



Interview Mastery

AI-Powered Preparation for Behavioral & Technical Interviews

THE MODERN INTERVIEW LANDSCAPE

- Phone Screen (15-30 min with HR) - Basic qualifications, salary expectations, availability
- Behavioral (45-60 min with hiring manager) - Past experiences predict future performance
- Technical/Case (30-60 min skills assessment) - Problem-solving, technical knowledge
- Panel (60-90 min with multiple interviewers) - Multiple perspectives, team fit assessment

THE STAR METHOD FOR BEHAVIORAL INTERVIEWS

S - Situation	Set the context. When? Where? What was happening?
T - Task	Your specific responsibility. What were YOU asked to do?
A - Action	What YOU did. Be specific. Use "I" not "we".
R - Result	Measurable outcome. Quantify when possible.

PRO TIP: Prepare 8-10 STAR stories that can be adapted to multiple questions. Keep answers to 90-120 seconds — practice with a timer!

AI-POWERED INTERVIEW PREPARATION

COPILOT PROMPT: "Based on this job description [PASTE], what are the 10 most likely behavioral interview questions I'll be asked? Include questions about [key requirements from posting]."

COPILOT PROMPT: "Here's my STAR answer to [question]. Rate it on a scale of 1-10 and tell me specifically how to improve it. Is it too long? Missing details?"

QUESTIONS TO ASK YOUR INTERVIEWER

- "What does success look like in this position in the first 90 days?"
- "What are the biggest challenges someone in this role will face?"
- "What professional development opportunities are available?"
- "Based on our conversation today, do you have any concerns about my qualifications that I could address?"

VIRTUAL INTERVIEW TIPS

- Test tech 30 min before
- Professional background
- Eye contact = look at camera
- Good lighting on your face
- Notes visible but off-screen
- Schedule mock interviews through Career Launch — practice makes permanent!

7-Day Action Plan

- Days 1-2:** Write your "Tell me about yourself" answer (90-120 sec)
- Days 3-4:** Develop 8-10 STAR stories for common questions
- Days 5-6:** Practice with Copilot or Big Interview (record yourself)
- Day 7:** Schedule mock interview via Career Launch

TOOLS: Practice Tools: Big Interview (free via Career Launch) | Interview Warmup by Google (free) | Microsoft Copilot for practice feedback | Company Research: Glassdoor (interview questions + reviews) | LinkedIn (interviewer backgrounds) | Google Alerts (company news)