

# Take full advantage of the all access Health Education Library



A UnitedHealthcare Company

## Optimizing your umr.com experience

Did you know our fully integrated Health Education Library is accessible anytime, anywhere? Dig in and get the trusted answers you seek.

### A health guide at your fingertips

Getting answers to your health questions is important – and getting the right answers is even more critical. Our Health Education Library includes articles, illustrations, care guides and more without logging into the member portal.

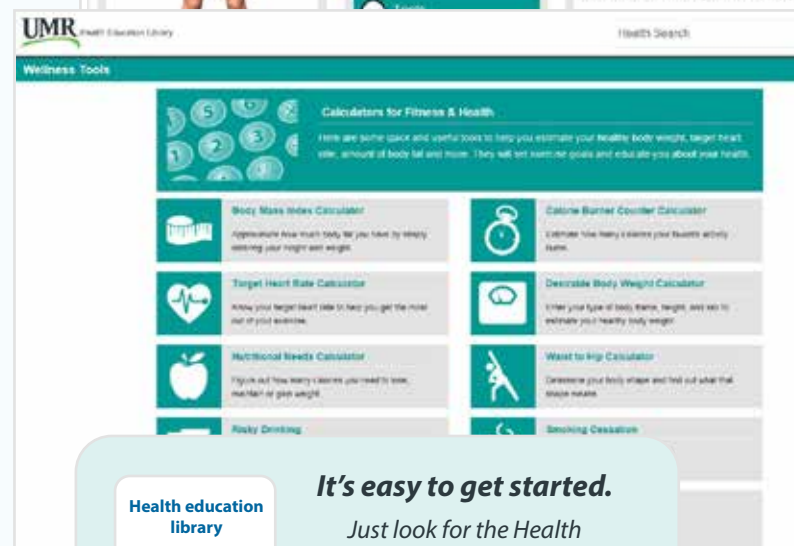
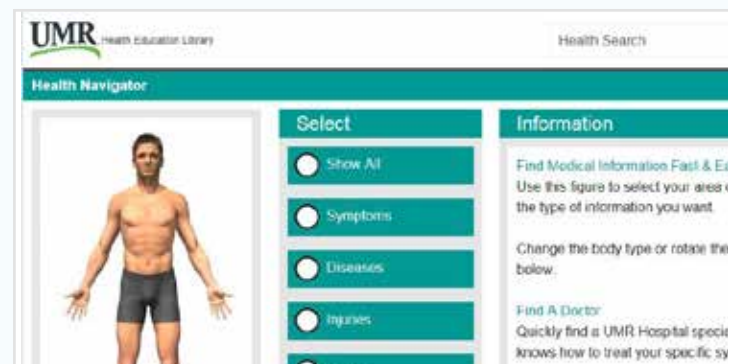
### Interact with your health

Health questions on your mind? Recently injured? Explore your most pressing health questions with the interactive Health Navigator Tool. Simply choose the body type, highlight areas of interest, and select the information you want. The tool will reveal related symptoms, diseases and other relevant information.

Turn to our fully integrated library and interactive tool for a health partner you can count on. You'll navigate symptoms, questions and concerns within an intuitive experience that guides you along your individual wellness journey.

### Check it out

Experience the Health Education Library for yourself and delight in the discovery.



Health education  
library



**It's easy to get started.**

Just look for the Health  
education library tile on your  
personal home page.