Honors component to their senior synthesis course.

**Dr. Nadine Coudret,** dean of the School of Nursing and Health Professions, said, "The Honors Program provides our exceptionally high-ability students an opportunity to have the additional challenge of enhanced course work and learning experiences. This program is an important contribution to the development of our future health-care clinicians and leaders."

## **Program Notes**

### Dental Assisting and Dental Hygiene

Oral care for oncology patients

**Deborah Carl,** program director for dental hygiene, and **Phyllis Maddox,** assistant professor of dental hygiene, presented a program titled "An Interdisciplinary Approach to Teaching Oral Care to Oncology Patients in an Acute Care Setting" to the Ohio Valley Dental Hygienists' Association in March.

### Health Services/ Administration

#### Farewell to Carol Hermes

**Carol Hermes,** program director in Health Services and Health Administration, will retire this spring. Hermes joined the school in 1995 as director of the Day Learning Resource Center, assumed directorship of the Health Services program in 1996, and was instrumental in the development of the graduate program in Health Administration. Before joining USI, she was vice president for patient care services at St. Mary's Medical Center in Evansville. In retirement, she looks forward to more time with her husband and grandchildren.

## Nursing

#### Victoria Pigott: Distinguished Nursing Alumna for 2004

Victoria Pigott, special projects director for the School of Nursing and Health Professions, received the 2004 USI Distinguished Nursing Alumni Award which recognizes a graduate who has made outstanding achievements in a career or in public service.

Pigott was the first president elected for the Nursing Alumni Society and was influential in developing the Nursing Alumni Scholarship, which was awarded for the first time on Honors Day in March.

Prior to coming to USI, Pigott

served as director of Health Care Quality and Education at the Tri-State Business Group on Health. She also has experience as a staff nurse and staff development coordinator.

Pigott teaches in



**Pigott** 

the health professions program and has served as a clinical instructor for nursing students. She coordinates nine School of Nursing and Health Professions continuing education certificate programs with enrollees from every state and 13 countries.

A 1988 graduate of the Deaconess School of Nursing, Pigott completed a B.S.N. in 1995 and an M.S.N. in 2001 at USI. She is active in clinical practice and Omicron Phi Chapter of Sigma Theta Tau.

#### Cassandra Bartelt: First scholarship recipient

**Cassandra Bartelt,** a senior nursing student from Huntingburg, Indiana, is the recipient of the first Nursing Alumni Scholarship.

The \$500 award was presented on Honors Day in March.

Bartelt is majoring in German as well as in nursing. She is treasurer of the Association of German Students and a member of the Nursing Curriculum Committee. She is active in the USI Association of Nursing Students.

A student athlete, she participates in cross country and track and field and serves on the Student Athletic Advisory Committee (SAAC), through which she organized a service project to benefit an Easter Seals Rehabilitation Center group home. She also has assisted with a Make-A-Wish Foundation fund-raiser as an SAAC member.

Bartelt has served as a summer counselor at a camp sponsored by the Muscular Dystrophy Association and has assisted with the organization's area Labor Day Telethon.

The Nursing Alumni Society established its scholarship fund last fall and plans to present an award each year. Nursing alumni contributions can be sent to the School of Nursing.

## **Occupational Therapy**

#### Candidates for national office

Two occupational therapy students were candidates this spring for national office in the Assembly of Student Delegates of the American Occupational Therapy Association, the national professional organization.

**Miriam Soots** was a candidate for secretary. In her candidate statement, she said, "As students, we are the future of the occupational therapy profession. It is our responsibility to promote the profession."

**Meredith Bosley** ran for student representative to the Commission on Practice, a body of the organization's Representative Assembly. "Through my occupational therapy education I have learned that education is not something that ends when you graduate," she said. "It is the beginning of a lifetime of learning."

The Assembly of Student Delegates is a mechanism for the expression of student concerns and offers students an opportunity for input into the affairs of the national organization.

### Radiologic Technology Charlene Tripp to retire

**Charlene Tripp,** assistant professor of Radiologic Imaging Science will retire this summer. Charlene joined the University in 1994. In addition to her classroom teachings, Charlene also serves as the clinical coordinator for the Radiologic Technology program. Charlene has been an active participant on various university/school committees and has served as the advisor to the Radiologic Student Association.

Charlene looks forward to being able to spend more time with her husband, John, and her children and grandchildren.

See Program Notes, page 4

**Program Notes** 

Continued from page 3

## **Respiratory Therapy**

#### **Regional meeting**

Members of the Respiratory Care Club have been preparing to attend the 32nd annual meeting of the Region II for Respiratory Care Conference in Covington, Kentucky, in late April. Two teams of first-year and second-year students will represent the USI respiratory therapy program in the Sputum Bowl, an academic competition that has been expanded to two days.

In other club activities, members have committed to landscaping an area near the Health Professions Center through the USI "Adopt a Spot" program.

#### Health fairs

Students in respiratory therapy have presented information on the hazards of smoking and suggested intervention options to attendees at six local health fairs. Students also performed pulmonary function screening and oxygen saturation analysis for those wishing to be tested.

#### Debbie Bookout's Retirement

**Debbie Bookout** has served as Advising and Recruitment coordinator for the School of Nursing and Health Professions since 1994. Debbie has been a great friend to students and a good will ambassador for the school and University.

Debbie looks forward to her retirement and to being able to travel with her husband, Don, and having more time for her crafts.

## Students serve hurricane-hit area of Jamaica

Six undergraduate and two graduate nursing students traveled to Jamaica February 25 through March 4 to provide health-care education and services.

**Rene Dugger,** instructor in nursing, accompanied the students, who participated in the first annual Annotto Bay Festival. They provided information and educational materials about diabetes and hypertension—diseases prevalent among the population and how to prevent them.

The students also offered services at Annotto Bay Hospital and at rural

clinics in the mountainous areas of Annotto Bay.

The service-learning trip was in collaboration with Deaconess Hospital. Work during the trip also included construction and repair on Annotto Bay Hospital, which was severely damaged late last year by Hurricane Ivan.

Participating in the experience were Nancy McDonald, Alison Beal, Kara Fulkerson, Cassandra Kern, Sarah McDonald, and Kathalene Keller, undergraduates; and Rebecca Gallagher and Dana Higbee, graduate students.



Students from the School of Nursing and Health Professions saw more than 160 patients during a clinic held at Camberwell All-Age School in a mountainous area of Jamaica.

#### Alumni news

Scott '93, radiologic technology, and Lisa Jerger Ferguson '94, nursing, are the parents of a daughter, Kylie, born October 23. Scott is an MRI technician at Indiana MRI, and Lisa is a nurse at Associated Physicians and Surgeons Clinic in Terre Haute, Indiana.

Diane M. Murphy 97, occupational therapy, and husband Brian are the parents of a daughter, Kendall Marie, born April 13, 2004. Diane is senior staff occupational therapist at St. Mary's Medical Center in Evansville.

#### Julie Davis Vittori '02,

nursing; **'91,** psychology; and husband George are the parents of a son Jack Maxwell, born September 19. Julie is a psychiatric nurse at Deaconess Hospital in Evansville.

### **Calling all Alumni**

We welcome comments from alumni and friends regarding accomplishments, career activities, and special events in your personal life (marriage and births).

Send news along with your name (including student record name), degree and year of graduation, major, address, phone number, current position, and employer.

#### School of Nursing and Health Professions

University of Southern Indiana 8600 University Boulevard Evansville, IN 47712-3593

e-mail: dgutley@usi.edu.

## **Faculty Notes**

Judi L. Kuric, instructor in nursing, will be the keynote speaker June 3 for a meeting of the Association of Rehabilitation Nurses in Mt. Pleasant, Michigan. Her topic is "Rehabilitation Nurses Making a Difference."

**Dr. Ann White**, assistant dean for nursing, and **Judi L. Kuric**, instructor in nursing, had a manuscript "Case Management in Nursing Education Management," published in the March/ April issue of *Nursing Care Management*.

**Dr. Barbara A. Davis,** professor of nursing, was a panelist for a discussion of "Ethical Issues in Doing Multisite Research" at a general session during a meeting of the Southern Nursing Research Society. The meeting was held February 4 in Atlanta.

**Colleen Walsh,** instructor in nursing, will present an orthopaedic nursing certification exam review course in Phoenix on May 21 at the 25th Annual Congress of the National Association of Orthopaedic Nurses. She also will moderate several break-out sessions during the conference.

Walsh has written six chapters on musculoskeletal nursing for the second edition of *Practice Protocols for Acute Care Nurse Practitioners,* edited by Thomas W. Barkley and Charlene M. Myers.

Faculty members from the USI School of Nursing and Health Professions made presentations April 1 at the Nursing Research Conference sponsored by Sigma Theta Tau Lambda Sigma chapter at Indiana State University.

Jennie Hiam, instructor in nursing, presented research titled "Collaborative Efforts for the Provision of Health Care Services to an Incarcerated Population and Promotion of Educational Opportunities for Nursing and Health Profession Students." The data, collected by all USI students and fac-

# Martha Sparks invited to Oxford Round Table

**Dr. Martha Sparks,** associate professor of nursing, has been invited to present a paper on issues pertaining to Successful

Aging during the Oxford Round Table August 7-12 at St. Ann's College in the University of Oxford in Oxford, England.



Oxford, England. *Sparks* Her paper is enti-

tled, "Theory of Retrogenesis: Perceptions of Caregivers of Persons with Alzheimer's Disease."

The purpose of the Round Table is to promote human advancement and understanding through the improvement of education. Each session includes experts from several countries.

Sparks also was chosen as an expert to participate in a roundtable discussion titled "Psychosis in Alzheimer's Disease" for an educational publication, *Counseling Points*, a collaboration of the National Gerontological Nursing Association, the Delaware Media Group, Janssen Eldercare, and Janssen Pharmaceutica.

The discussion with two other nurses with expertise in gerontology took place in January via teleconference. A 16-page *Counseling Points* publication will be based on the discussion. The teleconference and corresponding publication are designed to enhance communication between specialty nurses and patients.

Also, Sparks has been named a reviewer for the Comprehensive Geriatric Education Program sponsored by the Health Resources and Services Administration of the U.S. Department of Health and Human Services. ulty involved in clinical practice at Evansville's jail and SAFE House, was prepared for presentation by **Mayola Rowser**, grant project coordinator and instructor in nursing.

**Dr. Roberta Hoebeke,** assistant professor of nursing, presented a poster titled "Low-Income Women's Perceived Barriers to Physical Activity: Focus Group Results."

Hoebeke will build on her interest in this research topic with a study this summer supported by an Excellence through Engagement Summer Research Fellowship for USI faculty.

She will design a tailored intervention program to help low-income women improve their health by increasing their physical activity. Hoebeke will work with a group of patients who receive care at a family practice clinic in Evansville.

The Summer Research Fellowships for USI faculty are funded by a grant from the Lilly Endowment, Inc. Hoebeke is one of seven faculty members to receive an award for summer 2005.

Dr. Martha Sparks, associate professor of nursing, and three students in the graduate nursing program—Tera Knepp, Nicole Richards, and Tonna McCutcheon—will have a research paper published in the May-June issue of *Gastroenterology Nursing*. Their research is titled "Comparison of Quality of Life of Persons Who Have Experienced Amputations and Persons Who Have Had Bowel Resections."

A chapter by **Jennie Hiam**, instructor in nursing, appears in the book *Adolescent Sexual Development and Sexuality - Assessment and Interventions*, co-edited by Dr. Carol F. Roye and Dr. Donna A. Gaffney, both of New York University. Hiam wrote the chapter titled "Sexually Transmitted Infections in Adolescents." Published by the Civic Research Institute in Kingston, New Jersey, the book is a resource for educators, nurses, clinicians, psychologists, and counselors who work with teens.

## School welcomes four to faculty

The School of Nursing and Health Professions has announced the following appointments:

• Ivan J. Barrick, assistant professor of health services/administration, was most recently director of healthcare operations improvement practice for Parente Randolph, a consulting firm in Pennsylvania. He is retired as a commander in the Naval Reserve Medial Service Corps, serving most recently as chief information officer for the U.S. Navy Bureau of Medicine and Surgery. Barrick also has experience as director of management services at Allied Services: CIO of Carlisle Regional Medical Center in Carlisle, Pennsylvania; and senior management engineer for Geisinger System Services, also in Pennsylvania.

Barrick earned a bachelor's degree in medical technology at Indiana University of Pennsylvania and a master's in public administration from Pennsylvania State University. He is pursuing a doctorate in education.



• Kathleen R. French, assistant

professor in the occupational therapy

assistant program, was formerly direc-

tor of rehabilitation at Memorial Hos-

pital and Health Care Center in Jasper,

Indiana. She earned a bachelor's in

occupational therapy and a master's

in health administration from Indiana

care executive of the American Col-

lege of Health Care Executives and

Occupational Therapy Association.

the Indiana representative to the Rep-

resentative Assembly of the American

ing, was formerly a family nurse prac-

titioner in Morgantown, Indiana. She

• Mellisa Hall, instructor in nurs-

University. French is a certified health-







**French** 

Hall

Wilson

earned bachelor's and master's degrees in nursing from Indiana University and is a member of the American Academy of Nurse Practitioners and the Coalition of Advanced Practice Nurses of Indiana.

• Amy Wilson, instructor in radiologic and imaging sciences, earned an associate degree in radiologic technology and a bachelor's in medical imaging technology at Indiana University School of Medicine. She formerly worked as an ultrasound technologist at Women's Health Care PC in Evansville and a vascular sonographer at Evansville Surgical Associates.

## Help strengthen the School of Nursing and Health Professions

Your gift to the School of Nursing and Health Professions helps strengthen its programs and provides support for its students and faculty.

#### Apply my gift in the following way. (You may choose more than one.)

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School of Nursing and Health Professions (where the is greatest)	e need Name
<ul> <li>Dental Assisting/Dental Hygiene programs</li> <li>Nursing programs</li> <li>Health Services/Administration programs</li> <li>Occupational Therapy program</li> </ul>	Address
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## News

#### Graduate nursing student teaches how PDAs enhance patient care

Andrew Bowman, a USI graduate nursing student, recently taught approximately 50 faculty and students about the use of personal digital assistants (PDAs) in the medical setting.

Bowman said that PDAs allow nurses to "practice more efficient care because they have their resources and references with them in their pockets and in their hands at the point of care."

"A nurse can quickly calculate a correct drug dose, check for interaction with other drugs the patient may be taking, and see if the patient's medical condition might influence how a particular drug may react," he said.

Bowman has worked in the emergency department at Home Hospital in Lafayette, Indiana, for 22 years as a paramedic and for 13 years as a registered nurse. He is pursuing a master's degree in nursing to become an acute care nurse practitioner. A PDA-user since 1999, he gives presentations several times a year to physicians and nurses.

**Judi L. Kuric,** instructor in nursing, was faculty coordinator for the in-service session.

#### Cindy Goodwin participates as USI, New Harmony celebrate 20-year affiliation

**Cindy Goodwin,** instructor in nursing, was among USI faculty and staff sharing their scholarly and artistic work March 18 at Rapp Granary in New Harmony, Indiana, to mark the 20th anniversary of collaboration between USI and the historic town. Goodwin's presentation focused on the town's contributions



Several sample devices were available for demonstration during the in-service session to acquaint students and faculty with hand-held technology. A video stream is available to those unable to attend.

to the pursuit of balancing body, mind, and spirit.

From walking the labyrinth to assisting with Healing Touch Workshops, she shared her personal and professional connections to New Harmony. Goodwin is a certified Healing Touch practicitioner and reflexologist.

#### Two back from Iraq talk with students about medical care of wartime injured

Lt. Col. Ralph Matacale, DDS, USI assistant professor of dental programs, and Lt. Col. David Carlson, MD, a general surgeon with Evansville Surgical Associates, told nursing and dental hygiene students about their experiences in Iraq during their presentation "Military Medicine: A Multicultural Experience in Providing Health and Dental Care in Iraq" on March 1 in Mitchell Auditorium.

Matacale was stationed with the 447th Air Expeditionary Group/Expeditionary Medical Squadron at Baghdad International Airport from March to June in 2004. Carlson, a member of the Army Reserves, was stationed in Iraq from July to October 2004. He served in Kirkuk with the 874th Forward Surgical Team and in Mosul with the 67th Combat Support Hospital.

Also making a presentation was **Capt. Jodelle Schroeder,** a ROTC nurse counselor with the 9th Brigade, Western Region, of the U.S. Army Cadet Command. She acquainted the students with the ROTC nursing program and nursing opportunities in the Army.

## Students lead Association of Nursing Students

Officers in the USI Association of Nursing Students for 2004-05 are **Nancy Koetter**, president; **Malea Wolfe**, vice president; **Mandy Ball**, secretary; **Denise Spindler**, treasurer; **Kisha Russell**, newsletter correspondent; **Jessica Woods**, nominating committee chair; and **Sarah Van Winkle**, projects chair.



Dr. David Carlson (at podium and at left in desert camouflage uniform) showed photos from his service in Iraq and told about providing wartime treatment for U.S. soldiers, Iraqi citizens, contract workers, and others.



### **Nursing and Health Professions Continuing Education**

#### Workshops and Conferences

Assessing and Managing Alzheimer's Disease Using Retrogenesis Theory: Enjoying the Journey, April 28 Eleventh Annual Case Management Conference, May 12 Seventh Annual Advanced Practice Nursing Symposium, May 13 Radiology for Dental Auxiliaries, May 20-21 Basic Parish Nurse Education Program (residential), September 21-25 Tenth Annual Nursing and Health Professions Educator Conference, October 19 Healing Touch Workshops, October 22-23

#### **Customized programs**

For programs tailored to meet the specific needs of your organization, contact Peggy Graul, Coordinator of Continuing Education, School of Nursing and Health Professions, University of Southern Indiana, pgraul@usi.edu or 812/465-1161

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812/464-1708 For more information Dr. Nadine Coudret, Dean

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begins September 19 April 25, September 12 Pain Management, six weeks, begins April 25, September 5 Basic Parish Nursing, eight weeks, begins

**Certificate Programs** 

September 19

Case Management, six weeks, begins September 12 Chronic Heart Failure, five weeks, begins September 23 **Complementary and Alternative Health Care, six** weeks, begins May 9, October 3 Lipid Management, six weeks, begins January 31,

(Internet-delivered instruction) Anticoagulation Billing, three weeks, begins May 9, September 12 Anticoagulation Therapy Management, six weeks, begins May 9, July 11, September 5, October 31 Health Promotion and Worksite Wellness, 10 weeks,