





Wednesday, April 23, 2025
University of Southern Indiana
VIRTUAL CONFERENCE AGENDA

7:30 a.m. – 8:00 a.m. Log in to Zoom

8:00 a.m. – 8:15 a.m. Welcome/Introduction

8:15 a.m. – 9: 45 a.m. Main Zoom Room

Keynote Presentation

Catching the Unicorn: Using Emotionally Intelligent Leadership to Create a Practice Environment where the Spirit of Inquiry Thrives

Rachel Stangland, MSN, RN, CNOR

Manager Surgical Services and Magnet Program Schneck Medical Center

9:45 a.m. – 10:45 a.m. Main Zoom Room

- **First Poster Session: DNP Posters**
- 1. Enhancing Discharge Processes Amongst Travel Nurses to Reduce Hospital Readmissions; Blessing Adekunle, BSN, RN, Mikel W. Hand, EdD, MSN, RN, OCN, NE-BC, NEA-BC, Amanda Orr, DNP, FNP-C, Doctor of Nursing Practice Project University of Southern Indiana
- 2. Cyberbullying Toolkit for Adolescent Mental Health: Assessment and Intervention in a YMCA Summer Camp; Lachelle Cruickshank, RN, Gina L. Schaar, DNP, RN, Pam Miller, DNP, FNP-BC, CPNP-PC, APRN-FPA, Doctor of Nursing Practice Project University of Southern Indiana
- 3. Increasing Staff Confidence in Physical Assessment Skills in a Behavioral Health Facility; Jessica Gregory, BSN, RN, Mikel W. Hand, EdD, MSN, RN, OCN, NE-BC, NEA-BC, Charlotte S. Connerton, EdD, RN, CNE-BC, Doctor of Nursing Practice Project University of Southern Indiana







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- 4. Implementation of Cardiovascular Perioperative Multimodal Pain Management Strategy; Annette Smith, MS, APRN, AGCNS-BC, Jennifer Evans, DNP, RN, NC-BC, Doctor of Nursing Practice Project University of Southern Indiana
- 5. Leveraging Digital Tools to Optimize Cancer Survivorship Care; Dulcebelle Pearson, MSN, RN, NI-BC, Jennifer Evans, DNP, RN, NC-BC, Doctor of Nursing Practice Project University of Southern Indiana

10:45 a.m. - 10:55 a.m. BREAK

10:55 a.m. - 11: 20 a.m. First Podium Session

| Breakout Room ONE | Breakout Room TWO | Breakout Room THREE | Breakout Room FOUR |
|---------------------------------|----------------------------------|------------------------------------|--------------------------------------|
| The Effects of High-Fidelity | Managing Post-Operative Weight | Data driven decision-making: | Improving the No Show Rate at |
| Bereavement Simulation on | Regain After Bariatric Surgery; | Implementation of a | an Adult Sickle Cell Disease Clinic; |
| Perinatal Nurse Attitude and | Elisabeth Bernal, MSN, RN, FNP- | deterioration index tool; Jeanne | Camille M. Buford, BSN, RN, |
| Comfort with Providing | C, Gina L. Schaar, DNP, RN, Ryan | Braun, DNP, RN, MPSA, CPTHTS, | CMSRN, Mikel W. Hand, EdD, |
| Bereavement Care for Patients | Butler, DNP, RN, AHN-BC, CPH, | Jennifer Evans, DNP, RN, NC-BC, | MSN, RN, OCN, NE-BC, NEA-BC |
| Experiencing Perinatal Loss; | HWNC-BC, Doctor of Nursing | Doctor of Nursing Practice Project | Charlotte S. Connerton, EdD, RN, |
| Victoria Johnson, PhD, MSN, RN, | Practice Project University of | University of Southern Indiana | CNE-BC, Doctor of Nursing |
| Western Governor's University | Southern Indiana | | Practice Project University of |
| | | | Southern Indiana |

11:20 a.m. – 12:20 p.m. Main Zoom Room

Second Poster Session: Juried Posters

- 1. In pregnant women, what are the effects of calcium supplementation on the risk of developing pre-eclampsia? Sofia Nora, Rachel Jones, Brooke Coleman, Beth A. Young, EdD, RD, CSSD, LD, University of Southern Indiana
- 2. Effective Rescue Therapies for Pediatric Asthma: An Evidence-Based Review; Mary Phillips M.Ed., RRT, RPFT, AE-C, University of Southern Indiana
- 3. The Impact of Circumstance of Death on Consent for Organ Donation at Different Approach Times; Plamena P. Powla, MS, Deekshitha Turaka, MBBS, Farima Fakhri, MD, Indiana University Indianapolis







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- 4. Mobile app use for monitoring physical activity in Bangladeshi students; Sayed Mahmud Samiul Amin, BECE, Samia Amin, PhD, University of Hawaii
- 5. How Effective is the Use of Semaglutide for Weight Loss Compared to Lifestyle Modification Alone? Madison Windham, Brandon Slisher, Beth A. Young, EdD, RD, CSSD, LD, University of Southern Indiana

12:20 p.m. – 12:50 p.m. LUNCH (recommend you do not log out of the zoom)

12:50 p.m. – 1:15 p.m. Second Podium Session

| Breakout Room ONE | Breakout Room TWO | Breakout Room THREE | Breakout Room FOUR |
|-----------------------------------|--------------------------------|----------------------------------|---------------------------------|
| Implementing Collaborative | Implementation of a Dedicated | Improving Satisfaction and | Measure and Elevate: Ensuring |
| Practice Changes: Using Lidocaine | Rapid Response Nurse; Brandie | Retention of Nurses with Burnout | Compliance with Subsequent |
| for Nasogastric Tube Insertion; | Kopsas-Kingsley RN, BSN, CCRN, | Education and Screening; Lisa | Blood Pressure Assessment; |
| Lois Stallings Welden, DNP, RN, | Mikel W. Hand, EdD, MSN, RN, | Hilliard, MSN, FNP-C, | Carrie Shipman, MSN, RN, |
| CNS, Robin Perkins, BSN, RN, | OCN, NE-BC, NEA-BC, Doctor of | Mikel W. Hand, EdD, MSN, RN, | Katelyn Russell, DNP, PMHNP-BC, |
| CMSRN, Deaconess Health | Nursing Practice Project | OCN, NE-BC, NEA-BC, Ashley N. | NED, RN, Samip Patel, Doctor of |
| System | University of Southern Indiana | Carter, DNP, RN, CNE, Doctor of | Nursing Practice Project |
| | | Nursing Practice Project | University of Southern Indiana |
| | | University of Southern Indiana | |
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1:15 p.m. – 2:15 p.m. MAIN ZOOM ROOM Third Poster Session-DNP Posters

- 1. Implementing a Team Care Delivery Model Utilizing LPNs in the Acute Care Setting of a Children's Hospital; Kelly Butler, MSN, RN, RNC-NIC, NPD-BC, Charlotte S. Connerton, EdD, RN, CNE-BC, Doctor of Nursing Practice Project University of Southern Indiana
- 2. ABCDEF Care Bundle Use in the ICU; Courtney Chastain, MSN, RN, ACCNS-AG, CCRN-CMC-CSC, Bailey Rankin, DNP, APRN, AGACNP-BC, CCRN, CEN, Doctor of Nursing Practice Project University of Southern Indiana







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- 3. Implementing a Prediabetes Risk Test within a University Clinic Setting: A Quality Improvement Study; Sarah Brandsasse, BSN, RN, Bailey Rankin, DNP, APRN, AGACNP-BC, CCRN, CEN, Marilyn Ostendorf, DNP, RN, Lois Welden, DNP, RN, CNS, Doctor of Nursing Practice Project University of Southern Indiana
- 4. Quality Improvement: How Comfortable are Primary Care Nurse Practitioners with Diagnosing and Treating Mental Illnesses? Janessia Pettigrew, MSN, PMHNP-BC, Ryan Butler, DNP, RN, AHN-BC, CPH, HWNC-BC, Doctor of Nursing Practice Project University of Southern Indiana
- 5. Culturally Tailored Mental Health Awareness and Education: A Community-Based Intervention to Improve Mental Health Literacy and Willingness to Seek Mental Health Care among Nigerians on the Westside of Indianapolis; Esther Gbadesogun, BSN, RN, Jennifer Evans, DNP, RN, NC-BC, Mikel W. Hand, EdD, MSN, RN, OCN, NE-BC, NEA-BC, Doctor of Nursing Practice Project University of Southern Indiana

2:15 p.m. - 2:25 p.m. BREAK

2:25 p.m. – 2:50 p.m. Third Podium Session

| Breakout Room ONE | Breakout Room TWO | Breakout Room THREE |
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| Mental Health First Aid (MHFA) Training: | Use of Screening Tool for Pediatric Non- | Increasing HPV Education and Vaccination |
| Implementing an Evidence-Based Initiative to | Accidental Trauma in a Rural Emergency | Uptake in Women Aged 27-45: A Clinic Based |
| Build Mental Health Literacy (MHL) Among | Room Setting; Allison L. Schroering, BSN, RN, | Approach; Michelle Wakefield, MSN, FNP-C, |
| Employees; Lisa Crutchfield, MSN, RN, Kathy | Ashley N. Carter, DNP, RN, CNE, | Gina L. Schaar, DNP, RN, Uditha A. Wijesuriya, |
| Riedford, PhD, PMHNP-BC, RN, | Mikel W. Hand, EdD, MSN, RN, OCN, NE-BC, | PhD, Doctor of Nursing Practice Project |
| Mikel W. Hand, EdD, MSN, RN OCN, NE-BC, | NEA-BC, Doctor of Nursing Project University | University of Southern Indiana |
| NEA- BC, Ashley N. Carter, DNP, RN, CNE, | of Southern Indiana | |
| Doctor of Nursing Practice Project University | | |
| of Southern Indiana | | |
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| 2:50 | p.m. – 3:50 p.m. | Main Zoom Room | Fourth Poster Session-DNP Posters | | | | |
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| 1. | 1. Improving Type 2 Diabetes Outcomes: Implementing Culturally Tailored Education for Spanish-Speaking Individuals; | | | | | | |
| | Elizabeth M. Hann, BSN, RN, Gina L. Schaar, DNP, RN, Theresa Marcotte, DNP, RN, CNE, Doctor of Nursing Practice Project | | | | | | |
| | University of Southern Indiana | | | | | | |
| 2. | 2. Implementing a Training to Foster Parents Related to Mental Health Outcomes Among Children in Foster Care; Bethany | | | | | | |
| | Muchmore, BSN, RN, Ryan Butler, DNP, RN, AHN-BC, CPH, HWNC-BC, Kelly Pruden, DNP, RN, CCRN, SCRN, Doctor of Nursing | | | | | | |
| | Practice Project Univ | ersity of Southern Indiana | | | | | |
| 3. | Improving Self-Effica | cy in Perioperative Staff Through | Simulated Emergency Experiences Debriefing; Kelly Whitmore, BSN, | | | | |
| | RN, Bailey Rankin, DI | NP, APRN, AGACNP-BC, CCRN, CE | N, Marilyn Ostendorf, DNP, RN, Lindsey Sherman, MSN, RN, CNOR, | | | | |
| | NPD-BC, Brittany Ser | ratos, MD, Doctor of Nursing Pra | ctice Project University of Southern Indiana | | | | |
| 4. | Impact of Melasma E | ducation on Sun Protection Prac | tices; Emily Pham, BSN, RN, Ann White, PhD, MBA, RN, NE-BC, Doctor | | | | |
| | of Nursing Practice P | roject University of Southern Ind | iana | | | | |
| 5. | Employee Health Promotion Program; Benita Randolph, MSN, RN, Ann White, PhD, MBA, RN, NE-BC, Doctor of Nursing | | | | | | |
| | Practice Project Univ | ersity of Southern Indiana | | | | | |
| 3:50 p.m. – 4:05 p.m. Evaluation and Continuing Education | | | | | | | |