

# Ready to take advantage?

Discover what a Group Medicare Advantage plan has to offer.

United Healthcare

# Take advantage of a plan you won't find anywhere else

As a UnitedHealthcare® Group Medicare Advantage plan member, that means you get all the benefits we have to offer, including some great extras.



# Annual Wellness Visit¹ and many preventive services at \$0 copay

An Annual Wellness Visit with your doctor is one of the best ways to stay on top of your health.

Take control by scheduling your annual physical and wellness visit early in the year to give you the most time to take action.

You and your doctor can work as a team to create a preventive care plan, review medications and talk about any health concerns.



#### **UnitedHealthcare® HouseCalls**

Get a yearly check-in with a member of our licensed medical staff who will:

- Perform a head-to-toe exam, health screenings and answer your health questions
- · Review your history and medications
- Send a summary of your visit to you and your primary care provider

A HouseCalls visit is designed to support, but not take the place of your doctor's care.

HouseCalls may not be available in all areas.



#### NurseLine<sup>2</sup>

NurseLine was designed specifically to help make your health decisions simple and convenient by providing immediate answers to your health questions any time, anywhere — 24 hours a day, 7 days a week — at no additional cost.

When you call, a registered nurse can help you:

- Choose where to go for care whether that's self-care, a doctor visit or urgent care
- Find a doctor or hospital that meets your needs and preferences
- Understand your diagnosis and explore treatment options



## Renew by UnitedHealthcare®3

Renew offers health and wellness resources and activities that include:

- Brain games, healthy recipes, learning courses and fitness activities
- · Health topic library including articles, videos and health news
- Interactive quizzes and tools, fun activities and music playlists
- Rewards for completing certain health care activities



#### **Renew Active**<sup>™</sup>

Renew Active™ is the gold standard in Medicare fitness programs for body and mind. Available with UnitedHealthcare® Medicare Advantage plans — at no additional cost.

- A free gym membership
- Personalized fitness plan
- An online brain health program from AARP® Staying Sharp, including a brain health assessment and exclusive content for Renew Active members
- Social activities at local health and wellness classes and events, and through the Online Fitbit® Community for Renew Active. No Fitbit device is needed.



#### Virtual Doctor and Behavioral Health Visits

With Virtual Doctor Visits, you can ask questions, get a diagnosis, or even get medication prescribed and have it sent to your pharmacy. Virtual Behavioral Health Visits may be best for initial evaluation, medication management, addiction, depression, stress or anxiety.



### **UnitedHealthcare Hearing**

Your hearing health is important to your overall well-being and can help you stay connected to those around you. Get access to hundreds of name-brand and private-labeled hearing aids — available in-person at any of our 5,500 UnitedHealthcare Hearing providers nationwide<sup>4</sup> or through home delivery.



#### Chronic condition care

UnitedHealthcare offers special programs to help members who are living with a chronic disease, like diabetes or heart disease. You get personal attention and your doctors get up-to-date information to help them make decisions.

## Go ahead, take advantage.



1-877-714-0178, TTY 711 8 a.m. – 8 p.m. local time, 7 days a week



www.UHCRetiree.com

For more details, please review your Evidence of Coverage (EOC). Your Plan Details, which you will receive once you are enrolled, will include instructions on how to access your EOC.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

<sup>&</sup>lt;sup>1</sup> A copay or coinsurance may apply if you receive services that are not part of the annual physical/wellness visit.

<sup>&</sup>lt;sup>2</sup> The NurseLine service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

<sup>&</sup>lt;sup>3</sup> Renew by UnitedHealthcare is not available in all plans. Resources may vary. Renew Rewards is not available in all plans with Renew by UnitedHealthcare.

<sup>&</sup>lt;sup>4</sup> Please refer to your Summary of Benefits for details on your benefit coverage.