

## College of Nursing and Health Professions

# Internship Handbook for HP480, HA 481, HA482

Guidelines for Students and Preceptors
For all internship students in Health Services
Revised March 2023

## **Table of Contents**

## Contents

Introd	luction	4
1.	Planning for the Internship Experience	5
	a. Early Planning (Freshman/Sophomore)	5
	b. Later Planning/Applying (Junior/Senior)	5
2.	Overview of the Internship Experience	
	a. Purpose/Goals	5
	b. Health Services and Health Administration Applications, Approvals, and Referral Process	7
	Internship Requirements and Activities	8
	Contact Hours/Credit Hours	8
	Using Your Place of Employment as the Internship Site	9
	Paid Internships	9
Helpfu	ىلى Hints	9
	a. Purpose of the Interview	9
	b. Preparation for the Interview	9
	c. Information to obtain during your interview:	10
	Job Description/Goals	11
	Internship Start & End Dates	11
	Registering for the Internship Course	11
	Expectations to be Shared with Preceptor (see Appendix III)	
Profes	ssional Conduct	
Requi	red Internship Components	13
	Internship Weekly Activity Tracking Form (see Appendix II)	13
	Classroom Meetings & Midterm Review	13
	Project Materials	14
	Reflection Report (see Appendix IV)	14
	Evaluation	14
	Receiving a Grade for the Internship	14
Unant	ticipated Situations Can Arise	14
	Activities not specified on the Internship Agreement Form	14
	Activities that compromise your personal or professional values or beliefs	14
	Discrimination/Harassment	
Glossa	ary 15	
	NDIX I: Castle Branch Profile Instructions, Policy & Procedures	
	NDIX II: Internships Forms	
	), HA481, HA482	
	NDIX III: Expectations for Preceptor	
	NDIX IV: Health Administration Internship Reflection Report Instructions	
	MILLY WERAUMORE	2 -

## HP480, HA481, HA482 Internship Checklist

Dat	This checklist will guide you through your internship. Steps are explained in the handbook
	Complete <u>all</u> Castle Branch requirements before applying for an internship – see Appendix 1 for codes to place an order and information about all the requirements
	Submit an internship application with Health Services (for Fall Interns – by April 15; for Spring Interns – by September 15; for Summer Interns – by February 15)
	——————————————————————————————————————
	Accept an internship offer and notify the Internship Program Coordinator
	Complete and submit the following forms to the Health Services Department - (see Appendix 2)
_	HP480, HA481, HA482 Internship Work Agreement
-	CPT Form and required letter from preceptor returned to the International Program Department - (International Students Only)
	igsquare Receive Notice to Register – you will be emailed the CRN# and how to register
	Register for the internship course HP480, HA481, HA482
	Post schedule to Blackboard Course site (Career Launch information)
	Begin internship
	By the end of your 1 <sup>st</sup> week, submit your HP480, HA481, HA482 Internship Learning Goals form - see Appendix 2
	Before your mid-term review, submit your HP480, HA481, HA482 Job Description for Internship form - see Appendix 2
	$\equiv$ 3 weeks before midterm, submit possible dates for the review to the internship instructor
	Mid-term review
_	Submit all HP480, HA481, HA482 Weekly Timesheets for documentation of hours-see Appendix 2
	Notify your internship instructor upon completion of your internship
_	The Career Services office will email your Preceptor Skill Survey information
	Complete Skill Survey
_	Complete all In-Class Requirements, Castle Branch and Blackboard Course Work
	Receive a "pass" or "no Pass" grade or an "incomplete" if requirements are not met from above.
	Send your Preceptor a "Thank You"

#### Introduction

This handbook outlines much of the information you will need to progress through the preparation and participation in an internship. It is your responsibility to be familiar with this information and act on the instructions without being prompted. For a quick reference of the steps, see previous page of this handbook to the Checklist. Detailed explanations are found in the body of the handbook.

The internship HP480, HA 481, HA482 is required of all USI students pursuing a bachelor's degree in Health Services or Health Administration. As the culminating experience of the program, the internship offers students the opportunity to apply the theories and skill sets learned in the classroom to the real world of healthcare. A GPA of 2.75 is required for all internships.

#### **HP480**

The internship (HP 480) is required of all USI students pursuing a bachelor's degree in Health Services (HSBS) who enrolled in the Specialty Track Option, and Food and Nutrition Majors with a minor in Health Promotions & Worksite Wellness. As the culminating experience of the program, the internship offers students in Health Administration, Gerontology, Long Term Care Administration, Public Health and Worksite Wellness the opportunity to apply the theories and skill sets learned in the classroom to the real world of healthcare.

- All students admitted to a Specialty Track in Health Services are required to complete HP 480 for a total of 6 credit hours (equal to 300 hours of field experience) in two consecutive semesters of their senior year. HP 475 is the pre-requisite course of HP 480.
- Food and Nutrition majors with a Wellness Minor are required to complete HP 480 for a total of 3 credit hours (equal to 150 hours of field experience). HP 475 is the pre-requisite course of HP 480 must be completed with a C or better.

#### HA481/HA482

The internship (HA481, HA482) is required of all USI students pursuing a bachelor's degree in Health Administration (BSHA).

All Health Administration students are required to complete HA481 and HA482 for a total of 7 credit hours (equal to 350 hours of field experience) in two consecutive semesters of their senior year.
 HP 475 is the pre-requisite course for HA 481, HA482 and must be completed with a C or better.

The internship is completed under the supervision of a qualified and experienced healthcare professional in the community setting. The chance to observe and share in the knowledgebase of those already working in the field offers students a bridge between the academic setting and the work world. Students are afforded the occasion to grow professionally under the supervision of a healthcare expert who recognizes the tangible contribution that can be made by an intern.

All Health Services and Health Administration internships are offered in conjunction with Association of University Programs in Health Administration (AUPHA) and/or the National Commission for Health Education Credentialing, Inc. (NCHES), along with the National Association of Colleges and Employers (NACE) which connects employers and Career Services and Internships professionals to provide best practices, trends, research, professional development, and conferences.

#### 1. Planning for the Internship Experience

#### a. Early Planning (Freshman/Sophomore)

- Review and consider financial viability when considering the timing of the internship.
- Schedule courses to complete pre-requisite course requirements prior to application period. A course in <u>Microsoft Office</u> is strongly recommended.
- Consider your career goals and what type of internship experience might best help you prepare for your desired position after graduation.
- Note which courses in your program interest you the most, and which health care settings you prefer.
- Talk to other students about their internship experiences.
- Join HOSA, STELLAR and/or Sigma Phi Omega and discuss options with student members.
- Discuss ideas with your academic advisor and/or instructors.

#### b. Later Planning/Applying (Junior/Senior)

- Submit an internship application (prior to the stated deadlines) with the Health Services/Health Administration Department.
  - Internship applications are available online at https://usisurvey.az1.gualtrics.com/jfe/form/SV\_9XHJYqSZilwiKmW

#### 2. Overview of the Internship Experience

#### a. Purpose/Goals

The major purpose of an internship is to provide you with professional experience outside of the classroom that is consistent with your career goals. It provides you an opportunity to integrate and apply what you have learned in your coursework to enhance your academic and professional development.

The goals of this experience are to:

- provide relevant and practical professional experience
- enhance understanding and application of health management or health education principles, concepts, and procedures
- establish professional contacts within the healthcare community
- strengthen oral and written communication skills
- strengthen presentation ability
- strengthen interpersonal skills
- strengthen critical thinking and problem-solving skills

Internships are conducted in a professional work environment and **MUST** be approached as professional employment. The internship gives you an opportunity to demonstrate your ability to apply knowledge to practice.

- Clinical hours from other programs may NOT be used toward an internship.
- Any student who is asked to "leave" their internship will be <u>re-placed</u> at the discretion of the Internship Corrdinator. Hours previously earned will NOT count towards the total hours needed for course completion.

## **HP480** Requirements Below:

**Health Services (HSBS)** internships should be completed during the senior year of your academic program in order to apply knowledge gained from your coursework. Eligibility for participation in an internship is as follows:

#### Fall Internship Applicant Requirements:

- Apply no later than April 15
- 75 hours completed
- Completed Background Profile and Health Requirements

#### **Spring Internship Applicant Requirements:**

- Apply no later than **Sept. 15**
- 75 hours completed
- Completed Background Profile and Health Requirements

#### **Summer Internship Applicant Requirements:**

- Apply no later than Feb. 15
- 75 hours completed
- Completed Background Profile and Health Requirements

#### See Pre-requisites below:

<sup>\*</sup>Completion of the following courses:

	GERO	HA	LTCA	PH	HPWW	<b>HPWW Minor</b>
CIS151		Required	Recommended	Recommended	Recommended	
ENG210	Recommended	Required	Recommended	Recommended	Recommended	
GERO215	Required	Required	Required	Required	Required	
HP115		Recommended	Recommended	Required	Required	Required
HP211	Required	Required	Required	Required	Required	
HP305					Required (Fall)	Required (Fall)
HP306					Required (Spring IP)	Required (Spring IP)
HP475	Recommended	Recommended	Recommended	Recommended	Recommended	Recommended
PHIL200 or 201						
or 363 or HP356						Required
PH284	Required	Required	Required	Required	Required	

<sup>\*</sup>Admittance into the Health Services Specialty Track - 2.75 GPA required – see specific application online https://www.usi.edu/health/health-services/program-admission

<sup>\*</sup>Successful completion (C or above) of HP475

## HA481/HA482 Requirements Below:

**Health Administration (BSHA)** internships should be completed during the senior year of your academic program in order to apply knowledge gained from your coursework. Eligibility for participation in an internship is as follows:

#### **Fall Internship Applicant Requirements:**

- · Apply no later than April 15
- 75 hours completed
- Completed Background Profile and Health Requirements

#### **Spring Internship Applicant Requirements:**

- Apply no later than Sept. 15
- 75 hours completed
- Completed Background Profile and Health Requirements

#### **Summer Internship Applicant Requirements:**

- Apply no later than Feb. 15
- 75 hours completed
- Completed Background Profile and Health Requirements

#### **See Pre-requisites**

- Please note that Health Services and Health Administration students are expected to complete an internship over two separate semesters. You will need to click on the link below to fill out and submit your application.
  - https://usisurvey.az1.gualtrics.com/jfe/form/SV 9XHJYgSZilwiKmW
- Completion of the required Castle Branch Profile. (See Appendix I)
  - Castle Branch Profile includes a background check. In the case of questionable results, students will not be admitted to the internship program until results have been reviewed by the Internship Coordinator.

#### b. Health Services and Health Administration Applications, Approvals, and Referral Process

You should plan your **class schedule** and **finances** in order to accommodate distance learning experiences. Some internship sites may be an hour or more drive from the USI campus. Summer internships may be located in a student's home area and in some cases, students may apply for and be awarded opportunities in specific disciplines and locations throughout the region and Tri-State area.

#### **STEP 1: APPLYING FOR THE INTERNSHIP**

You must complete a Health Services or Health Administration Internship Application to be considered for an internship no later than the dates listed below.

- April 15 for the Fall Semester
- September 15 for the Spring Semester
- February 15 for the Summer Semester

These deadlines are fixed in order for the university to have enough time to assist you in scheduling interviews and setting up internship sites throughout the Evansville area and other communities as needed. It may sometimes take several months for the university to put Affiliation Agreements into place.

\* Note that failure to meet these deadlines may delay your graduation date.

<sup>\*</sup>Maintain a 2.75 GPA

<sup>\*</sup>Successful completion (C or above) of Gero 215, HP 115, HP 211, HP475, and PH 284

Students applying for internships in a health profession setting need to be aware that they will be expected to complete the Castle Branch Profile including physical exam, verification of immunizations and/or titers, TB test, flu shot, Background check, Drug Screen and other clinical requirements. This will be at the student's expense.

#### **STEP 2: SECURING YOUR INTERNSHIP PLACEMENT**

As part of your internship, you will be required to select possible placements from a list that will be provided as part of the HP475 course. After selecting your site and meeting with a possible preceptor, you will need to then make an appointment with the Career Services and Internships Department at 812-464-1865.

Failure to make a timely appointment may mean that your internship will be postponed to the next semester due to your inability to arrange placement in a timely manner.

Note: Those applying for a second internship must complete a second work agreement.

Meaningful internship experiences will offer the students:

- Real tasks that need to be accomplished for the healthcare agency
- Activities that are significant, but not critical to the functioning of the organization.
- Exposure to the internal workings of the healthcare organization
- Activities that can be completed within the timeframe provided, assuming the student puts in a reasonable amount of time and effort.
- Tangible, measurable outcomes for the goals established.
- **Challenges** commensurate with the student's knowledge, skills, and personal attributes.

#### **Internship Requirements and Activities**

Generally, you will be assigned at least one project to complete at your internship site. The project(s) and goals will be determined in consultation with your Site Preceptor to/at the facility.

This course is essential to developing professional skills. In addition to on-site internship hours, you will be expected to develop goals, keep a work log, submit a final reflection paper, and complete evaluation forms (both student and Site Preceptors).

#### **Contact Hours/Credit Hours**

**Health Services** students are required to complete a total of 6 credits and 300 hours of internship experience <u>over two semesters</u>. Health Services students may <u>not</u> complete their internship in one semester. Any second experience requires a second set of HP480 Work Agreement documents.

"Contact hours" (300 hrs.) must be completed <u>on site</u> at the agency and/or under the supervision of a qualified Preceptor. Internship-related work performed at home (such as class assignments) does not count as "contact hours."

Class time requirements are **not** counted as "contact hours."

For example: A 150 hr. internship should be completed on site at 10 hrs. weekly for 15 weeks.

**Health Administration** students are required to complete a total of 7 credits and 350 hours of internship experience <u>over two semesters</u>. Health Administration students may <u>not</u> complete their internship in one semester. Any second experience requires a second set of HA 481/482 Work Agreement documents.

"Contact hours" (350 hrs.) must be completed <u>on site</u> at the agency and/or under the supervision of a qualified Preceptor. Internship-related work performed at home (such as class assignments) does not count as "contact hours."

Class time requirements are **not** counted as "contact hours."

For example: A 150 hr. internship should be completed on site at 10 hrs. weekly for 15 weeks.

#### Using Your Place of Employment as the Internship Site

You may **only** use your current place of employment as your internship site if you can document that:

- The internship assignment is distinct from your employment responsibilities and will be completed in a department or division distinct from your regular position
- The hours devoted to the internship are distinct from your hours of employment
- There is a qualified Preceptor, other than your immediate supervisor, who can supervise your work
- The above criteria are reviewed by your employer and your supervisor is willing to submit a written statement that the criteria are acceptable and that each will be met. The feedback on using one's place of employment as an internship site is mixed. Two of the major disadvantages reported are role confusion and job-related interruptions. The major advantage reported is convenience.

#### **Paid Internships**

Paid internships are rare; however, these opportunities are acceptable if the facility offers compensation for the experience, and you have approval of the university.

### **Helpful Hints**

#### a. Purpose of the Interview

You must have a face-to-face interview with your potential Preceptor. The Preceptor will assess your interests and whether you are a good fit for their organization. You **must** be able to articulate your interests during this interview.

#### b. Preparation for the Interview

Employers tell us that they are seeking interns who demonstrate professional behavior and appearance, a positive attitude toward learning, dependability, flexibility, initiative, quality work,

and the ability to collaborate and work well in teams in a diverse environment. It is essential that you demonstrate these qualities during your interview. An interview does not guarantee that you will be accepted!

You should **research the organization** before the interview so you are familiar with their services, department, and specialties. This will allow you to ask informed questions and help articulate why you are interested in working with them. **Preceptors will ask you what you are interested in learning**, please be prepared for this question!

- c. Information to obtain during your interview:
  - Will I have assigned project and related activities?
  - Will I have opportunities to attend meetings/conferences within and outside of the program or agency?
  - Will I receive supervision by my Preceptor on a regular basis?
  - Will my Preceptor give me feedback on my performance during my internship?
  - Will I have the resources required to complete my assignments (e.g. office space, phone, fax, photocopier, computer, etc.)?
  - Will I be expected to work independently or as part of a team?
  - Will I be working with other interns?
  - What is the procedure for requesting a change in schedule or for reporting an absence?
  - When I complete my assignments can I request additional projects?
  - Will I report to an additional person other than my Preceptor?
  - In the event that my Preceptor is unavailable, who will be authorized to assign activities to me?
  - How will my schedule be arranged?

#### **STEP 3: ACCEPTING AN OFFER**

Once you accept an internship offer, please notify (via email is acceptable) the Internship Program Coordinator. Once an HP480 or HA 481/482 Internship Work Agreement form is signed, it must be returned to the Health Services Department in Room 3001 (see Forms, Appendix II) or emailed to Joy Fein at <a href="mailto:ilfein@usi.edu">ilfein@usi.edu</a>. In addition, international students must complete the CPT Form (see Forms, Appendix II).

- When you have accepted an offer, it is expected that you will honor your commitment.
- You should plan to be on-site at least twice per week. This provides you with adequate exposure to the agency so that you can become acquainted with the organization personnel and to maximize your learning opportunities.

#### Job Description/Goals

The **Job Description** should be completed and uploaded to the Course Blackboard site. This form delineates the internship responsibilities and expected skill set.

• If the Internship includes a project, then it should be described briefly on the project/job description form.

Goals are learning points that the student and Preceptor create together. The student must have an idea of what they want to learn. Goals should be aligned with the student's specialty and should be measurable. The **Internship Learning Goals** form should be completed and uploaded to the Course Blackboard site.

#### **Internship Start & End Dates**

Internships generally begin at the start of the term but <u>cannot</u> be started until the requirements for the <u>Castle Branch Profile</u> have been met, successful completion of HP 475 and enrollment in <u>HP480</u> or <u>HA481/482</u> is complete. These dates should be reflected on your <u>HP480</u> or <u>HA481/482</u> Internship Work Agreement form. Unforeseen circumstances may arise that may interfere with the timeline of the experience. It is imperative that communication be made with all parties involved to adjust the timeline if necessary. Tracking entries are required for all hours if you want them counted toward the total hour requirement. Internships (which include your <u>Castle Branch Profile</u>) not completed by the end of the term will receive an "Incomplete" grade until all requirements are met.

**Note**: **POST YOUR SCHEDULE!** Once your internship schedule is established, it is imperative that you provide the university with your planned schedule – there is an area on the Course Blackboard site for this information to be uploaded. In the event that your schedule changes over the course of the internship, you must **UPDATE.** 

#### YOUR MAY NOT ATTEND YOUR INTERNSHIP SITE ON A DAY THAT THE UNIVERSITY IS CLOSED!

#### **Registering for the Internship Course**

Upon completion of all pre-registration requirements, the Health Services Department will clear the student to register online for the appropriate section(s) of the course.

#### **Expectations to be Shared with Preceptor (see Appendix III)**

Please share with your Preceptor, the documents found in (Appendix III). They will be valuable in guiding both your preceptor and you to a successful internship experience.

#### **Professional Conduct**

#### **Code of Conduct**

Conducting yourself in a professional manner with the highest standards of personal ethics is an absolute requirement. Violations of professional conduct and/or generally accepted standards of ethical behavior will be grounds for termination from the internship with assignment of a not passing grade.

As an intern you will be expected to behave in a professional and ethical manner. Your conduct should be honorable, productive and represent the university in a manner such that hosts will want more USI students to follow.

The College of Nursing and Health Professions (CNHP) has adopted a **Social Media Policy**. It is expected that all interns abide by this policy. Failure to do so will mean an <u>administrative</u> withdrawal from the internship experience and subsequent course. (See the Social Media Policy as a part of your Castle Branch Profile Information). You will read, sign and date the **Social Media Policy** as a part of the Castle Branch Profile.

The following is expected of you as you participate in your internship and represent USI in the community.

- Assert yourself and your ideas in an appropriate and tactful manner. Engage in active problem solving.
- Be fair, considerate, honest, trustworthy, and cooperative when dealing with coworkers.
   DO NOT gossip.
- Communicate keep people informed in a useful succinct way, listen, and ask questions
- Do not conduct <u>personal business</u> during work hours (This is the use of any emails, cell phone, internet, or appointments)
- Be observant watch how people organize their thoughts, share them and how they respond to communications both positive and negative.
- Remain drug and alcohol free.
- Maintain confidentiality of work-related projects and personnel.
- Familiarize yourself with and adhere to, relevant organizational arrangements, procedures, and functions – this includes OSHA and HIPAA requirements.
- Understand what constitutes a permissible work absence and who to notify if absent, be prompt with being on time to work and with assignments. Always give your best effort!
- Changes in your work schedule, supervision or problems at your site must be reported to the internship coordinator.
- If you feel victimized by a work-related incident, contact the Health Services Dept.
- Dress appropriately for the work setting. Clarify with your site supervision any specific requirements for professional attire at your agency.

- Follow through on commitments
- Be positive and look for opportunities to lend a hand or contribute.
- Keep an open mind. Practice developing Global Perspective by being an informed participant.
- Seek feedback from your supervisors, accept suggestions for corrective changes in behaviors and broaden your perspectives. Continuously strive to improve performance.

#### **Required Internship Components**

#### **Internship Weekly Activity Tracking Form (see Appendix II)**

The internship tracking form is a detailed account of your daily activities: a record of your internship dates, hours, and significant learning exercises, noting gaps between what you are learning and what you expected to learn.

- Entries may briefly summarize your day's events including points of interest or difficulties encountered
- Your entries may include a description of meetings attended, data compiled, or materials read. It is the means by which you can track your own progress and provides necessary information for the integrative internship research paper.
- You and your Preceptor must sign and date weekly.
  - o Your timesheet must be uploaded in Blackboard.

#### **Classroom Meetings & Midterm Review**

Periodic internship class meetings are conducted by the Internship Program Coordinator which are the on-campus, instructional component of the internship. These sessions provide an opportunity to exchange ideas and experiences, provide support, engage in problem solving, explore internship and work-related issues with other interns, and other professional development skills. Such exchanges also provide a chance to refine goals and objectives and evaluate internship progress.

- Attendance is mandatory (please notify your Preceptor of upcoming scheduled meetings so you may be excused from your scheduled internship hours if needed meeting time does not count towards your required contact hours). You will discuss strategies so you can get the most benefit from your internship experience.
- Class meetings scheduling will vary and be determined each semester.
- You are responsible for coordinating a time with your Preceptor and faculty instructor for a midterm review. The meeting can be by phone or face-to-face and will last about an hour. You should plan several weeks before to schedule the meeting date. This is a mandatory requirement for successful completion of the Internship.

#### **Project Materials**

You are expected to complete at least one project for the agency. The project will be decided in consultation with your Preceptor. Your Preceptor will familiarize you with the overall functions/activities of your site and help you to identify appropriate projects. A summary of the experience will be discussed as part of your reflection assignment.

#### Reflection Report (see Appendix IV)

Please see the syllabus for details.

#### **Evaluation**

This evaluation will have several components that may include, but not limited to:

- Midterm review with student and preceptor
- Online preceptor final evaluation

#### Receiving a Grade for the Internship

A "pass" or "no pass" grade will be recorded upon completion of the internship hours and all requirements. See the Course Syllabus for further details.

#### **Unanticipated Situations Can Arise**

#### Activities not specified on the Internship Agreement Form

As it is impossible to anticipate every internship activity, you may be asked to perform a function that you did not anticipate, but that is within the general expected duties of any internship. Certain tasks are common practice for most internship placements including photocopying, answering telephones, data management, letter-writing, delivery of documents, etc. However, as important as these activities are to the operation and success of any agency or program, they should not constitute the substance of your internship.

If you feel that you are being asked to perform duties not in line with your goals, please feel free to contact your faculty instructor.

#### Activities that compromise your personal or professional values or beliefs

In the unlikely situation that you are asked to compromise your personal or professional values or beliefs, please contact your faculty instructor as soon as possible.

#### **Discrimination/Harassment**

You should not feel you are being harassed or discriminated against in any way. If such should occur, please contact your faculty instructor as soon as possible.

#### **Glossary**

**Affiliation Agreement:** A formal Affiliation Agreement (**MOU**-Memorandum of Understanding or **ELA**-Experiential Learning Agreement) must be established between USI and your internship site. This legal document describes issues <u>related</u> to liability and scope of responsibility among other issues. This interinstitutional agreement must be in place prior to the internship start date.

**AUPHA:** The Association of University Programs in Health Administration, the accreditation and certification body for the Health Administration program. (<a href="http://www.aupha.org">http://www.aupha.org</a>).

**Career Services and Internships Coordinator:** The professional currently employed by USI's Career Services and Internships Department who has been assigned the responsibility of managing the relationship between USI and the community healthcare site. This person also ensures that NACE guidelines are met.

**CPT:** Curricular Practical Training – CPT for F-1 students is intended to provide work experience in situations where the work serves as an integral part of a student's academic program. CPT must be authorized by the Center for International Programs.

**Health Services/Health Administration Students:** Students enrolled in USI's 120 credit hour bachelor's degree in either the Health Services (HSBS) or Health Administration (BSHA) program.

HIPAA: Health Information Portability and Accountability Act (<a href="http://www.hhs.gov/ocr/privacy/">http://www.hhs.gov/ocr/privacy/</a>)
This Act guarantees the privacy of a patient's/client's health information. HIPAA Training can be found on the College and Health Professions website at <a href="https://www.usi.edu/health/about-the-college">https://www.usi.edu/health/about-the-college</a>.

**Internship:** The Educational experience of a Health Professions student in a <u>community</u> setting where experiential learning is provided.

**Internship Program Instructor:** A faculty member in the Department of Health Services/ Health Administration serves as the instructor for the Internship course and is responsible for supervising/teaching the internship experience (HP480 or HA 481/482).

**NACE:** The National Association of Colleges and Employers, organizations which connects employers and Career Services and Internships professionals to provide best practices, trends, research, professional development, and conferences (<a href="http://www.naceweb.org/home.aspx">http://www.naceweb.org/home.aspx</a>).

**OSHA: Occupational Safety and Health Administration (https://www.osha.gov/)** assures a safe workplace and that all workers are in compliance with standards that keep workers safe on the job. Training is found at <a href="https://www.usi.edu/health/about-the-college">https://www.usi.edu/health/about-the-college</a>.

**Preceptor:** An appropriately credentialed and experienced health practitioner, who is employed full-time by a health agency and who serves as your on-site Internship Preceptor and mentor. Ideally, your Preceptor should possess a (graduate degree) with specialized training and experience in his/her chosen field. Other individuals who possess extensive experience, but without advanced degrees may also be approved as a Preceptor. The Preceptor is responsible for supervising your projects, duties and performance, completion of your evaluation, notifying Internship Program Instructor if problems are encountered during the internship period.

## APPENDIX I: Castle Branch Profile Instructions, Policy & Procedures

#### Please go the website indicated below to order your Castle Branch Profile and choose your code:

#### To place your order go to:

#### https://portal.castlebranch.com/UE96

Step 1: Click on "Place Order"

Step 2: Click on "Please Select" drop down

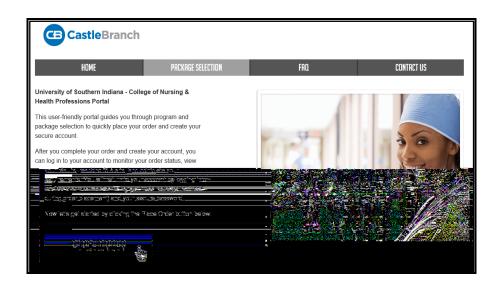
Step 3: Click on: Health Administration

Step 4: Click on: UF02 package code

Step 5: Follow instructions on the screen

#### UF02 – Background Check, Drug Test & Medical Document Manager

(drug tests are <u>from LabCorp</u> – 925 S. Green River Rd., Evansville, IN – price for drug test is included in the package





#### **Medical Document Manager Requirements**

#### Measles, Mumps & Rubella (M MR)

One of the following is required:

- 2 vaccinations OR
- Positive antibody titer for (lab report OR physician verification of titer results required) for all 3 components.

#### Varicella (Chicken Pox)

One of the following is required:

- 2 vaccinations OR
- Positive antibody titer (lab report OR physician verification of titer results required) OR
- Medically documented history of the disease that has been verified by a physician or nurse practitioner and contains their signature.

#### **Hepatitis B**

One of the following is required:

- 3 vaccinations AND a positive antibody titer (lab report OR physician verification of results required) OR
- Positive antibody titer (lab report OR physician verification of results required)

#### **Tuberculosis (TB)**

One of the following is required: 2 step TB skin test (2 separate TB Skin Tests within 1-3 weeks apart within the past 12 months), OR QuantiFERON Gold blood test within the past 12 months (negative laboratory report OR physician verification of negative results required), OR T-Spot TB blood test within the past 12 months (negative laboratory report or physician verification of negative results required), OR If positive results, provide a clear Chest X-Ray dated any time after the positive result (lab report OR physician verification of results required)

#### Tetanus, Diphtheria & Pertussis (Tdap)

Documentation of a Tdap booster within the past 10 years.

#### Influenza

One of the following is required:

- Documentation of a flu vaccination administered by 12/01 the current flu seasonOR/
- Declination of flu vaccine along with statement from healthcare provider

#### **Physical Examination**

Take the blank Report of Physical Examination to your doctor to be filled out. Must be signed by a medical professional. Then upload to this requirement.

#### **Medical History**

Complete the blank 2-page Report of Medical History form. Take to your doctor to sign along with your Physical Examination form. Must be signed by a medical professional. Then upload to this requirement.

#### **CPR Certification**

One of the following is required:

- American Heart Association Healthcare Provider course, OR American Red Cross CPR/AED for Professional Rescuers and Health Care Professionals OR
- American Red Cross Basic Life Support for Healthcare Providers
   Students should submit proof of an approved American Heart Association or American Red Cross card, e-card, or certification of completion. Renewal date will be based on the expiration date.

#### **HIPAA Score**

#### CNHP website https://www.usi.edu/health/about-the-college/

Take the HIPAA test and print your HIPAA score and upload the document to this requirement.

#### **Confidentiality Statement**

Upload proof of your signed Confidentiality Statement to fulfill this requirement.

#### **Workforce Member Review of HIPAA policies**

Upload your signed Workforce Member Review of HIPAA policies document to fulfill this requirement.

#### **OSHA Score**

#### CNHP website <a href="https://www.usi.edu/health/about-the-college/">https://www.usi.edu/health/about-the-college/</a>

Take the OSHA test and print your OSHA score and upload the document to this requirement.

#### **Social Media Policy**

Upload your signed 2 page Social Media Policy form to fulfill this requirement.

#### **Cyber Security Training**

1. Log into your myUSI account



- 2. Click on the "student icon" for Vector Solutions
- 3. Click on "Begin Training"
- 4. Please note, you can save your progress and come back, so it does not need to be completed all in one sitting. However, training must be completed within 30 DAYS.
- 5. The training takes approximately 1 to 1.5 hours to complete.
- 6. Training is self-paced. You can start and leave the course as often as you'd like. When you return, the course will open to the last page visited.
- 7. When you are done with the training, please print the certificate.
- 8. Scan and upload the certificate into Castlebranch in the appropriate area.
- 9. Save your scanned certificate on your computer.

#### **CNHP Lab and Waiver Form**

Upload your signed and dated CNHP Lab and Waiver form to fulfill this requirement.

#### **Document Manager Requirements**

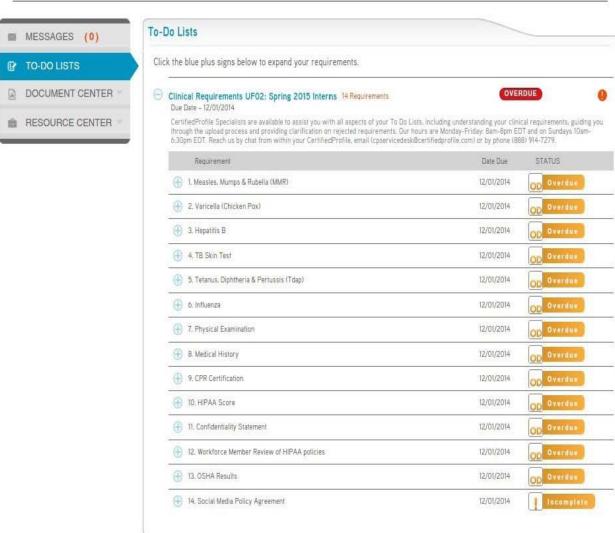
#### **Drug Test**

Submit documentation of a drug screen (minimum of 10 panel) administered within the past 3 months with lab report. If results are negative, you will be cleared for placement into your program. If results are positive, you must provide documentation from your physician validating you had a prescription(s) for the drugs in question, prior to being cleared for placement into your program. If your results are positive and you provide no documentation from your physician validating you had a prescription for the drug in question, this requirement will be rejected and you will need to contact your program administrator.

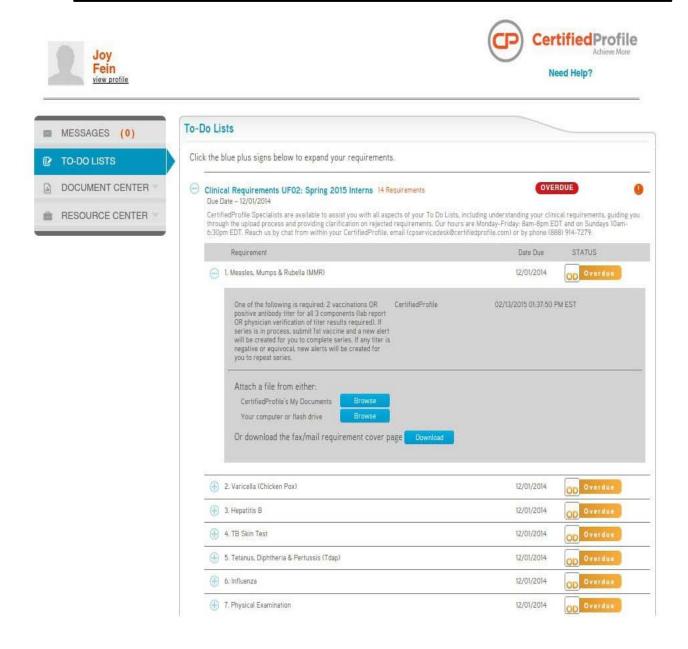
## This is what your profile will look like once you have purchased it. Upload your documents into each required section.







# Click on the (+) to show the drop-down instructions for each requirement. This is where you will upload your documents that you have scanned on your computer.



APPENDIX II: Internships Forms HP480, HA481, HA482



## HP480, HA481, HA482 Work Agreement

#### **Student Name:**

Tha	ctudont v	vill provide	a tha fal	lavvinav
me	student v	viii brovia	e the for	iowine:

(Printed)

Hepatitis B	Measles, Mumps & Rubella (MMR)	Workforce Member Review of HIPAA policies
CPR Certification	Tuberculosis (TB)	Social Media Policy
Physical Examination	Medical History	Cyber Security Training
Influenza	OSHA Score	CNHP Lab and Waiver Form
Tetanus, Diphtheria & Pertussis (Tdap)	HIPAA Score	Drug Test
Varicella (Chicken Pox)	Confidentiality Statement	

We, the undersigned, have read the following and agree:

- > This contract and any other forms required by the Faculty Supervisor, Field Supervisor, or Internship Coordinator must be completed before the internship begins. Calculation of hours spent in the field begins after the proper contracts have been returned to the University. No credit will be given if this condition is not met, regardless of time spent in the field.
- > The intern should honor the ethical standards and professional codes and practices of the field of the internship and of the university.
- > The internship should provide varied learning experiences and activities; it should not exploit the intern.
- The intern's work responsibilities and work schedule, including vacation time, shall be arranged by the intern and the internship field supervisor.
- > The number of working hours per internship shall be 150/200 hours per semester.
- The student will maintain a log or portfolio documenting the internship. The faculty internship supervisor may require additional material which will be stated below.
- > The student will complete all paperwork provided in the internship packet including a goals statement, two (2) evaluations, and a final paper.
- The legal agreement between the University and the organization shall be effective until formally rescinded by Career Services and the organization.
- > The internship field supervisor will provide continual evaluative information to the intern regarding the intern's work and will submit a minimum of two written evaluations to the University.
- > The intern shall schedule periodic conferences with the faculty internship supervisor. The number and nature of these conferences shall be determined by the faculty internship supervisor. Failure to adhere to an agreed upon schedule of these conferences will result in the termination of the internship.
- > The internship may also be terminated at any time that (1) one or more of the above conditions is violated; or (2) an agreement to terminate is decided mutually between below signed parties. If termination is due to negative actions of the intern, a failing grade may be assigned.

(Circle One)

Student Signature	Inter	nship semester	_ HP480 or HA481 or HA482
Student ID#	Specialty	_Phone number	Date
Preceptor Signature		_Preceptor Printed Name	
Preceptor Title	Work Site_		
Phone number	Email address		Date



**Health Professions** 

## HP480, HA481, HA482 Requirements

It is the policy of the Health Services/Health Administration Program, and the College of Nursing and Health Professions that those students intending to complete HP480 or HA481/482 internships must meet minimum specific training and profile requirements prior to beginning an approved internship.

#### 1. USI HP480, HA481, HA482 Specific Training and Profile Requirements:

The following information provides a review of the specific training and profile requirements for students wishing to complete an internship in HP480, HA481, HA482:

#### **Hepatitis B**

One of the following is required:

- 3 vaccinations AND a positive antibody titer (lab report OR physician verification of results required) OR
- · Positive antibody titer (lab report OR physician verification of results required)

#### **CPR Certification**

One of the following is required:

- American Heart Association BLS Provider course, OR
- American Red Cross CPR/AED for Professional Rescuers and Health Care Professionals OR
- American Red Cross Basic Life Support for Healthcare Providers

Students should submit proof of an approved American Heart Association or American Red Cross card, e-card, or certification of completion. Renewal date will be based on the expiration date.

#### Physical Examination

Download print and complete the one page Report of Physical Examination and upload to this requirement. Must be signed by a medical professional.

#### Influenza

One of the following is required:

- Documentation of a flu vaccination administered by 12/01 the current flu season. OR/
- Declination of flu vaccine along with statement from Healthcare provider

#### Tetanus, Diphtheria & Pertussis (Tdap)

Documentation of a Tdap booster within the past 10 years.

#### Varicella (Chicken Pox)

One of the following is required:

- 2 vaccinations OR
- Positive antibody titer (lab report OR physician verification of titer results required) OR
- · Medically documented history of the disease that has been verified by a physician or nurse practitioner and contains their signature.

#### Measles, Mumps & Rubella (MMR)

One of the following is required:

- 2 vaccinations OR
- Positive antibody titer for (lab report OR physician verification of titer results required) for all 3 components.

#### Tuberculosis (TB)

One of the following is required: 2 step TB skin test (2 separate TB Skin Tests within 1-3 weeks apart within the past 12 months), OR QuantiFERON Gold blood test within the past 12 months (negative laboratory report OR physician verification of negative results required), OR T-Spot TB blood test within the past 12 months (negative laboratory report or physician verification of negative results required), OR If positive results, provide a clear Chest X-Ray dated any time after the positive result (lab report OR physician verification of results required)

#### Medical History

Download, print & complete the 2 page Report of Medical History form and upload to this requirement.

#### OSHA Score

CNHP website <a href="https://www.usi.edu/health/about-the-college/">https://www.usi.edu/health/about-the-college/</a>

Take the OSHA test and print your OSHA score and upload the document to this requirement.

#### HIPAA Score

CNHP website https://www.usi.edu/health/about-the-college/

Take the HIPAA test and print your HIPAA score and upload the document to this requirement.

#### **Confidentiality Statement**

 $\label{thm:conformal} \textbf{Upload proof of your signed Confidentiality Statement to fulfill this requirement.}$ 

#### **Workforce Member Review of HIPAA policies**

Upload your signed Workforce Member Review of HIPAA policies document to fulfill this requirement.

#### Social Media Policy

Download, print & complete the 2 page Social Media Policy form and upload to this requirement.

#### **Cyber Security Training**

Complete the training in MyUSI

#### CNHP Lab and Waiver Form

Upload your signed and dated CNHP Lab and Waiver form to fulfill this requirement.

#### Drug Test

Submit documentation of a drug screen (minimum of 10 panel) administered within the past 3 months with lab report. If results are negative, you will be cleared for placement into your program. If results are positive, you must provide documentation from your physician validating you had a prescription(s) for the drugs in question, prior to being cleared for placement into your program. If your results are positive and you provide no documentation from your physician validating you had a prescription for the drug in question, this requirement will be rejected and you will need to contact your program administrator.



### **HP480 or HA 481, HA482 INTERNSHIP LEARNING GOALS**

Internships are most productive when students articulate and record their learning goals at the beginning of the work experience. First, determine what learning you hope to gain from the internship. Then, discuss with your supervisor to make sure the position will offer you the opportunity of achieving these goals. At midterm, we will evaluate the progress of your goal achievements.

To be meaningful, goal statements must be:

**GOAL STATEMENTS:** 

- > Specific
- Measurable
- Verifiable
- > Achievable
- Agreed upon

List five goals below which you wish to achieve as a result of participating in this internship experience. *These learning goals should be discussed in you final paper.* 

Host Signature	Date Semester Internship
Name	
5	
4.	
2.	
1	



## HP480 or HA481, HA482 JOB DESCRIPTION SAMPLE FOR INTERNSHIP

Title of Preceptor:
Title of Project:
Skills (needed for this project):
Additional Skills (desired for internship): MS Publisher, music, Excel
Brief Description of Company:
Description of Responsibilities (may include but not limited to):
Project description:



Student Name:

# Course HP480 or HA481, HA482 Internship Weekly Activity Tracking Form

### **Upload to Blackboard**

Please use this form to track the days, hours and activities completed during your internship. You are required to complete 150/200 hours for this internship. This weekly summary should be submitted to your site supervisor weekly. Make sure to enter the total hours per week. The timesheet should be uploaded to Blackboard on a weekly basis and retained for your records.

#### STUDENT TIMESHEET FOR HP 480 INTERNSHIP

Jobsite:

ID#:

Semester (Fall, Spring or Summer): Year:		Preceptor:		
Total hours should not include lunch or other breaks.	Start time	End Time	Total hrs per day	Preceptor Signature
Date:			0.00	
Daily Activities:				
Date:			0.00	
Daily Activities:				
Date:			0.00	
Daily Activities:				
Date:			0.00	
Daily Activities:				
Date:			0.00	
Daily Activities:				
Date:			0.00	
Daily Activities:				
	_			
Date:			0.00	
Daily Activities:				
Student Signature:		Total Hrs per sheet	0.00	

<u>International Students</u>: You must fill out the application below, as well as obtain an offer letter from your preceptor/employer. This offer letter <u>MUST</u> be on their company letterhead. The letter <u>MUST</u> include all the requirements listed on the form.



Curricular Practical Training (CPT) must be an integral part of an established curriculum, such as alternate work/study, internship, cooperative education, or any other type of required internship or practicum which is offered by sponsoring employers through cooperative agreements with the school. Thus, CPT for F-1 students is intended to provide work experience in situations where the work serves as an integral part of a student's academic program, prior to completion of that program. CPT can only be authorized after you have completed one full academic year (Fall and Spring semester) of full-time study. Please contact Center for International Programs at 812/465-1248 if you have any questions.

The Center for International Programs can authorize CPT if it can be clearly documented that the proposed employment meets one of the two conditions below.

- The employment is required of all degree candidates in the program and is necessary for the awarding of the degree. Included in this category is employment in a required internship, practicum, or clinical. There are only a few academic programs at USI which require a period of offcampus employment for all degree candidates. This requirement must be formally documented in school publications.
- The employment will result in the awarding of academic credit. Undergraduate students should consult the appropriate advisor in the USI Career Services and Internships Office or your academic advisor to determine if the proposed employment qualifies for internship credit. You must register and complete the internship during the term that you are working under CPT authorization. For example, if you will be working in the summer, you must register and complete the internship course in the same summer term(s).

CPT authorization is employment specific, so any additional employment or internship requires a separate CPT authorization.

If CPT is for your last semester, you must have at least one other remaining degree-required course in addition to the CPT course, unless the CPT course is the degree-required course.

You are only allowed to work part-time (no more than 20 hours per week) while school is in session. Full-time employment can only be authorized during a vacation period from school. CPT can be authorized for up to one year at a time. CPT can be authorized at any point during your program of study, but if you accumulate 365 days of full-time CPT you will not be eligible for Optional Practical Training (OPT) after you graduate.

## Curricular Practical Training Application

Name:					
USI ID:					
Once your CPT is approved, you must pick up your I-20 before beginning the CPT employment as that is proof of your employment authorization and you must show your I-20 to your employer.  Please sign your name here to show that you understand this requirement:					
You will need the following documents to apply for CPT:					
$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $					
information:					
Start and End date of employment  Number of hours working per week  Address of where you will be working  Supervisor's name and contact information  Job title  Summary of job duties  Verification of course enrollment from:  Career Services and Internships  OR  Academic Advisor  Department Official's Name:					
Department Official's Signature:					
Department Official's Phone Number :					
Course name and number:					
Term in which student will be enrolled:					
<ul><li>☐ Fall 20</li><li>☐ Spring 20</li><li>☐ Summer 20</li></ul>					

Please circle which summer session(s): SU I SU II SU III

Updated 10/14/2019

# APPENDIX III: Expectations for Preceptor

(Documents will be mailed to contracted preceptors)



## **USI STUDENT INTERN PRECEPTOR GUIDE**

The faculty and staff of the USI Health Services/Health Administration Department want to thank you for hosting one of our students. We believe the best way to learn is through experience and we appreciate you sharing your time and talent to make this possible.

We encourage our students to be the contact point and resource for most of your information from the university. This is *their* learning experience. However, at any point we encourage you to contact Kim Sullivan, Career Coordinator, at 812-464-1865 in the USI Career Services and Internships Office with any questions or concerns.

We have three points we hope each intern has an opportunity to experience during each 150/200 hours internship.

- We encourage our students to become involved in a project that requires most of their time. This is a project the two of you agree upon. It should allow the student to gain a deeper understanding of your agency and how it works.
- We believe you and your colleagues are the best teachers to give a student insight into careers within your industry. We hope there is time for the intern to meet with various department personnel to learn their duties, career path and training.
- Students need a wide variety of experiences to help them develop their academic and professional skills.

For many of our students this is the first experience in their chosen academic field. They will depend on your guidance to introduce them to the functions and responsibilities of your company or department. However, they should demonstrate the initiative to ask questions and offer assistance at any time. Your role is their coach to guide, encourage, redirect, and praise whenever it is appropriate.

We sincerely appreciate your partnership in giving USI students an opportunity to experience the actual work environment in their chosen field. We hope this will be as rewarding for you as we know it will be for the student.

Sincerely,
Kim Sullivan

kmsullivan1@usi.edu
812-464-1865
Career Services and Internships Coordinator
College Nursing & Health Professions

#### **Expectations for Preceptor**

#### HP480 or HA481, HA482 Internship Work Agreement Form

The student must submit the signed agreement form to the Health Services/Health Administration Department before they can register for the HP480 or HA481/HA482course.

#### **Contact Hours/Credit Hours**

Students must complete two internships of 150 or 200 hours each over two separate semesters.

Contact hours must be completed on site at the agency, and/or under supervision of the Preceptor. Internship-related work performed at home does not count as "contact hours." The student is to keep record of their time and activities on the tracking form. The Preceptor is encouraged to sign and date the form weekly.

It is usually best when interns can be onsite at least twice per week. This provides them with substantial exposure to the agency so that they can become acquainted with agency personnel and to maximize their learning opportunities.

#### **Preceptor Responsibilities/ Expectations**

- Develop meaningful and challenging experiences relating to the intern's academic and career goals as per Goals/Project Form.
- Provide the Intern with appropriate orientation to the organization, work environment, and organization policies and procedure including expected performance standards; office etiquette and attire; work hours; telephone manners; availability of supplies; confidentiality; and process for resolution of ethical dilemmas.
- Define the role of the intern and communicate this role to the intern and relevant staff.
- If possible, schedule activities that allow the intern to gain broad exposure to the professional field as well as to develop proficiency at more narrow tasks.
- Provide oversight of Intern's projects, duties, and performance.
- Schedule regular supervisory meetings with the intern to enable the intern to ask questions, resolve problems, report on his/her progress, receive training and instructions, and receive advice related to his/her future career plans.
- At the end of the internship, an exit interview should be conducted with the intern to discuss the student's strengths, weaknesses, and compliance with internship goals.
- Notify the Internship Program Instructor immediately of any problems or if you have questions or suggestions.
- If internship is conducted at place of employment, Preceptor will assure that internship activities will be different than Intern's regular job duties/activities.

#### **Expectations of Intern's Professional Conduct**

All interns must conduct themselves in a professional manner (dress, personal hygiene, and minimal use of personal electronic devices). During the winter months, The University of Southern Indiana may designate a snow day. Interns are expected to follow the agency's work calendar (national holidays) not the university's holidays. However, if travel conditions are unsafe, they should notify you that they cannot be present.

#### STUDENTS MAY NOT ATTEND YOUR INTERNSHIP SITE ON A DAY THAT THE UNIVERSITY IS CLOSED!

#### **Agency Policies**

Interns should be provided a copy of appropriate policies on discrimination, harassment, etc.

#### **Termination from the Internship Program**

Please contact the Internship Program Instructor immediately in the event of violations of professional conduct and/or generally accepted standards of ethical behavior.

APPENDIX IV: Health Administration Internship Reflection Report Instructions

## Health Services/Health Administration Internship Reflection Instructions

The purpose of this paper is for you to describe your internship experience, and discuss how your experience relates to larger issues and challenges facing the health care system. This paper should demonstrate the application of knowledge gained from your coursework to your internship activities and should be included in your professional portfolio!

- I. Overview of the Agency/Organization
  - a. Brief history and mission.
  - b. Overview of services provided.
  - c. Organizational Chart and identification of your internship placement within the organization.
  - d. Company policies that affected your placement
  - e. Required knowledge, skills, and attributes to be successful working in this setting
- II. The Healthcare Environment
  - a. What are the major issues facing the current health care environment?
  - b. Discuss how these issues are impacting the organization/agency where you completed your internship.
  - c. How is the organization/agency responding to these challenges?
  - d. In what way was the focus of your internship related to these issues?
- III. Description of internship activities including procedures and responsibilities
  - a. Describe the major activities/projects that you completed or contributed to during your internship.
  - b. What types of computer applications were utilized?
  - c. Describe data compiled, materials reviewed, and work produced (where relevant).
  - d. How did your activities/projects contribute to the organization's mission?
  - e. How did the organization benefit from your projects/output?

#### IV. Activities log summary

Include a written, detailed account of daily/ongoing activities including number of hours and meetings attended.

- i. Identify points of interest and/or difficulties experienced
- j. Describe inconsistencies/consistencies between what you learned in specific classes and what you experienced during your internship.
- V. Internship Assessment
  - a. Employment and orientation process to the internship site was this adequate? What was good/missing?
  - b. Self-evaluation of internship.
  - c. Supervisor relationships.
  - d. Benefits gained through internship experience.
- VI. Assessment of Preparation for Internship
  - a. Which classes best prepared you for your internship and why?
  - b. Identify coursework or activities you wish you had prior to your internship.
  - c. Suggested changes that would have strengthened your internship experience.

# APPENDIX V: Policies

### **Infection Control Policy**

INFECTION CONTROL: The College of Nursing and Health Professions maintains policies and procedures on infection control. The policies and procedure found within the Infection Control policy are designed to prevent transmission of pathogens and must be adhered to by all students and faculty in the College of Nursing and Health Professions when participating in clinical education experiences. See link below.

HIPAA Compliance Policy - Health Information Privacy Policies & Procedures - See link below

Notice of Privacy Practices – See link below

These policies can be found in the CNHP Handbook. The handbook is located on the CNHP website listed under "About the College."

https://www.usi.edu/health/about-the-college/