AGENDA
UNIVERSITY OF SOUTHERN INDIANA
BOARD OF TRUSTEES

November 7, 1985

SECTION I - GENERAL AND ACADEMIC MATTERS

A. Approval of Minutes of September 5, 1985 Meeting
B. Establishment of Next Meeting Date, Time, Location
C. President's Report
D. New Degree Programs
   1. Bachelor of Science in Physical Education and Wellness
   2. Master of Science in Health-Related Psychology
E. The Higher Education Services Plan and Mission Statement

SECTION II - FINANCIAL MATTERS

A. Resolution Authorizing Advance Refunding of Building Facilities Fee Bonds
SECTION I - GENERAL AND ACADEMIC MATTERS

A. APPROVAL OF MINUTES OF SEPTEMBER 5, 1985 MEETING

B. ESTABLISHMENT OF NEXT MEETING DATE, TIME, LOCATION

C. PRESIDENT'S REPORT

D. NEW DEGREE PROGRAMS

1. BACHELOR OF SCIENCE IN PHYSICAL EDUCATION AND WELLNESS

A major in physical education and wellness is proposed by the Division of Education for implementation in the fall semester, 1986. This baccalaureate level program is designed to meet teacher certification standards and to provide several options including minors and/or endorsements in physical education, coaching, physical fitness, and wellness.

The program has been recommended by the Curricular Committee, the Faculty Council, the Academic Planning Council, and the Vice President for Academic Affairs. A description of the proposed program is found in EXHIBIT I-A.

2. MASTER OF SCIENCE IN HEALTH-RELATED PSYCHOLOGY

A master's degree program in health-related psychology is proposed by the Division of Social Science for implementation in the fall semester, 1986. This program builds upon a strong undergraduate degree program in psychology and provides opportunity for advanced study in a rapidly developing new field.

The program has been approved by the Divisional Curricular Committee, the Graduate Council, the Academic Planning Council, and the Vice President for Academic Affairs. A description of the proposed program is found in EXHIBIT I-B.

Approval of the Bachelor of Science in Physical Education and Wellness and the Master of Science in Health-Related Psychology is recommended.

E. THE HIGHER EDUCATION SERVICES PLAN AND MISSION STATEMENT

The Commission for Higher Education has returned the Higher Education Services Plan and Mission Statement to the Board of Trustees for consideration of suggested revisions.
SECTION II - FINANCIAL MATTERS

A. RESOLUTION AUTHORIZING ADVANCE REFUNDING OF BUILDING FACILITIES FEE BONDS

The following resolution, prepared by University bond counsel, Ice Miller Donadio & Ryan, authorizes the issuance and sale of the University of Southern Indiana Student Fee Bonds, Series A, of the University and other related matters. Approval of the following resolution is recommended.

WHEREAS, the Board of Trustees ("Board") of the University of Southern Indiana ("University") has heretofore determined that a necessity exists to advance refund certain existing Building Facilities Fee Bonds the liability upon which has been assumed by the University pursuant to a Master Implementing Agreement between the University and the Indiana State University Board of Trustees ("ISU") dated as of June 1, 1985, and defined as the "Prior Bonds" in the Trust Indenture dated as of November 1, 1985, between the University and a bank or trust company to be designated as Trustee (the "Indenture"); and

WHEREAS, there has been prepared and submitted to this Board a form of Trust Indenture, a form of Bond Purchase Agreement between the University and John Nuveen & Co., Incorporated, City Securities Corporation, Smith, Barney Harris, Upham & Co., Incorporated and AIM as Underwriters (the "Bond Purchase Agreement"), an Escrow Deposit Agreement among the University, ISU, the Trustee and a bank or trust company to be designated as Escrow Trustee for the Series A Bonds (the "Escrow Agreement"), and a form of Preliminary Official Statement and the form of the University of Southern Indiana Student Fee Bonds, Series A, of the University as found in the Indenture (the Bonds"; and

WHEREAS, the proceeds of the Bonds together with other moneys of the University and together with the proceeds of bonds issued by ISU (pursuant to its agreement with this Board dated as of June 1, 1985) will be used to provide funds to defease the Prior Bonds and discharge the lien of the indenture pursuant to which they were issued; and

NOW, THEREFORE, BE IT RESOLVED by the Board as follows:

Section 1. The Chairman and Vice Chairman of this Board, or either of them, are hereby authorized to execute and deliver the Trust Indenture in substantially the form presented to this meeting with such changes in form or substance as the officers executing such items shall approve, such approval to be conclusively evidenced by the execution thereof, and the Secretary or Assistant Secretary of this Board are hereby authorized to attest the signatures of said Chairman or Vice Chairman on said Trust Indenture and to affix or imprint the seal of the University thereon.

Section 2. The Chairman or Vice Chairman or Treasurer of this Board, or any of them, are hereby authorized to execute and deliver the Bond Purchase Agreement in substantially the form presented to this Board with such changes in form or substance as may be approved by the officer so executing and delivering the Bond Purchase Agreement, such approval to be conclusively evidenced by the execution and delivery thereof.
Section 3. The Chairman and Vice Chairman of this Board, or either of them, is hereby authorized to execute and deliver, and the Secretary and Assistant Secretary of this Board, or either of them, is hereby authorized to attest to the signature thereof and to imprint the Corporate Seal of the University thereon, the Escrow Agreement described above in substantially the form presented to this Board with such changes in form or substance as may be approved by the officer so executing the Escrow Agreement, such approval to be conclusively evidenced by the execution and delivery thereof.

Section 4. The Chairman or Vice Chairman or Treasurer of this Board, or any of them, are hereby authorized to execute and deliver the form of final Official Statement presented to this Board as shall be approved by said officer, such approval to be conclusively evidenced by the execution and delivery thereof; and

Section 5. The Chairman or Vice Chairman or Treasurer of this Board is hereby authorized to distribute or to direct the Underwriters of the Bonds to distribute the Preliminary Official Statement to prospective purchasers of the Bonds.

Section 6. The Chairman or Vice Chairman or Treasurer of this Board, or any of them, are authorized to prepare the Bond forms required for use in the issuance of the Bonds in principal amount not to exceed $7,200,000, at an interest rate or rates not to exceed 10% per annum, and with such serial or term maturities as the executing officer shall approve with a final maturity of no later than Year 2005, and cause the same to be executed by the proper officers of the University as provided in the Trust Indenture. Upon execution of the Bonds, the Treasurer shall deliver such Bond to the Trustee for authentication, and upon such authentication, the Treasurer is authorized and directed to deliver the Bonds to the purchasers thereof upon payment of the purchase price, which price shall not be less than 97.5% of the face amount of the Bonds, all pursuant to the provisions of the Bond Purchase Agreement.

Section 7. The Chairman or Vice Chairman of this Board, Secretary or Assistant Secretary of this Board, and Treasurer of the Board, or any of them acting singly or jointly, are hereby authorized and directed to do any and all further acts, to execute any and all further documents (including necessary amendments to existing interim financing agreements) or certificates and to publish any notice required in order to complete the execution and delivery of the Bonds, the Indenture, the Escrow Agreement and the Bond Purchase Agreement.

Section 8. The Chairman or Vice Chairman or Treasurer of this Board, or any of them, are hereby authorized to appoint a Trustee under the Indenture, and an Escrow Trustee under the Escrow Agreement.

Section 9. Upon execution and delivery thereof, the final form of Indenture, Escrow Agreement and Bond Purchase Agreement shall be incorporated into the minutes of this Board as if included as part of this Resolution.
Bachelor of Science in Physical Education and Wellness

The baccalaureate degree program in physical education and wellness brings together several options: preparation for teaching at the elementary, middle, and/or secondary level, preparation for employment in a variety of settings which emphasize the concept of wellness, and preparation for coaching. In addition to serving professional goals, the program is designed to encourage the development of lifetime habits necessary for the maintenance of health.

The University of Southern Indiana has the physical facilities and most of the essential courses to offer this program. It will be necessary to add approximately $15,000 in new equipment and the equivalent of a one-half full-time-equivalent faculty position. The program is built upon a foundation of course work which supports a present minor in physical education. Student interest is strong; approximately 47% of 241 students enrolled in physical education courses during the fall semester expressed interest in one or more of the several options: physical education, coaching, fitness, wellness, and athletic training. The Office of Admissions receives inquiries from approximately 50 students each year and a survey of school officials and business and industry representatives reveals strong interest in the availability of such programs at a public university.

The program is planned for implementation in the fall semester 1986. Because most job opportunities at present are related to education, it is designed to meet the licensing requirements of the Indiana Department of Public Instruction. All majors will be required to take course work in the following categories:

1. Philosophy, Organization, Curriculum, Principles and History of Physical Education
2. Performance Foundations and Teaching Techniques
3. Human Biology
4. Directed Electives

The following options will be available:

1. All Grade Major in Physical Education (K-12) 52 hours
2. Physical Education Major 40 hours
3. Endorsement in Physical Education 15 hours
4. Coaching Minor 30 hours
5. Fitness Instructor Minor 24 hours
6. Wellness Minor 36 hours

As these options suggest, the program is traditional in design while incorporating the latest developments in this growth field. Graduates will be prepared in a program which has the concept of wellness as its focus.
Master of Science in Health-Related Psychology

This program will provide students with skills in research, evaluation, and counseling in health-related psychology. The use of psychological techniques to enhance physical and mental well being is becoming a standard approach in the health fields in both preventive medicine (the "wellness" concept) and in the modification or elimination of poor health habits. This trend has resulted in health-related psychology becoming one of the fastest-growing areas in the field of human service training.

The University of Southern Indiana has several faculty members in psychology with experience and interest in this health-related area. The addition of two full-time equivalency (FTE) positions, thus, would provide adequate staffing for the entire master's program.

Clientele for the program, which will be the only one of its kind in southern Indiana, will be drawn from the ranks of professionals already working in health-related fields who wish to enhance their skills in this new area, and recent graduates of the social and biological sciences. Evansville, the center of health care for an estimated 885,000 individuals living in the tri-state area, is an ideal location for such a program. A number of regional health administrators have provided us with testimonials to this fact.

The following courses comprise the master's program in health-related psychology.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
</tr>
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<tbody>
<tr>
<td>401/501</td>
<td>Introduction to Health Psychology</td>
<td>3 hours</td>
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<tr>
<td>421/521</td>
<td>Gerontology</td>
<td>3 hours</td>
</tr>
<tr>
<td>431/531</td>
<td>Psychophysiology</td>
<td>3 hours</td>
</tr>
<tr>
<td>432/532</td>
<td>Applied Behavioral Change</td>
<td>3 hours</td>
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<tr>
<td>441/541</td>
<td>Introduction to Counseling Techniques</td>
<td>3 hours</td>
</tr>
<tr>
<td>502</td>
<td>Research Methods and Design</td>
<td>3 hours</td>
</tr>
<tr>
<td>611</td>
<td>Stress-Related Disorders</td>
<td>3 hours</td>
</tr>
<tr>
<td>612</td>
<td>Chemical Dependencies and Eating Disorders</td>
<td>3 hours</td>
</tr>
<tr>
<td>622</td>
<td>Pediatric Psychology</td>
<td>3 hours</td>
</tr>
<tr>
<td>642</td>
<td>Advanced Seminar In Health Psychology</td>
<td>3 hours</td>
</tr>
<tr>
<td>651</td>
<td>Practicum in Health-Related Psychology</td>
<td>3 hours</td>
</tr>
<tr>
<td>652</td>
<td>Thesis Credits</td>
<td>6 hours</td>
</tr>
</tbody>
</table>

This curriculum provides an appropriate balance of courses in the principal content areas, behavioral change techniques, and methodology. The program is planned for implementation in the fall semester, 1986.