



Monthly Newsletter - AIM Nursing Home Consortium

From USI Geriatrics Workforce Enhancement Program (GWEP) <usi.gwep@usi.edu>

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To Money, Gracie <gamoney@usi.edu>

University of Southern Indiana Geriatrics Workforce Enhancement Program



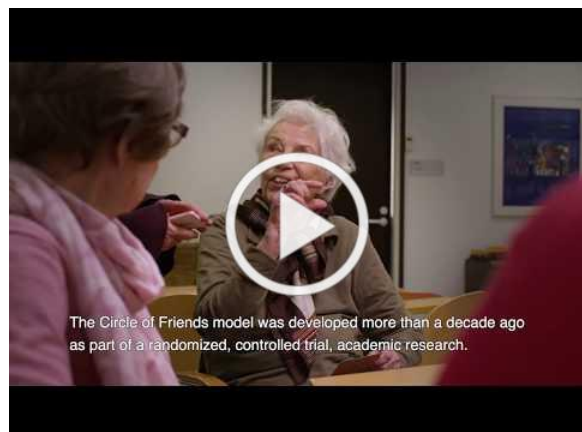
AIM Nursing Home Consortium Monthly Newsletter July 2025

Mid-America Institute on Aging and Wellness Pre-Conference

This month's spotlight: **Circle of Friends Facilitator Training**

Join us for a MAIA pre-conference session at *no cost* and learn how to initiate a proven group intervention for older adults facing loneliness and isolation.

This essential training empowers professionals with the knowledge and tools needed to significantly improve the quality of life for older adults in their later years. Don't miss this valuable opportunity!



[More about Circle of Friends Facilitator Training](#)

Wednesday, August 6

10 a.m. - 3 p.m. CT

USI Health Professions Center

[Register](#)

Continuing education credits will be available for this training at
no charge.

The AIM Nursing Home Consortium is made possible through the USI GWEP. Continuing education credits are provided by the Center for Health Professions Lifelong Learning - funded by the Bronstein Center for Healthy Aging and Wellness.



UNIVERSITY OF
SOUTHERN INDIANA

Bronstein Center for Healthy
Aging and Wellness

MAIA Mid-America
INSTITUTE
on Aging and Wellness

PRE-CONFERENCE

Facilitator Training

CIRCLE OF FRIENDS®

● **AUGUST 6, 2025 10 a.m.-3 p.m.**
University of Southern Indiana



Max Zubatsky
PhD, LMFT
Saint Louis University
Family Center
for Healthy Aging



Marla Berg-Weger
PhD, LCSW
Saint Louis University
Geriatrics Workforce
Enhancement Program

COMBAT SOCIAL ISOLATION

Learn how to implement an evidence-based group intervention for older adults experiencing loneliness and/or social isolation



REGISTER NOW !
Scan QR code now to book your seats!

Jointly provided by:

UNIVERSITY OF
SOUTHERN INDIANA
Center for Health Professions
Lifelong Learning

USI GWEP
Geriatrics Workforce
Enhancement Program

The University of Southern Indiana Geriatrics Workforce Enhancement Program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an overall funding \$5 million with 0% percentage directed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

Social Isolation and Loneliness in Older Adults

The U.S. Surgeon General has flagged social isolation and loneliness as serious health concerns, especially after the COVID-19 pandemic. Social isolation refers to a lack of social connections, while loneliness is the subjective feeling of being alone. These issues affect about one-third of older adults in the U.S., more commonly among women, those with health problems and people who live alone. These individuals are associated with a higher risk of heart disease, dementia and depression. Staying socially active and seeking support can help reduce these risks.

[Read More](#)

The Mid-America Institute on Aging and Wellness Conference

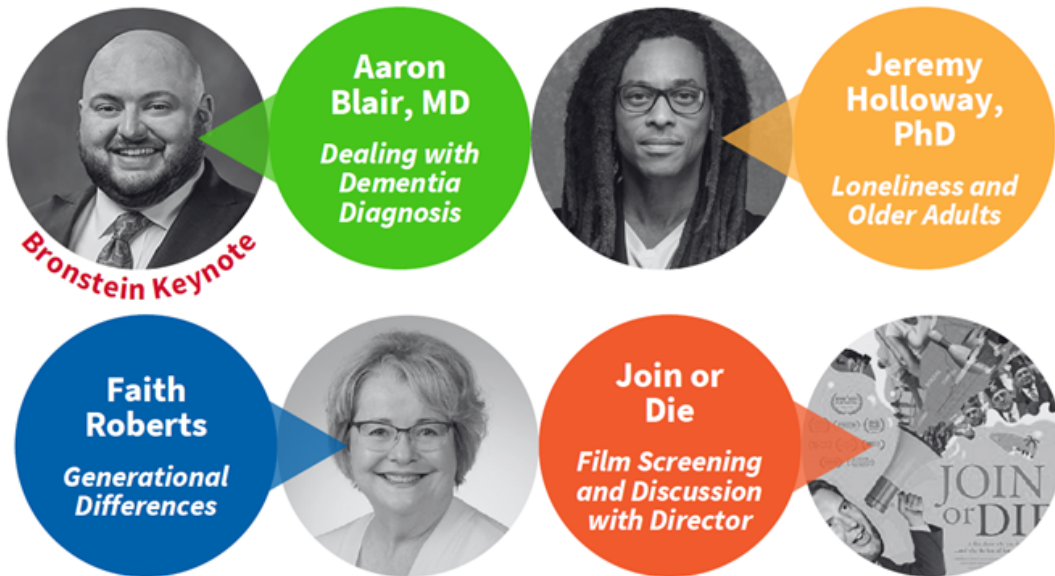
This conference will provide practical tools and ground-breaking information to enable the attendee to incorporate current guidelines and best practices in successful aging and wellness through interprofessional collaborative practice. Topics will include inspirational keynotes as well as multiple sessions ranging from healthy aging to coping with illness.



[More about Mid-America Institute on Aging and Wellness](#)

Thursday, August 7 - Friday, August 8
10:30 a.m. - 3:45 p.m. CT
USI Carter Hall

[Register](#)



Unable to attend in person? We have a virtual option for the three keynote presentations!

REGISTER NOW



JOINTLY ACCREDITED PROVIDER™
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**Sharing best practices for living longer,
healthier and happier!**

Discounts for retirees and students!

Recent Activities

Alzheimer's Association Nursing Home Site Visits: May 16

In partnership, the USI GWEP and a representative from the National Alzheimer's Association visited three nursing homes: Redbanks Colonial Terrace, Redbanks Skilled Nursing and Oasis Dementia Care. During these visits, the Alzheimer's Association provided a brief presentation about the resources available for nursing home staff, families and residents, such as their 24/7 Helpline. The Alzheimer's Association 24/7 Helpline (800-272-3900) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with the disease, caregivers, families and the public. The representative also distributed flyers and brochures to assist families interested in the nursing home or those struggling with specific issues. It was a pleasure visiting these sites, and we look forward to more visits in the coming years.



Alzheimer's Association Materials Mailed: June 23

The USI GWEP mailed Alzheimer's Association packets, flyers, and brochures to over 50 nursing homes and 10 primary care sites. Some materials were hand-delivered by our National Alzheimer's Association representative, while the rest were mailed to AIM Nursing Home Consortium members. These materials provide valuable resources and support for nursing home staff, families and residents. Here is a link to some of the educational resources they have to offer that we sent to AIM Nursing Home Consortium members: [AA Educational Resources](#).

Teepa Snow's Positive Approach to Care Trainer Certification: May 13-14

The USI GWEP recently hosted a free two-day Positive Approach to Care® (PAC) Trainer Certification, led by Teepa Snow's PAC Mentors, for nursing home staff educators. This training aimed to enhance participants' dementia knowledge and practical skills. The certification process included prerequisite online courses, in-person training, post-training calls and a requirement to lead a training session. Twenty-five participants successfully became PAC Trainer Certified. This initiative empowers trainers to educate others about dementia, significantly impacting the community.

[More about Teepa Snow's Positive Approach to Care](#)



Host a Student - OTA Clinical Opportunity

The University of Southern Indiana is currently looking for host sites for Occupational Therapy Assistant student clinicals. If you are interested in becoming a clinical site for OTA students, please complete the survey below, and specifically select "OTA Clinical Site Location."

[Sign Up Here](#)



Upcoming AIM Quarterly Meetings

The USI Geriatrics Workforce Enhancement Program (GWEP) has established a nursing home consortium, AIM (Advance, Improve, Move), designed to support nursing home leaders with education and innovative opportunities to grow age- and dementia-friendly care.

You are invited to participate in our quarterly Zoom meetings, featuring presentations from national and regional experts. These sessions offer nursing home leaders the opportunity to engage with and opt into one or more targeted initiatives. For more information, please visit our website.



Wednesday, August 27

1-2 p.m. CT

Topic: Mobility

Wednesday, October 29

1-2 p.m. CT

Topic: Rejuvenating Resident's Councils

[Visit our Website](#)

Continuing education credits will be available for each quarterly educational Zoom meeting at **no charge**.

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