

# ANE-NPR Newsletter

MARCH 2023

The University of Southern Indiana was awarded a four-year \$1.7 million federal HRSA grant: "Advanced Nursing Education Nurse Practitioner Residency Program (ANE-NPR)." The third cohort began July 1, 2022, and will continue until June 30, 2023. This will be the final cohort with the ANE-NPR.

The residents began developing their patient panels on October 1, 2022. In preparation for providing care, the residents participated in enhanced didactic sessions and specialty rotations in southwest Indiana, plus much more.

The ANE-NPR will continue to support the residents as they navigate the last quarter of the program by mentoring and precepting them in their clinics and providing ongoing enhanced program didactics.

## INSIDE THIS ISSUE:

**02** DIDACTICS

**03** RESIDENT PROGRAMMING

**04** QUALITY IMPROVEMENT



**Andrea Tomey, MSN, APRN, PMHNP-BC  
and mentor Lucas Pittman, PMHNP-BC**  
Samaritan Center



# HOT DIDACTIC TOPICS!



**JULIE ST. CLAIR RN,  
MSN**

University of Southern  
Indiana  
• Poverty



**DR. BELLE MCCOOL**

USI Adjunct Faculty  
• TeamSTEPPS



**LAURA KEYS**

Youth First  
• Caring for LGBTQ /  
Transgender  
Populations



**ANGELA MORRIS MSN,  
RN, SANE-A, SANE-P**

Southwest Indiana AHEC  
SANE topics:  
• Intro to Medical Forensic  
Exams  
• Child Maltreatment  
• Strangulation  
• Intimate Partner Violence



**DR. LORI PHILLIPS**

University of Southern  
Indiana  
• Time Management in a  
Busy Practice



**MATRIKA BROWN, PMHNP**

LifeStance Health Therapists  
& Psychiatrists  
• Lifestyle Medicine: Part 1  
& 2



**KENT LESLIE**

ECHO Community Health Care  
• Management of the  
Difficult Patient

## SPECIALTY CLINICS

**Kim Heathcott** – Dermatology  
**The Lighthouse** – Recovery Center  
**Kim Burke** – Neurology



# RESIDENT PROGRAMMING

## Monthly Reflection

Each month, the team takes time to reflect on the previous month of the residency. Reflective practice is a cognitive skill that demands conscious effort to look at a situation with an awareness of one's own beliefs, values and practice. This then enables the person to learn from experiences and incorporate that learning in improving patient care outcomes. Reflection aids the individual to learn and grow in their practice as well as their personal life. Reflection can be used when something could have been done differently. However, reflecting on things that went well can be very rewarding and useful. It can build confidence and help the person feel comfortable repeating in another instance.

## Productivity Goals

One of the goals of the NPR program is to PROVIDE and SUPPORT new nurse practitioners with the depth, breadth, volume and intensity of clinical training necessary to serve as primary care providers in the complex setting of rural and underserved populations. This includes the ramp up of scheduled patients each month of the residency. Moving from the role of the RN to a provider can be overwhelming. We work to improve that transition. The new nurse practitioner starts with a reduced patient load that slowly ramps up over a period of six to nine months to allow for acclimatization. The numbers may fluctuate, based upon how they and their preceptor believe the transition is going. The ultimate goal is for new providers to complete the residency feeling they are comfortable and productive.



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$519,252.00 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](http://HRSA.gov).

# QUALITY IMPROVEMENT TRAINING



Through the support of the HRSA ANE-NPR grant, the NPR program is partnering with the Weitzman Institute, a national organization that promotes healthcare innovation through research, education, and policy, to provide a seminar series on quality improvement for the current cohort of residents.

The monthly series is facilitated by Weitzman's QI experts, who train the residents on QI essentials, theories, tools, and best practices that are then applied through case-based learning. Topics include accessing and utilizing data for evaluating quality performance, organizing and planning effective QI projects, engaging stakeholders in improvement efforts, applying strategic change management methodologies, creating a quality improvement culture, and sustaining and spreading improvement efforts.

The series provides a controlled learning experience to complement residents' clinical experiences, allowing them to have the skills, tools, confidence, and competency in quality improvement to carry into the workforce.

For more information visit: <https://www.weitzmaninstitute.org>

For more information visit: [USI NPR Program](#)