



## **28<sup>TH</sup> Annual Advanced Practice Virtual Nursing Symposium**

**Provided by the University of Southern Indiana**

**Friday, March 20, 2026**

7:50 a.m. Welcome

8:00 a.m. Mood Matters: Strategies for Treating Anxiety and Depression  
Matrika Brown, RN, MSN, PMHNP-BC  
  
Description

9:00 a.m. BREAK

9:05 a.m. Managing Thyroid Dysfunction in Primary Care  
Angela Thompson, DNP, FNP-C, BC-ADM, CDCES, FAANP

10:05 a.m. BREAK

10:10 a.m. Using STRAW Criteria to Assist Women in Navigating Menopause  
Kelli Lovell, PharmD, CACP, CFCP, MMCP

11: 10 a.m. LUNCH

11: 40 a.m. Confronting Health Misinformation Online: A Nurse Practitioner's Guide for 2026  
Stefanie Remson, MSN, APRN, FNP-BC

12:40 p.m. A Systematic Approach to Chest X-Ray Interpretation  
Julia Rogers, DNP, APRN, CNS, FNP-BC, FAANP, FAAN

1:40 p.m. Evaluation and Continuing Education

1:55 p.m. End of event